**Paper submissions**

**Style:** MS Word editor, font - Times New Roman, size - 12 pts, margins - top, right, left - 2 cm, bottom - 2.5 cm, interline - 1.5, adjusting - left to right

**Authors:** bold, to the left, full affiliation in footer

**Title:** bold, 16 pts, centered

**Affiliation:** full information about each author, leading author should be presented with address, phone, fax, email)

Each author should declare his percentile contribution to the paper. The downloaded declaration includes the following: (www.johk.awf.katowice.pl)

- Approval of the ethics committee
- Statement confirming that the research material is original and not submitted elsewhere

**Abstract page:** The structure of the abstract should be similar to the full text. The abstract should be informative. It should be self explanatory without reference to the text of the manuscript. It should include essential significant results that support the conclusion of the work. Three to six key words not used in the title should also be provided. Abbreviations should not be used in the abstract.

**Introduction:** Should be comprehensible to the general reader. Give a clear statement of the purpose of the paper and provide relevant context to support the basis for the paper and the significance of the work. Do not exhaustively review the literature.

**Material & methods:** Provide sufficient information in the text or by reference to other work to permit the submitted work to be repeated without the need to communicate with the authors. Relevant validity and reliability data should be provided for critical methods. State the type of statistical tests used. Include the number of observations and the statistical findings when appropriate. Parametric and nonparametric statistics must be used as appropriate.

**Results:** Should be presented precisely and should not contain material that is appropriate in the discussion. Units, quantities, and formulas should be expressed according to the International System (SI units). All measurements should be given in metric units.

**Discussion:** Emphasize the new and important aspects of the study and conclusions derived from the study.

**Acknowledgments:** Reference to prior publication of the results in abstract form or in proceedings should be provided. Addresses of authors other than the laboratory acknowledged for the work should be provided. Financial support should be stated.

**References:** References should be cited in the text by author and year of the publication e.g. (Jaric, 1989) and compiled alphabetically at the end of the article. Titles of journals should be abbreviated according to the latest edition of **ISI Journal Title Abbreviations**. ([http://www.efm.leeds.ac.uk/~mark/ISIabbr/](http://www.efm.leeds.ac.uk/~mark/ISIabbr/)). Entries in the reference list should be styled as follows:


All references listed must be cited in the manuscript and referred to by author. Only two polish papers may be included in the references, yet only if the publication has an English abstract. The title of the original polish paper must be translated into English. Published abstracts must not be used as references. The use of a large number of abstracts or non peer reviewed articles in the reference section will be grounds for rejection of the submission without review. Authors bear complete responsibility for the accuracy of the references.

**Tables, Figures and Photos:** should be prepared on separate sheets consecutively numbered (e.g. table 1, fig. 1).

The figures and photos should be saved as bmp, jpeg or pdf files in resolution 300dpi.

The maximal size of original tables, photos and figures is 15,0 x 22,0 cm, font size 8 (minimally)

The manuscript should be submitted to the publishers e-mail address situated in the footer of first page of this section.