

Part 1	Introduction	Foreword	6
		Towards a Human City	9
	• Intermezzo •	From Neighbourhood to Bioregion: The City as a Living System	12
Part 2	Experiments	Co-creation across Europe	19
		Map of Experiments	26
		Saint-Étienne	29
		Milan	41
		Ljubljana	51
		London	65
		Cieszyn	75
		Belgrade	85
		Brussels	95
		Helsinki	107
		Graz	119
		Tallinn	131
		Bilbao	141
	• Intermezzo •	Building Societies: Detroit's Micro Utopian Urbanisms	150
Part 3	Conclusion	Lessons from the Journey	159
		Afterword	171
		Acknowledgements	173
		Biographies	174
		Colophon	175

