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A reference system for urinary albumin: current status

Abstract

Background: Increased urinary excretion of albumin reflects kidney damage and is a recognized risk factor for progression of renal and cardiovascular disease. Considerable inter-method differences have been reported for both albumin and creatinine measurement results, and therefore the albumin-to-creatinine ratio. Measurement accuracy is unknown and there are no independent reference measurement procedures for albumin and no reference materials for either measurand in urine.

Methods: The National Kidney Disease Education Program (NKDEP) Laboratory Working Group and the International Federation of Clinical Chemistry and Laboratory Medicine (IFCC) have initiated joint projects to facilitate standardization of urinary albumin and creatinine measurement.

Results: A candidate LC-MS/MS reference measurement procedure for urinary albumin and candidate reference materials for urinary albumin and creatinine has been developed. The status of validations of these reference system components is reported.

Conclusions: The development of certified reference materials and reference measurement procedures for urinary albumin will enable standardization of this important measurand.

Keywords: chronic kidney disease; microalbumin; reference material; reference method; urine albumin.

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Introduction

Increased urinary excretion of albumin reflects kidney damage and is a widely recognized risk factor for progression of renal and cardiovascular disease (CVD). Considerable inter-method differences have been reported for both albumin and creatinine measurement procedures [and, therefore, the albumin-to-creatinine ratio (ACR)], but accuracy is unknown and there are no independent reference measurement procedures for albumin and no reference materials for either measurand in urine [1]. At present most IVD manufacturers provide calibrators with values that are traceable either to the serum reference material ERM-DA470k/IFCC, certified for its albumin content by immunoassay [2], or to purified albumin preparations. Only recently a highly purified human serum albumin reference material was prepared specifically for the standardization of urinary albumin measurements [3].

The National Kidney Disease Education Program (NKDEP) Laboratory Working Group and the International Federation of Clinical Chemistry and Laboratory Medicine (IFCC) have initiated joint projects to facilitate standardization of urinary albumin measurement. Over the last 4 years much progress has been made towards development of a candidate reference measurement procedure for urinary albumin that employs liquid chromatography coupled to tandem mass spectrometry (LC-MS/MS), and preparation and evaluation of urinary albumin and creatinine reference materials. A large-scale assessment of harmonization among routine measurement procedures was also initiated which aims to evaluate the comparability of

urinary albumin measurement procedures, the effects of interferences, and the suitability of existing (serum) reference materials and candidate reference materials. This report describes the status of these efforts.

Results

Initial impressions of agreement among routine measurement procedures and commutability of diluted ERM-DA470k/IFCC

To facilitate the development of recommendations for standardization of routine urinary albumin measurement procedures, the joint Working Group identified the following goals: 1) obtain and evaluate objective data on the current state of agreement among different routine measurement procedures for urinary albumin; 2) identify potential urine matrix and albumin forms for which routine measurement procedures are expected to provide good performance; 3) evaluate the equivalence of immunoassay measurement procedures based on comparison with the candidate LC-MS/MS reference measurement procedure; and 4) evaluate the commutability characteristics of two candidate reference materials for urinary albumin (highly-purified HSA from the Japanese Society of Clinical Chemistry and dilutions of ERM-DA470k/IFCC), to determine the effectiveness of these materials for standardization efforts.

To address these goals, 342 residual native urine samples were obtained from patients for whom urinary albumin measurements were made as part of their routine medical care. The fresh urine samples were shipped overnight at 2–8°C for testing by 16 commercially available quantitative routine urinary albumin measurement procedures. A series of centrally-prepared dilutions of ERM-DA470k/IFCC were also distributed to participants for blinded analysis with patient samples. In addition, each participant prepared dilutions of the ERM-DA470k/IFCC and the JSCC reference materials.

Preliminary evaluation of agreement among routine measurement procedures suggested that medians of the measured concentrations of patient urine samples varied approximately 40% for urinary albumin concentrations of 12–1270 mg/L. Preliminary visual inspection of the relationship of results between the routine measurement procedures and the candidate reference measurement procedure suggested that diluted ERM-DA470k material was likely to be commutable with patient results for at least 11 of 16 routine measurement procedures. The

commutability characteristics of the ERM-DA470k materials for the remaining five methods were indeterminate by visual inspection. The data generated from this study will be analyzed in detail and used to determine the feasibility of improving standardization of results among routine measurement procedures through use of currently available reference materials and the candidate reference measurement procedure.

Urinary albumin and creatinine certified reference materials (CRMs)

ERM-DA470 and ERM-DA470k/IFCC

Most routine measurement procedures for albumin in serum produce results that are traceable to the certified reference material ERM-DA470k/IFCC or to its predecessor ERM-DA470. ERM-DA470 was produced in the early 1990s after extensive feasibility studies [4]. The result was a material that, although extensively stabilized, delipidated and freeze-dried, had properties close enough to serum samples to be commutable for most proteins that were value assigned. Quantity values were assigned to the material with routine clinical laboratory immunoassays that were further optimized. In 2008 this batch of material was exhausted and ERM-DA470k/IFCC was released to replace it. The value for albumin in ERM-DA470k/IFCC was again assigned by immunoassays, using ERM-DA470 as calibrator [2].

These reference materials have been used by a majority of manufacturers for assigning values to their product calibrators for routine serum measurement procedures. External quality assessment schemes show that in general measurements of serum albumin are under control, with between-laboratory coefficient of variations (CVs) around 5%–6% for all measurement procedures, including methods based on turbidimetry, nephelometry, and the use of dye-binding chromophores [results from the Referenzinstitut für Bioanalytik (<http://www.dgkl-rfb.de/>) in 2011 and 2012]. The success of ERM-DA470 for serum measurements is to a considerable extent due to the development of very carefully controlled procedures for transferring values from the CRM to manufacturers' master calibrators and from master calibrators to product calibrators [5]. There are still specific cases in which a significant bias between measurement procedures exists, and it has been postulated that this bias could be due to problems with the transfer of values along the traceability chain [6] or to use of different dye binding chromophores.

The use of ERM-DA470k/IFCC for the calibration of urinary albumin measurements requires that dilutions of the CRM are commutable for the different measurement procedures to be calibrated. Such dilutions are not necessarily trivial, as the urine matrix is quite different from diluted serum. Therefore, the commutability of dilutions of ERM-DA470k/IFCC for urinary albumin measurements is the subject of a large-scale commutability study (discussed previously). If dilutions prepared according to controlled protocols are found to be sufficiently commutable, their use for calibration may lead to harmonized urinary albumin results.

Pure HSA CRM

NIST is in the process of developing a primary certified reference material for albumin (NIST SRM 2925, 'Human serum albumin solution'). The intended use of this certified reference material will be the preparation of calibration solutions for the reference measurement procedure of albumin in human urine. Recombinant human serum albumin (rHSA) to prepare this CRM has been purchased from a commercial source and evaluated at NIST to assess protein purity and molecular structure heterogeneity. The target albumin concentration of NIST SRM 2925 is approximately 1 g/L. NIST SRM 2925 will be supplied in approximately 1 mL aliquots of frozen solution, stored at -80°C . The certified HSA concentration of SRM 2925 will be determined at NIST by amino acid analysis using isotope dilution LC-MS/MS [7].

The Japanese Society of Clinical Chemistry (JSCC) has proposed highly purified, monomeric, human serum albumin in an aqueous buffer as a secondary reference material for urinary albumin [3]. It was prepared by gel-filtration from commercially-available highly purified monomeric HSA (JSCC in preparation). The assigned value was transferred from HSA in ERM-DA470. The assigned value was 225.1 ± 9.11 mg/L (mean $\pm$ expanded uncertainty with coverage factor of 2) when reconstituted with 3.00 mL of purified water. This monomeric HSA secondary reference material is intended for use as a calibrator or a control in albumin and total protein measurement procedures for urine.

^{15}N -labeled albumin CRM

The candidate reference measurement procedures for albumin in urine developed at the Mayo Clinic, and under development at NIST, require a series of reagents. These

reagents should also be accessible to other reference laboratories. Currently, there are no commercial sources of the ^{15}N -labeled recombinant HSA which is used as the internal standard in the reference measurement procedure. NIST is searching for a commercial laboratory to evaluate approaches for the production of the ^{15}N -labeled recombinant HSA in sufficient quantity and with sufficient isotopic incorporation to be available as a CRM.

Urinary creatinine CRM

To support the clinical measurement of the ACR in urine samples, NIST has produced SRM 3667 ('Creatinine in Frozen Human Urine'). NIST SRM 3667 was prepared from pooled human urine, collected from a minimum of 10 male and female donors in good health (as self-reported). The urine pool was blended, filtered, and dispensed into amber glass bottles, with a fill volume of approximately 10 mL each, and stored at -80°C . The certification of creatinine in SRM 3667 was performed at NIST using isotope dilution LC-MS in a measurement procedure similar to that used at NIST to certify the concentration of creatinine in serum [8]. The measured concentration of creatinine in SRM 3667 is 5.5 mmol/L (62 mg/dL), and within the typical reference interval. NIST SRM 3667 is expected to be available by the end of 2012.

Urinary albumin reference measurement procedure

Materials

A candidate reference measurement procedure has been developed in the Mayo Clinic Renal Function Laboratory that employs trypsin digestion of whole urine followed by LC-MS/MS [9]. A stock solution of purified human serum albumin (8.74 g/L HSA, #A3782, Sigma Aldrich, St. Louis, MO, USA) was prepared in water. The concentration was determined by ultraviolet absorption spectroscopy with a molar absorptivity at 280 nm of 38533 L/(mol·cm) [10]. Calibrators were prepared by adding 572 μL of the stock solution to a charcoal-stripped urine matrix (BioChemed Services, Winchester, VA, USA) to a final volume of 25 mL and concentration of 200 mg/L. Serial dilutions were made into the charcoal stripped urine (12.5 mL each) to achieve concentrations of 100, 50, 25, 12.5, 6.25, and 3.13 mg/L. Low (10 mg/L), medium (40 mg/L), and high (106 mg/L) quality controls (QC) were prepared by adding the HSA stock solution to a waste human urine sample with

endogenous concentration of 0.8 mg/L albumin. Recombinant ^{15}N -labeled human albumin ($^{15}\text{NrHSA}$) for use as an internal standard was synthesized in *Pichia pastoris* as described in the supplemental portion of a previous publication [11]. All calibrators and controls were divided into 0.5 mL aliquots and frozen at -80°C until used.

Urine samples (40 μL) were diluted with ammonium bicarbonate (0.1 mol/L, 135 μL , Sigma-Aldrich) to normalize sample pH, and then the $^{15}\text{NrHSA}$ internal standard was added (10 μL of a 161 mg/L stock). Samples were reduced by the addition of dithiothreitol (final concentration 10 mmol/L, Sigma-Aldrich) for 60 min at 60°C , and then alkylated using iodoacetamide (50 mmol/L, Sigma-Aldrich) for 30 min at 25°C in the dark. Next L-(tosylamido-2-phenyl) ethyl chloromethyl ketone-treated trypsin (5 μL , 1 g/L Sigma Aldrich, in 0.1 mol/L ammonium bicarbonate) was added and the sample was digested for 1 h at 37°C . Finally all samples were acidified with 2 μL of concentrated formic acid to result in a final sample volume of 204 μL .

LC-MS/MS

Three tryptic peptides that were reproducibly detected in samples of trypsin-digested HSA and distributed throughout the protein were selected for measurement of multiple reaction monitoring (MRM) transitions: $^{42}\text{LVNEVTEFAK}^{51}$, $^{526}\text{QTALVELVK}^{534}$ and $^{13}\text{DLGEENFK}^{20}$ (Figure 1). For quantification of: $^{13}\text{DLGEENFK}^{20}$ the doubly charged precursor ion at m/z 476.2 was selected in Q1, and 3 singly charged transitions were monitored in Q3: m/z 723.3; 229.1; 201.1;

DAHKSEVAHRFKDLGEENFKALVLIAFAQYLQQCPFEDHVKLVNEVTEFAK
TCVADESAENCDKSLHTLFGDKLCTVATLRETYGEMADCCAKQEPERNE
CFLQHKDDNPNLRLVRPEVDVMCTAFHDNEETFLKKYLYEIAIRHPYFY
APELLFFAKRYKAAFTECCQAADKAACLLPKLDEL RDEGKASSAKQRLKC
ASLQKFGERAFAKAWAVARLSQRFPAAEFAEVSKLVTDLTKVHTECCHGDL
LECADDRADLAKYICENQDSISSKLKECCEKPLLEKSHCIAEVENDEMPA
DLPSLAADFVESKDVCKNYAEAKDVLGMFLYEYARRHPDYSVVLRLA
KTYETTLEKCCAAADPHECYAKVFDEFKPLVEEPQNLIKQNCLEFQELGE
YKFQNALLVRYTKVPQVSTPTLVEVSRNLGKVGSKCKKHPEAKRMPCAE
DYLSSVLNQLCVLHEKTPVSDRVTKCCTESLVNRRPCFSALEVDETYVPK
EFNAETFTFHADICTLSEKERQIKKQTALVELVKHKPKATKEQLKAVMDD
FAAFVEKCKCKADDKETCF AE EGKKLVAAASQAALGL

Figure 1 Amino acid sequence of human serum albumin. Underlined sequences are peptides whose masses have been observed by LC-MS/MS analysis. Those highlighted in red have been reproducibly observed in patient urine samples and used for quantification.

for $^{42}\text{LVNEVTEFAK}^{51}$ the doubly charged precursor ion at m/z 575.3 was selected in Q1, and 5 singly charged transitions were monitored in Q3: m/z 185.2; 213.2; 595.3; 694.4; 937.5; and for $^{526}\text{QTALVELVK}^{534}$ the doubly charged precursor ion at m/z 500.8 was selected in Q1, and 3 singly charged transitions were monitored in Q3: m/z 700.5; 587.4; 147.3. Tryptic peptides from the internal standard $^{15}\text{NrHSA}$ were monitored using the same conditions listed above for the native peptides. Quantification was performed by using a Thermo Scientific Aria TLX2 LC system coupled to an Applied Biosystems API 5500 triple-quadrupole mass spectrometer. For each run a total of 20 μL of sample digest was injected onto a 50×2.1 mm TARGA C18 column (Higgins Analytical). Chromatography was performed at a flow rate of 250 $\mu\text{L}/\text{min}$. Total run time was 30 min. Mobile phases consisted of solvent A (0.1% formic acid in water) and solvent B (0.1% formic acid in methanol).

Each final albumin concentration represents the mean value of all transitions for each selected peptide.

Validation to date

Between-day precision of the candidate reference measurement procedure was evaluated by measuring the seven concentrations of the standard curve over 20 days (Table 1). Within-day precision was validated by measuring the low, medium and high QC material over 20 replicates on the same day (Table 2) by each of three tryptic peptides over 20 different days. All had CVs $<5\%$. Recovery was evaluated by adding stock HSA to normal patient urine with an endogenous concentration of albumin 0.8 mg/L to achieve concentrations of 10, 40 and 100 mg/L (Table 3). Recovery was between 97% and 108% with an average of 103%. To assess linearity, waste urine samples containing high concentrations of albumin were serially diluted with $2 \times$ charcoal-stripped urine matrix to produce samples with values within the dynamic range of the assay (Table 4). Linearity, determined by comparing observed values with expected values, was established for dilutions up to 1:4.

A total of 334 human urine samples that covered the range of clinical values (5–1270 mg/L) were measured in duplicate with the LC-MS/MS assay as part of a clinical validation study. This data was analyzed to determine the influence that the number of peptides and resulting transitions that were measured had on the ultimate reproducibility of the value obtained (Table 5). When one peptide and one transition were measured, the CV was 3.21%. The CV improved to 2.21% when two transitions were averaged for each peptide. Reproducibility improved marginally when results from any two peptides were averaged (CV 1.94%).

Expected HSA concentration in urine for calibrator or QC materials, mg/L	HSA, mg/L n=20 days	%CV	HSA, mg/L n=20 days	%CV	HSA, mg/L n=20 days	%CV	HSA, mg/L n=20 days	%CV
	LVNEVTEFAK peptide		QTALVELVK peptide		DLGEENFK peptide		Total of 3 peptides	
3.13	3.10	2.9	3.1	0.18	3.42	0.21	3.14	4.31
6.25	6.07	1.4	6.33	0.22	5.47	0.17	6.14	4.70
12.5	12.6	1.5	12.6	0.14	11.4	0.22	12.44	3.54
25	25.5	0.6	24.9	0.06	24.6	0.09	24.99	1.68
50	52.9	1.5	50.9	0.33	49.9	0.39	51.44	1.89
100	95.3	1.5	95.6	0.83	102.0	0.7	96.43	2.25
200	202	0.7	204.2	0.37	199	0.33	202.88	0.88
10.8 low QC	11.3	9.9	11.5	10.2	11.8	9.5	11.55	10.48
40.8 medium QC	41.5	6.8	39.95	6.4	40.6	6.4	40.28	5.97
106.8 high QC	105.1	4.4	101.8	3.7	103.3	4.1	103.2	4.07

Table 1 Between-day imprecision of the candidate reference measurement procedure for urine albumin over 20 days.

Peptides	HSA, mg/L n=20 times	CV%	HSA, mg/L n=20 times	CV%	HSA, mg/L n=20 times	CV%
	Low QC		Medium QC		High QC	
LVNEVTEFAK	12.8	1.3	44.5	4.0	111.9	2.5
QTALVELVK	12.9	1.1	43.4	1.3	111.5	0.6
DLGEENFK	13.5	1.0	44.1	1.3	111.4	2.0
Total of 3 peptides	13.1	2.85	44.1	4.1	11.6	2.24

Table 2 Within-day precision evaluated based on the measurement of QC samples (20 replicates).

Using two transitions for each peptide further improved the average CV to 1.80%. Addition of three or more peptides did not improve precision, regardless of the number of transitions used. These results suggest that averaging results from two peptides and two transitions each will provide maximal precision for this measurement procedure.

The albumin concentration indicated by each fragment was also compared across these 334 human urine samples, and the mean% bias between each fragment pair

assessed by Bland-Altman plots. Indeed, there was a subtle bias such that a peptide fragment towards the amino terminus ($^{13}\text{DLGEENK}^{20}$) gave values 1.7% lower than a more centrally located fragment ($^{138}\text{YLYEIAR}^{144}$), while the fragment nearest the carboxyl terminus ($^{526}\text{QTALVELVK}^{534}$) gave even lower values (3.6% lower than $^{138}\text{YLYEIAR}^{144}$, Figure 2). These biases could be consistent with a minor amount of degradation of albumin molecules at both ends while in human urine.

The quantification of intact albumin in urine by trypsin digestion followed by LC-MS/MS could potentially be influenced by smaller endogenous fragments of albumin in the urine sample. To evaluate this possibility, five samples with albumin concentrations within the dynamic range of the assay and five samples with concentrations of albumin more than 1000 mg/L were selected for study. The waste urine sample (200 μL) was loaded on a 10 kD cut Amicon filter to remove small fragments. The retentate (approx. 20 μL) was reconstituted with charcoal-stripped urine matrix (200 μL) and concentrated again. Once again the retentate (20 μL now without small fragments <10 kDa) was reconstituted with charcoal-stripped urine matrix to a final volume of 200 μL . The concentration of albumin in all five samples before and

	Peptides	Expected mean, mg/L	Calculated mean, mg/L	% Recovery
Sample 1	LVNEVTEFAK	10.8	10.46	97
	QTALVELVK	10.8	10.97	102
	DLGEENFK	10.8	11.63	108
Sample 2	LVNEVTEFAK	40.8	41.5	102
	QTALVELVK	40.8	41.3	101
	DLGEENFK	40.8	42.5	104
Sample 3	LVNEVTEFAK	100.8	104	103
	QTALVELVK	100.8	105	104
	DLGEENFK	100.8	105	104

Table 3 Recovery of HSA (10, 40, and 100 mg/L) spiked into human urine (0.8 mg/L).

Peptides		Sample 1			Sample 2			Sample 3		
Dilution	Expected concentration, mg/L	Calculated concentration, mg/L	% Recovery	Expected concentration, mg/L	Calculated concentration, mg/L	% Recovery	Expected concentration, mg/L	Calculated concentration, mg/L	% Recovery	
LVNEVTEFAK	0	110	110.8	101	166	170.2	182	181.2	100	
	2	55	58.2	106	83	85.5	91	90.7	100	
	4	27.5	24.0	87	42	42.4	45.5	46	101	
	8	13.75	6.75	49	21	21.7	23	15.5	67	
QTALVELVK	0	110	110.7	101	166	155.0	182	178.3	98	
	2	55	51.4	93	83	81.1	91	86.30	95	
	4	27.5	22.7	82	42	40.2	45.5	43.6	96	
	8	13.75	5.70	41	21	20.80	23	13.6	59	
DLGEENFK	0	110	110.0	100	166	165.7	182	187.7	103	
	2	55	57.3	104	83	83.4	91	91.6	101	
	4	27.5	24.2	88	42	41.7	45.5	46.3	102	
	8	13.75	6.8	49	21	22.0	23	15.6	68	

Table 4 Linearity of albumin measurement in three human urine samples diluted with 2X-charcoal stripped urine.

1 peptide	MS/MS transitions		2 peptides		MS/MS transitions		3 peptides		MS/MS transitions		4 peptides		MS/MS transitions		5 peptides		MS/MS transitions	
	1	2	1	2	1	2	1	2	1	2	1	2	1	2	1	2	1	2
DLGEENFK	2.73	2.09	DL		2.00	1.57	DLQ		2.02	1.88	DLQA		1.99	1.90	DLQAY		2.01	1.91
LVNEVTEFAK	3.94	2.08	DQ		1.91	1.69	DLA		2.01	1.97	DLQY		2.02	1.61				
QTALVELVK	4.53	2.04	DA		1.89	1.80	DLY		2.06	1.94	LQAY		2.09	1.96				
AEFAEVSKLVDLTK	2.34	2.58	DY		1.28	1.88	LQA		2.07	1.96								
YLYEIAR	2.51	2.24	LQ		2.02	1.96	LQY		2.12	1.95								
			LA		1.94	1.93	QAY		2.19	2.01								
			LY		1.97	1.89												
			QA		2.04	1.93												
			QY		2.07	1.72												
			AY		2.32	1.60												
Average %CV	3.21	2.21			1.94	1.80			2.08	1.95			2.03	1.82			2.01	1.91

Table 5 Influence of number of peptides/transitions on within run precision for human urine samples.

Comparison fragment	Reference fragment					
	¹³ DLGEENK ²⁰	⁴² LVNEVTEFAK ⁵¹	¹³⁸ YLVEIAR ¹⁴⁴	²²⁶ AEFAEVSKLVDTLTK ²⁴⁰	⁵²⁶ QTALVELVK ⁵³⁴	
¹³ DLGEENK ²⁰		-1.1% (-0.8, -1.3)	-1.7% (-1.3, -2.0)	0.1% (0.4, -0.3)	2.0% (2.4, 1.5)	
⁴² LVNEVTEFAK ⁵¹	1.1% (0.8, 1.3)		-0.6% (-0.2, -0.9)	1.2% (1.5, 0.8)	3.1% (3.5, 2.6)	
¹³⁸ YLVEIAR ¹⁴⁴	1.7% (1.3, 2.0)	0.6% (0.2, 0.9)		1.8% (2.2, 1.3)	3.6% (4.1, 3.1)	
²²⁶ AEFAEVSKLVDTLTK ²⁴⁰	-0.1% (-0.4, 0.3)	-1.2% (-1.5, -0.8)	-1.8% (-2.2, -1.3)		1.9% (2.3, 1.5)	
⁵²⁶ QTALVELVK ⁵³⁴	-2.0% (-2.4, -1.5)	-3.1% (-3.5, -2.6)	-3.6% (-4.1, -3.1)	-1.9% (-2.3, -1.5)		

Figure 2 Bias between urinary albumin peptide measurements. For each of 334 human urine samples, the albumin concentration assessed by each of five trypsin fragments was compared (2 transitions each). The mean % bias (95% CI) between each fragment pair was assessed by Bland-Altman plots. There was a subtle bias with the overall lowest values for the fragment nearest the carboxyl terminus.

after concentration was similar (Table 6). Therefore, our studies do not suggest that endogenous albumin fragments interfere with the measurements.

NIST validation of LC-MS/MS assay

For a reference measurement procedure to be useful and robust, it should be independently validated in a laboratory setting other than the one in which it was developed. As such, the candidate reference measurement procedure developed at the Mayo Clinic is also being implemented at NIST for method validation. The implementation at NIST has maintained the basic measurement strategy of the Mayo LC-MS/MS method; however the NIST measurements have used instrumentation and chromatographic media from manufacturers different than those used by Mayo in order to evaluate the robustness of the methods based on LC-MS. A bilateral measurement comparison of patient samples is planned between NIST and the Mayo Clinic.

In addition to implementing the Mayo Clinic’s candidate reference measurement procedure for albumin in urine, NIST has also expanded the method to provide qualitative information on the structure of albumin in urine. Capitalizing on the multiplexed measurement capabilities of modern mass spectrometers, NIST has expanded the LC-MS/MS measurement of three proteolytic peptides from albumin in the Mayo Clinic method to include eight additional proteolytic peptides, 11 peptides in total. The 11 peptides measured include peptides derived from albumin’s N- and C-terminal regions as well as several peptides from the central portion of albumin’s protein chain. Measurement of these peptides should provide qualitative information on the ‘intactness’ of the molecular form of albumin in urine samples to compliment the quantitative information on the concentration of albumin. The ability to evaluate potential molecular heterogeneity of albumin in urine samples while simultaneously quantifying albumin in urine will be very useful in future commutability studies of certified reference materials which will also include measurement of sets of individual patient

samples. The qualitative measurement capability will help to identify structural differences in the albumin in patient samples that can be useful in the interpretation of commutability study results and in the assessment of the molecular forms that should be measured by routine clinical laboratory procedures. The number of peptides incorporated into the final candidate reference measurement procedure will be determined once the performance of each of these eight additional peptides has been assessed.

Discussion

This report describes progress towards a reference measurement system for urinary albumin, a key biomarker of kidney disease. Studies are in progress to assess the current state of the art, including agreement amongst current commercially available routine measurement procedures and commutability of available candidate reference materials. Efforts have also been directed towards development of a candidate reference measurement procedure for urinary albumin, and validation of candidate reference materials for urinary creatinine and albumin. The influence of adsorption of albumin to container surfaces is also being investigated by the working group, although those results are not described here.

Other preanalytic and analytic factors that can also influence use of urinary albumin as a biomarker of renal disease and that may benefit from standardized approaches are summarized below based on the report from the joint working group in 2009 [1].

Biologic/physiologic factors

Time of urine collection (first morning, second morning, random, or 24 h) is important. Twenty-four hour collections may be theoretically ideal, but are not always practical and may be incomplete which will increase variability. Among random urine collections, a first morning void is preferred, since this collection will decrease biologic

	QTALVELVK			LVNEVTEFAK			DLGEENFK		
	Albumin, mg/L in patient samples	Albumin, mg/L in 10 kDa cut samples	% Recovery	Albumin, mg/L in patient samples	Albumin, mg/L in 10 kD cut samples	% Recovery	Albumin, mg/L in patient samples	Albumin, mg/L in 10 kD cut samples	% Recovery
Sample 1	47.5	47.6	104	47.5	48.4	107	46.2	47.2	101
Sample 2	83.0	72.0	92	84.7	73.8	93	85.9	74	98
Sample 3	88.8	78.0	86	89.3	78	84	88	76	89
Sample 4	20.5	20.3	93	22	22	94	21	21	109
Sample 5	110.7	105.4	95	111	106	96	110	106	95
Sample 6	2442	2392	96	2442	2430	100	2300	2313	101
Sample 7	2583	2281	79	2698	2385	80	2542	2480	88
Sample 8	4425	3935	89	4437	3997	91	4337	3853	88
Sample 9	630	673	106	650	682	106	603	657	109
Sample 10	4252	4025	93	4320	4088	95	4125	3923	96

Table 6 Measured albumin concentration before and after filtration to remove fragments <10 kDa.

variability [1]. Importantly, different decision limits may be needed for random vs. first morning collections, or other standardized collection time(s) [12].

Stability and interference

The influence of blood (menstrual or urinary bleeding) seminal fluid and other physiologic contaminants of urine remain to be examined. The molecular forms of albumin in freshly voided urine, and their correlation to kidney disease, has not been fully investigated. Clarification regarding variation of urinary matrix composition and its effects on urinary albumin measurement procedures is needed, including the degree to which albumin degrades under various conditions of storage.

Interpretation

The ACR varies with age, gender and ethnicity. Decision thresholds suitable for these subgroups need further investigation. The commonly used 30 mg/g or 3.4 mg/mmol decision limits may not be adequate for each subgroup in terms of diagnostic sensitivity. Risk of chronic kidney disease and CVD are continuous functions of urinary albumin. The appropriate reference intervals for given populations (e.g., general population or high-risk groups such as diabetes, hypertension or CVD) need to be examined. It would be interesting to examine if age- and gender-specific equations to convert ACR to an estimated albumin excretion rate could be useful to enable using a single reference limit.

Conclusions

Urinary albumin excretion is a critical marker of kidney disease. Since the initial report of the NKDEP and IFCC joint working group in 2009 [1], much progress toward standardizing measurement of urine albumin has been made, including the development of candidate reference materials and a candidate LC-MS/MS reference measurement procedure.

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