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# Transcatheter mitral valve repair devices - *in vitro* studies on the influence of device-width on mitral regurgitation

**Abstract:** Mitral regurgitation (MR) is the most prevalent valvulopathy in the USA and the second most prevalent valvulopathy in Europe. Despite excellent clinical results of surgical mitral valve repair (SMVR), transcatheter-based mitral valve repair (MVR) procedures emerged as a feasible treatment option for surgically inoperable or high-risk patients suffering from clinically relevant MR. The current study investigates the impact of device-induced coaptation-width on the hydrodynamic performance of insufficient mitral valves (MV) during left ventricular (LV) systole.

A non-calcified, pathological MV model (MVM) featuring a D-shaped MV annulus with an area of 7.6 cm<sup>2</sup> and a flail gap in the A2-P2 region was employed in an experimental setup. Pressure gradient-volumetric flow rate ( $\Delta p$ - $Q$ ) relations were investigated for steady-state backward flow with transvalvular pressure gradients ranging from (0.75  $\leq \Delta p \leq 177.36$ ) mmHg. Glycerol-water mixture (36 % (v/v) glycerol in water) at 37 °C with a density of (1 098.2  $\pm$  1.3) kg·m<sup>-3</sup> and a dynamic viscosity of 3.5 mPa·s was used as circulatory fluid.

In order to determine the impact of the width of transcatheter MVR devices during LV-systole  $\Delta p$ - $Q$  relations were investigated for three MVM-configurations: (i) MVM without MVR device, (ii) MVM with one MVR device and (iii) MVM with two MVR devices implanted in the A2-P2 region. The MVR devices were manufactured from steel sheets with a thickness of 0.2 mm and feature arm lengths of 9.0 mm and a width of 5.0 mm.

The conducted investigations show that the implantation of MVR devices in the A2-P2 region prevents the manifestation of an A2-P2 flail gap and thereby effectively reduces the retrograde blood flow during the LV-systole by 13 % with one MVR device and 27 % with two MVR devices implanted.

Thus, the application of two MVR devices with a combined device-induced width of 10 mm results in a better MR reduction than the implantation of one MVR device with a device-induced width of 5 mm.

**Keywords:** Mitral Regurgitation, Mitral Valve Repair, MitraClip-System, Pascal-System, *in vitro* Model

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## 1 Introduction

The bicuspid mitral valve (MV) is a highly intricate anatomical structure located between the left atrium (LA) and the left ventricle (LV). The functional anatomy of the MV comprises four structures: (i) anterior and posterior leaflets, (ii) papillary muscles, (iii) chordae tendineae and (IV) mitral annulus [1]. Any intrinsic abnormality of the MV apparatus or disturbance of the aforementioned structures can lead to mitral regurgitation (MR) and thereby to systolic retrograde blood flow inducing a decrease of both LV-pressure and forward flow of oxygenated blood [1–3]. In terms of prevalence, MR is the most common valvulopathy in patients aged 75 years and older and the second most prevalent valvulopathy in Europe [4, 5].

After the introduction of surgical MV repair (SMVR) procedures, such as the edge-to-edge technique in 1991, SMVR evolved as the gold standard for the treatment of clinically relevant MR [6, 7]. Despite the excellent clinical outcome of SMVR, transcatheter-based MVR devices, mimicking the surgical edge-to-edge technique, emerged as feasible treatment options for surgically inoperable or high-risk patients suffering from clinically relevant MR [8, 9].

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Although clinical data regarding the performance of transcatheter-based MVR devices are broadly available, the impact of device-induced coaptation-width and -area on the hydrodynamic performance of the MV has not been fully understood yet. To address this problem, we investigated the hydrodynamic performance of a pathological MV model (MVM) after implanting one and two custom-made MVR devices with an arm length of 9 mm and a width of 5 mm in the A2-P2 region, respectively.

## 2 Materials and methods

### 2.1 Experimental setup and circulatory fluid

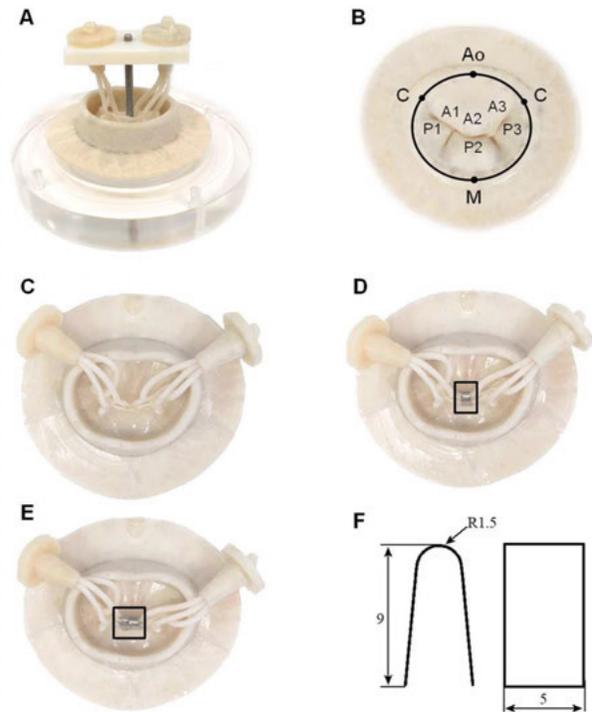
For *in vitro* investigations an experimental setup as described in a previous work was used [10]. The  $\Delta p$ - $Q$  relations were investigated for steady-state backward flow applying physiological transvalvular pressure gradients ranging from  $(0.75 \leq \Delta p \leq 177.36)$  mmHg. As suggested by Lim et al. a glycerol-water mixture (36 % (v/v) glycerol in water) at 37 °C was utilized as a circulatory fluid [11].

Dynamic viscosity of the circulatory fluid was measured at 37 °C for a shear rate of  $6\,000\text{ s}^{-1}$  with a rotational rheometer (Haake RheoStress 1, Thermo Fisher Scientific, USA) utilizing a cone-plate setup. The density of the circulatory fluid was determined by measuring the mass (Präzisionswaage Kern 770, Kern & Sohn GmbH, Germany) of a known volume at 37 °C.

### 2.2 Mitral valve model

A non-calcified, pathological MVM (LifeLike BioTissue Inc., Canada) featuring a D-shaped MV annulus with an annulus area of  $7.6\text{ cm}^2$  and an annulus circumference of 103 mm was used (see Figures 1A and 1B). The aorto-mural distance (Ao-M) is 30.89 mm and the intercommisural distance (C-C) between the antero-lateral and postero-medial commissure is 34.25 mm. The anterior leaflet consists of a semi-circular structure with a thickness of 1.12 mm. The posterior leaflet is made up of three scallops (P1-P3) and features a thickness of 1.11 mm. Sufficient MV closure is ensured by two papillary muscle structures. From the tips of each of these structures, three chordae tendineae arise, inserting at the leading edges of the anterior and posterior MV leaflets. Mitral regurgitation occurs due to a flail gap in the A2-P2 region.

In order to determine the impact of the width of transcatheter MVR devices during LV-systole, three MV configurations were investigated (see Figures 1C-1E): MVM without MVR device (config. i), MVM with one MVR device (config. ii) and MVM with two MVR devices (config. iii) implanted in the A2-P2 region. The custom-made MVR devices used in this study were made from steel sheets with a thickness of 0.2 mm and feature an arm length of 9.0 mm and a width of 5.0 mm (see Figure 1F).



**Figure 1:** **A)** Pathological MVM with two papillary muscle structures and chordae tendineae. **B)** Atrial view of the MVM during LV-systole. Aorto-mural distance (Ao-M) is 30.89 mm, the intercommisural distance (C-C) between antero-lateral and postero-medial commissure is 34.25 mm. A1-A3 and P1-P3 indicate the segments of the anterior and the posterior leaflet, respectively. **C, D, E)** Ventricular view of the pathological MVM without MVR device (C), one custom-made MVR device (D) and two custom-made MVR devices (E) implanted in A2-P2 position. **F)** Dimensions of the custom-made MVR devices.

## 3 Results and discussion

Experimental investigations of the dynamic viscosity of the glycerol-water mixture (36 % (v/v) glycerol in water) yield a dynamic viscosity of  $3.5\text{ mPa}\cdot\text{s}$  at a temperature of 37 °C and a shear rate of  $6\,000\text{ s}^{-1}$ . A density of  $(1\,098.2 \pm 1.3)\text{ kg}\cdot\text{m}^{-3}$  was measured for the glycerol-water mixture.

Visual examination confirms transvalvular closing pressure gradients of  $\Delta p < 5$  mmHg for MVM configurations i-iii. Since the physiological LV diastolic pressure ranges from ( $3 \leq p_D \leq 12$ ) mmHg, the measured closing pressure gradient of ( $3 \leq \Delta p \leq 7$ ) mmHg is within the physiological range [12].

Hydrodynamic testing of the pathological MVM without a MVR device (config. i) shows a malcoaptation manifesting in a flail gap in the A2-P2 region. The flail gap can visually be examined for transvalvular pressure gradients ranging from ( $50 \leq \Delta p \leq 73$ ) mmHg (see Figure 2A). Image analysis yields an increasing flail gap area with increasing transvalvular pressure gradients. The maximum flail width  $l_{F,max} = 1.6$  mm along the coaptation line and the maximum distance between the free edges of A2 and P2  $s_{F,max} = 0.9$  mm are measured at  $\Delta p = 73$  mmHg. Due to the A2-P2 flail gap the highest retrograde flow  $Q_{max} = (0.79 \pm 0.01)$  l·min<sup>-1</sup> for configurations i-iii was measured for config. i (see Table 1 and Figure 2D).

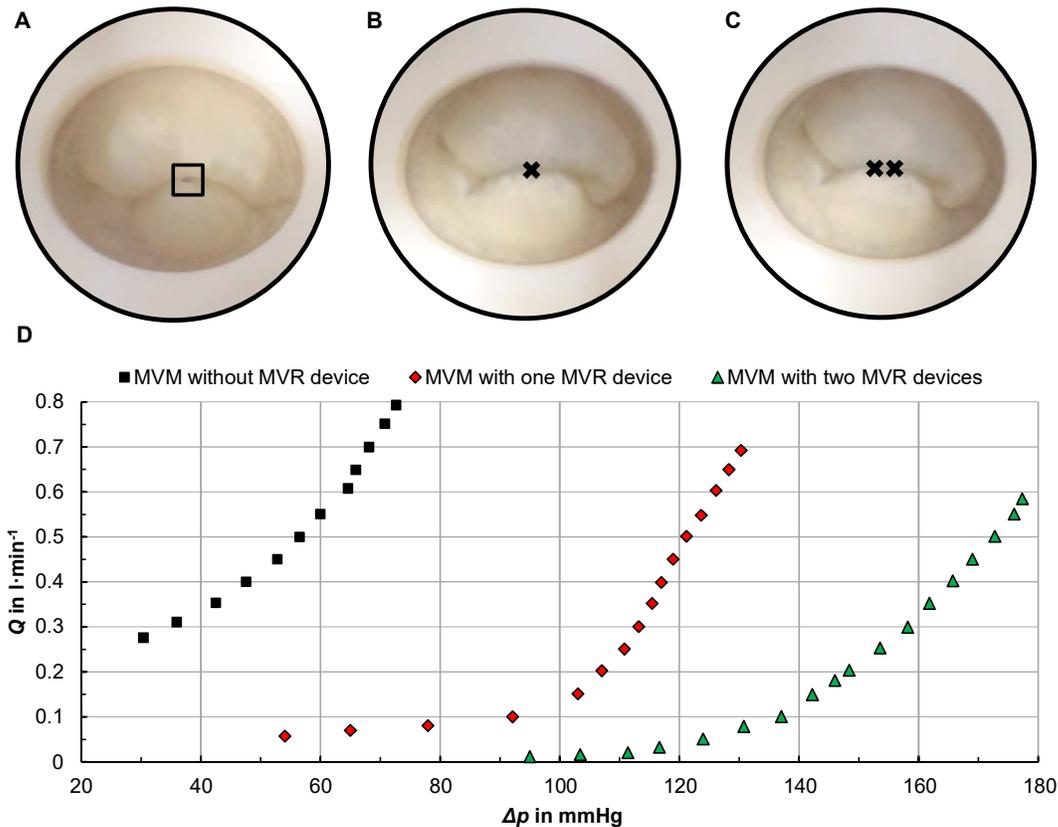
Moreover, the conducted investigations show that the implantation of both, one or two MVR devices, effectively prevents the manifestation of a flail gap (see Figures 2B and 2C). Qualitative visual examinations of the atrial view

confirm coaptation and symmetrical overlap of the anterior and posterior MV leaflets. However, the impact of the implantation of one MVR device with a width of 5 mm and the implantation of two MVR devices with a width of 5 mm each, is much more immanent in the  $\Delta p$ -Q relations (see Table 1 and Figure 2D).

Both, the increase of device-induced coaptation-width ( $l \approx 10$  mm) and the device-induced coaptation area ( $A \approx 90$  mm<sup>2</sup>) contribute to the increase of the maximum transvalvular pressure gradient and the decrease of the maximum volumetric flowrate during LV-systole. Thus, the increase of the investigated device-induced coaptation-width effectively prevents pathological retrograde blood flow.

**Table 1:** Experimentally investigated maximum transvalvular pressure gradients ( $\Delta p$ ) and volumetric flowrates ( $Q_{max}$ ) for configurations i-iii.

	Config. i	Config. ii	Config. iii
$\Delta p_{max}$	73 mmHg	130 mmHg	177 mmHg
$Q_{max}$	0.79 l·min <sup>-1</sup>	0.69 l·min <sup>-1</sup>	0.58 l·min <sup>-1</sup>



**Figure 2:** A-C) Atrial view of the MVM during LV-systole in the experimental setup for config. i at  $\Delta p = 73$  mmHg (A), for config. ii at  $\Delta p = 130$  mmHg (B) and config. iii at  $\Delta p = 177$  mmHg (C). The black square highlights the A2-P2 flail gap and the position of the MVR devices is marked with a black cross. D) Experimentally investigated  $\Delta p$ -Q relations for configurations i-iii.

## 4 Conclusion

Within the current study, we investigated the impact of device-induced coaptation-width and -area on the hydrodynamic performance of insufficient MVs during LV-systole.

Chordae tendineae and papillary muscles of the utilized MVM are no anatomically and physiologically correct representations but rather simplifications which allow for sufficient MV closure. However, due to the anatomical geometries, the location of the flail gap at the A2-P2 region and an MV area of  $A \geq 4 \text{ cm}^2$  the utilized MVM is applicable for the investigation of the impact of minimally invasive edge-to-edge MVR devices such as the MitralClip (Abbott, USA) and the Pascal (Edwards Lifesciences Corp., USA) system [12-14].

Moreover, the increase of the device-induced coaptation- width from 5 mm to 10 mm, as employed in the Pascal system (Edwards Lifesciences Corp., USA), leads to significant improvement of the hydrodynamic MV performance [15]. Furthermore, increasing the arm length of MVR clip devices, as for example in the MitraClip XTR system (Abbott, USA), does not only result in larger device-induced coaptations-areas but can also extend the application range of minimally invasive edge-to-edge MVR devices to patients with more complex MV anatomies [16]. Taking everything into consideration, the conducted *in vitro* investigations confirm that edge-to-edge MVR devices can effectively reduce MV regurgitation.

In order to investigate the impact of different MVR devices on the hydrodynamic performance of the MV throughout the cardiac cycle, physiological pulsatile flow conditions will be applied in future investigations.

### Author Statement

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