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Incidence moments: a simple method to study the memory and short term forecast of the COVID-19 incidence time-series

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Abstract

Objectives: The ability to predict COVID-19 dynamic has been very low, reflected in unexpected changes in the number of cases in different settings. Here the objective was to study the temporal memory of the reported daily incidence time series and propose a simple model for short-term forecast of the incidence.

Methods: We propose a new concept called incidence moments that allows exploring the memory of the reported incidence time series, based on successive products of the incidence and the reproductive number that allow a short term forecast of the future incidence. We studied the correlation between the predictions of and the reported incidence determining the best predictor. We compared the predictions and observed COVID-19 incidences with the mean arctangent absolute percentage error (MAAPE) analyses for the world, 43 countries and for Chile and its regions.

Results: The best predictor was the third moment of incidence, determining a short temporal prediction window of 15 days. After 15 days the absolute percentage error of the prediction increases significantly. The method perform better for larger populations and presents distortions in contexts of abrupt changes in incidence.

Conclusions: The epidemic dynamics of COVID 19 had a very short prediction window, probably associated with an intrinsic chaotic behavior of its dynamics. The incident moment modeling approach could be useful as a tool whose simplicity is appealing, since it allows rapid implementation in different settings, even with limited epidemiological technical capabilities and without requiring a large amount of computational data.

Keywords: COVID 19; epidemiology; forecast.

Introduction

Since December 2019 the world has been going through the greatest global health crisis of the last decades. The COVID-19 pandemic had already produced more than 267million cases and about 5.3 million deaths at the end of December 2021. Each country that faces the threat of COVID-19 tries to inform its policy response using forecasting tools to determine the magnitude of the epidemic wave and the capacity of its health systems to plan ahead for the heavy demand for healthcare (WHO-Europe 2020). In a way, the quality of the response

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to the epidemic will depend on the ability of countries to adequately monitor and predict behavior of the epidemic, extracting useful information and implement timely effective public health interventions to reduce transmission (Ferguson et al. 2020).

However, the predictability of any epidemic is very uncertain and even more so in the case of an emerging new pathogen (Mangiarotti et al. 2020). Many models have been proposed, mainly of the SEIR type, considering social, biological, spatial and demographic characteristics in different countries, trying to predict the course of epidemics locally. An important limitation for the successful implementation of these models are data requirements and advanced mathematical modelling and epidemiological capacities, something that is not guaranteed in most settings within of low-and-middle income countries. However, even with complex models, the predictability show to be limited in the long term (Chen and Yu 2020; Jones and Strigul 2021). This is due, on the one hand, to the environmental, social, and demographic differences of the countries that affect the estimation of the different parameters, and, on the other hand, because the interaction dynamics between cases and susceptible may be non-linear reducing the predictability of the disease dynamic. The ability to predict COVID-19 dynamic has been very low, surprising us with sudden and unexpected changes in the number of cases. A recent study proposed that the dynamics of COVID-19 shows a chaotic behavior that would complicate the prediction of its dynamics (Chen and Yu 2020; Jones and Strigul 2021).

The epidemic is in a critical stage in Chile, with a high number of cases that already exceeds one million, with close to 30 thousand deaths and daily incidence rates that exceed 30 cases/ 10^5 inhabitants, which has resulted in ICU occupation that exceeds 90% and repeatedly threatens to collapse the health system. Efforts have been made to monitor and model the course of the epidemic (Canals et al. 2020; Canals, Cuadrado, and Canals 2021; Córdova-Lepe, Gutiérrez-Aguilar, and Gutiérrez-Jara 2020; González et al. 2020; Guerrero-Nacuante and Maríquez 2020; Gutiérrez-Aguilar et al. 2020; Rojas-Vallejos 2020) proposing indicators that help decision-making. However, it is imperative to have predictions that allow the authorities to be alerted to the possible course of the epidemic and the overload of the health system. Maximum incidence-load models have been proposed (Canals, Cuadrado and Canals 2020) based on a previous short-term forecast models used for AH1N1 influenza (Canals 2010).

In order to have an indicator of the possible course of the epidemic, we study the temporal memory of the reported daily incidence time series and propose a simple model for short-term forecast of the incidence, which may be useful to estimate future ICU occupancy load. The simplicity of the proposed method is appealing since it allows a rapid implementation in different settings, even with limited technical epidemiological capacities and without requiring extensive computational power.

Methods

We conducted a study based on official daily public reports from the Ministry of Health of Chile, including daily new confirmed cases of COVID-19 at the national and sub-national levels (administrative regions) (MINSAL 2020). The series of daily cases in the world obtained from the daily information of the WHO (WHO 2021) was also analyzed, calculating the incidence under the assumption of a constant world population of 7 billion people. We analyzed these incidence time-series, proposing a model to study the memory of the time series, then we apply the method to incidence time series of 43 countries of the world from data gathered by Our World in Data (Our World in Data 2021) to assess its predictive capacity in different settings. These countries were selected based on the COVID data transparency index (CDTI index) (Total Analysis 2021). The countries with a CDTI index $>40\%$ were selected, as well as India, which although it has a lower index, is of great importance due to its high incidence and population size. Countries with less than 5 million people were not included and countries with registration problems or unreliable records, such as those with many zeros, were not analyzed. Besides Chile, of 58 countries with available data, 43 countries were finally analyzed. A period between March 24, 2020 and March 28, 2021 was analyzed for Chile, its regions, and for the 43 countries. For the global incidence time-series, a period between January 21, 2020 and May 15, 2021 was considered. We also included an incidence time series of Chile after reaching a 66% vaccination coverage of the population, from August 3 to October 28, 2021.

Model: To study the memory of the time series of reported incidence, we consider the following assumption: If on a day “ t ” there is I_t incidence and with an effective reproductive number R_t , then under the scenario of a population of constant size, it is expected that after a serial interval (τ), on $t + \tau$, there is an incidence $I_t R_t$. If also $R_t = R$ is a constant, in other words, the epidemic continues with its same growth rate (memory), at $t + 2\tau$ an incidence $I_t R^2$ would be expected, and at $t + 3\tau$ an incidence

$I_t R^3$ etc. The dependency of R_t overtime is therefore an element that is used to produce short-term forecast of the COVID-19 incidence.

Definition: We define IR^n as the n th moment of incidence, where I is the moving average of the incidence of the last 7 days ($I = (I_t + I_{t-1} + \dots + I_{t-6})/7$). We propose that the n th moment of incidence will be a predictor of the incidence reported in “ $n\tau$ ” days. Thus, for example, the second moment of incidence (IR^2) will be the expected incidence in two serial intervals, $2\tau=10$ days, under the assumption of incidence and an effective R_t will be constant (R).

Statistical Methods. We estimate the effective reproductive number (R_t) with the method of Cori et al. (2013) and with the RKI method (an der Heiden and Hamounda 2020; Cori et al. 2013), with a serial interval of 5 days (Alenne et al. 2021; Izadi et al. 2020; Zhang, Wang, and Xie 2020) and we calculate the first five moments of the incidence (IR , IR^2 , IR^3 , IR^4 and IR^5) representing predictions for 5, 10, 15, 20 y 25 days respectively. We compared the observed values with those expected for each of the first five moments using the mean arctangent absolute percentage error (MAAPE). $MAAPE = 100 \frac{1}{N} \sum_{t=1}^N \arctan \left(\left| \frac{I_t - F_t}{I_t} \right| \right)$, where N is the number of data points, I_t and F_t are the actual and forecasted incidence rates. This metrics has been proposed as an alternative for the mean absolute percentage error (MAPE) avoiding the disadvantage that MAPE produces infinite or undefined values for zero or close to zero actual values (Kim and Kim 2016). We consider MAAPE values ≤ 30 good, and values between 30 and 50 reasonable forecasting. This analysis was carried out for the country and for each of the administrative regions of Chile, and also for the incidence series of the world. The moment with largest long-term predictive capacity, with $MAAPE \leq 30$ for Chile and the world, was selected (α^{th} moment (IR^α)). The predicted incidence series for Chile was constructed using the chosen incidence moment.

We studied the correlation between population size and CDTI index with MAAPE value with Spearman correlation coefficient (R_s).

Results

We did not find substantial differences between the estimates of the effective reproductive number with the Cori et al. (2013) method and with the RKI method, so for simplicity we show the results using RKI (Suppl Inf.1).

For the Global and Chile series, we found good forecasting between the observed incidence values and the expected values for the first three moments, decreasing significantly for the fourth and fifth moments in Chile and for the fifth moment in the World. It can be seen that the third moment (IR^3) it is the one with a long-term predictive capacity (15 days). We do not find differences in predictive value between pre and post vaccine periods in Chile. The MAAPE for IR^3 were 30.5 and 28.7 respectively (Figure 1).

At the level of administrative regions of Chile, most of them with population sizes lower than one million people, we found only reasonable forecasting up to 15 days in the larger regions (Table 1). We choose the third

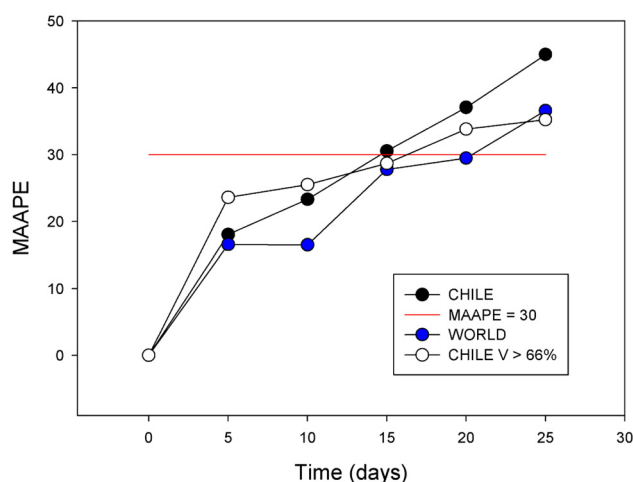


Figure 1: Mean arctangent absolute percentage error (MAAPE) between the reported and the expected incidence of COVID-19 in the World and Chile, by means of the incidence moments method for 5 (IR), 10 (IR^2), 15 (IR^3), 20 (IR^4) and 25 days (IR^5).

Table 1: Mean arctangent absolute percentage error (MAAPE) between the reported and the expected incidence of COVID-19 in each administrative region of Chile, by means of the incidence moments method IR^n , n is the moment order.

	IR (5 days forecast)	IR^2 (10 days forecast)	IR^3 (15 days forecast)	IR^4 (20 days forecast)	IR^5 (25 days forecast)	Population
Arica & parinacota	38.84	57.05	51.52	56.87	63.80	252,110
Tarapacá	36.27	54.62	50.98	57.66	63.00	382,773
Antofagasta	30.99	44.45	44.02	52.82	57.77	691,854
Atacama	45.07	65.31	59.19	67.18	75.83	314,709
Coquimbo	37.65	56.04	53.14	59.33	65.60	836,096
Valparaíso	30.60	45.66	39.46	46.17	49.62	1,960,170
R. Metropolitana	22.30	34.80	33.06	40.39	48.94	8,125,072
OHiggins	34.31	52.22	49.39	58.38	64.09	991,063
Maule	34.89	49.51	45.07	52.83	61.44	1,131,939
Ñuble	41.78	60.32	54.47	61.02	67.41	511,551
Bío Bío	28.64	43.90	42.22	45.89	50.51	1,663,696
Araucanía	29.25	47.22	44.58	48.79	54.78	1,014,343
Los Ríos	41.00	63.78	56.74	63.28	69.16	405,835
Los Lagos	35.63	52.41	48.64	56.20	64.46	891,440
Aysén	73.28	97.90	80.05	85.30	91.63	107,297
Magallanes	42.56	62.76	57.81	64.24	72.59	178,362
Chile	18.06	23.31	30.54	37.06	44.97	19,458,310

Reasonable forecast ($MAAPE < 50$) and population size larger than one million people, marked in bold.

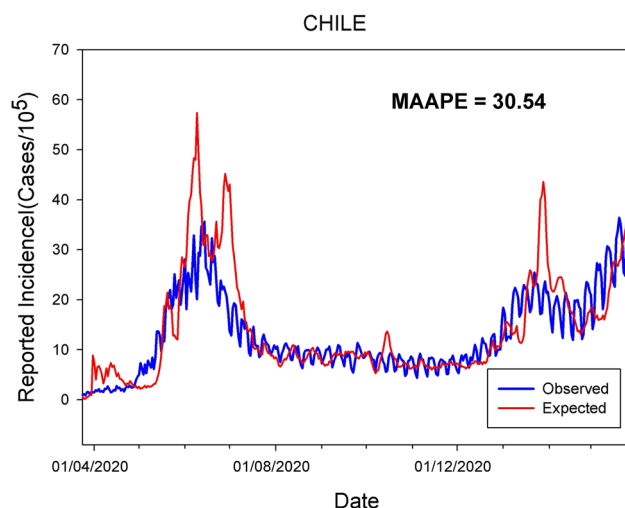


Figure 2: Evolution of the reported incidence (blue) and the expected values of Chile, by the third incidence moment method (IR^3) (red), from March 28, 2020 to March 28, 2021.

moment of incidence (IR^3) as the longest-term predictor for Chile, without compromising its ability to predict future cases (Figures 2 and 3).

In 24 of 44 countries we found reasonable forecasting with IR^3 (Table 2, Figure 4). We found a lower predictive capacity (i.e. larger $MAAPE$) for countries with low population size ($R_s = -0.60$, $p < 0.05$). We did not find a strong correlation between $MAAPE$ and $CDTI$ index ($R_s = 0.21$, $p > 0.05$).

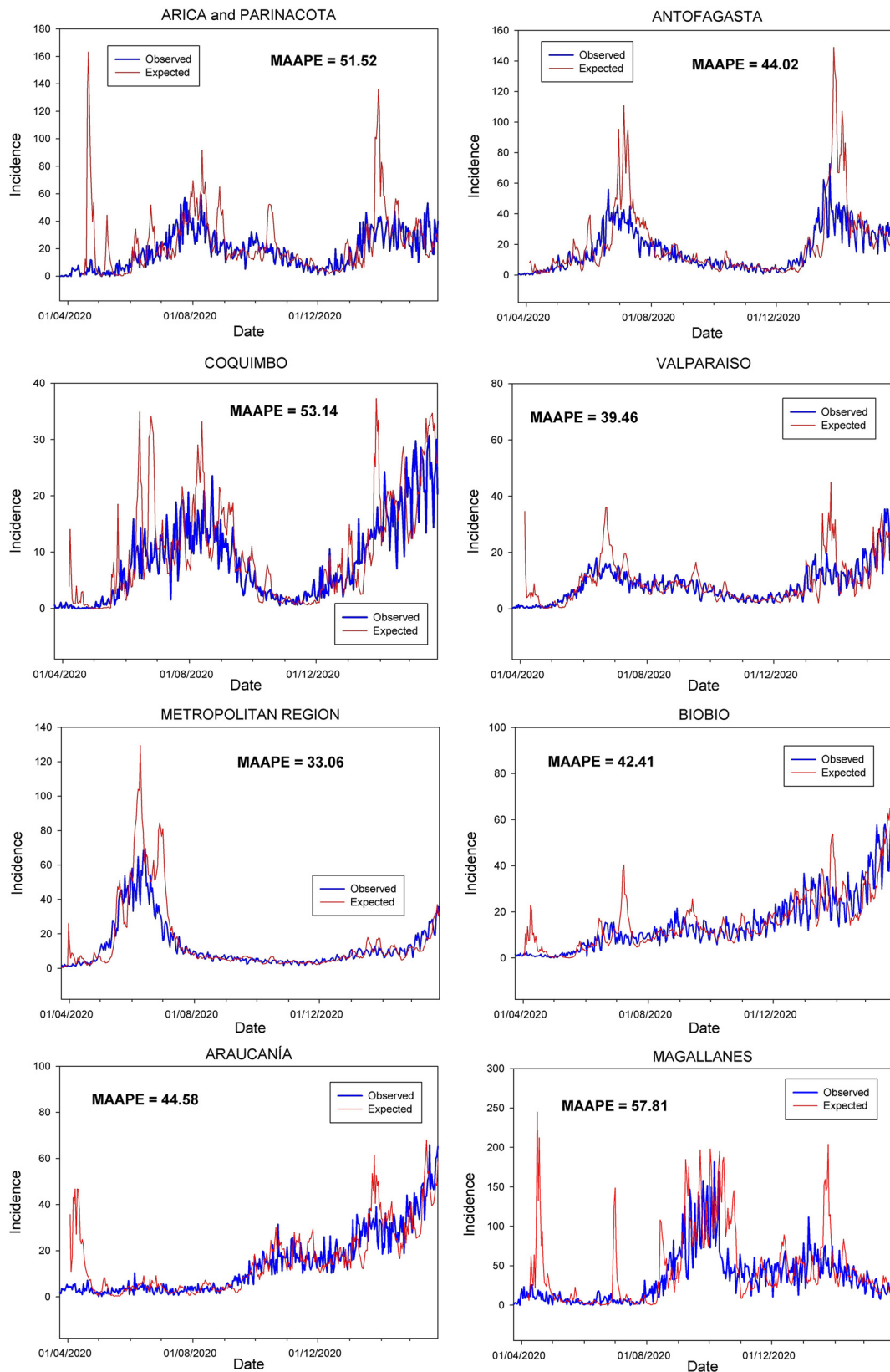


Figure 3: Evolution of the reported incidence (blue) and the expected values of eight selected regions of Chile, from North to South, by the third incidence moment method (IR^3) (red) from March 28, 2020, to March 28, 2021.

Table 2: Mean arctangent absolute percentage error (MAAPE) between the observed and expected incidences by the third incidence moment method ($I\hat{R}^3$) of the world and 44 countries with high COVID data transparency index (CDTI).

Correlation between observed and predicted incidences					
Country	CDTI index	MAAPE	Country	CDTI index	MAAPE
Argentina	43.7	35.29	Lithuania	61.1	55.12
Australia	55.0	65.49	Malaysia	50.1	58.59
Austria	61.2	55.12	Mexico	44.6	39.45
Belgium	72.3	54.66	Morocco	51.1	47.17
Brazil	44.5	44.92	Netherlands	60.1	43.47
Chile	70.9	30.54	Norway	71.3	54.66
Canada	67.9	35.69	Pakistan	43.3	45.36
Colombia	43.4	34.46	Panama	53.7	37.50
Costa Rica	59.9	61.45	Philippines	48.0	47.13
Croatia	48.0	67.27	Portugal	56.9	46.67
Czechia	66.2	56.96	Romania	43.4	36.76
Dominican Republic	48.4	47.88	Russia	40.0	17.85
Denmark	69.3	62.21	Saudi Arabia	49.1	35.57
Estonia	58.5	63.29	Singapore	54.7	66.34
Finland	59.5	54.20	South Africa	54.9	38.75
France	51.0	59.82	South Korea	60.9	52.51
Germany	63.9	49.45	Spain	54.3	78.99
India	33.3	25.42	Sweden	58.6	80.81
Indonesia	55.0	28.45	Switzerland	48.9	63.88
Italy	63.7	38.18	United Kingdom	54.1	40.74
Japan	52.0	49.02	United States	71.0	28.66
Latvia	50.3	66.35	World		27.78

Reasonable forecast (MAAPE<50) in bold.

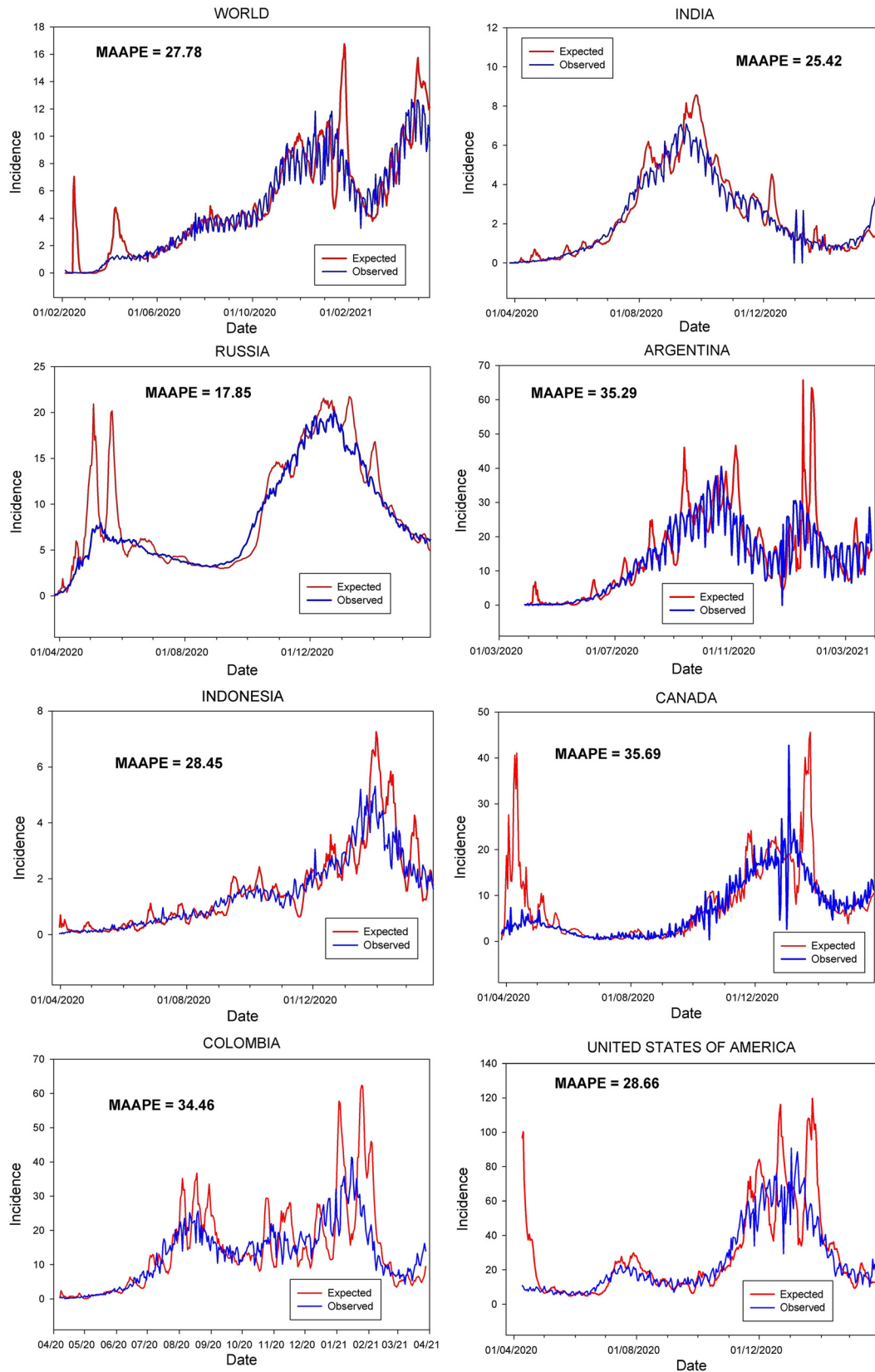


Figure 4: Evolution of the reported incidence (blue) and the expected values of the World and the seven countries with better correlations (excepting Chile), by the third incidence moment method (IR^3) (red) from March 28, 2020 to March 28, 2021.

Discussion

We proposed the concept of incidence moments, derived from the definition of the effective reproductive number as the average number of new cases that a case produces in a serial interval. Thus, the expected cases with a time interval equal to a serial interval elapses will be the product of the number of cases and the effective reproduction number. As the process occurs very quickly, the population can be considered invariant and this concept can be extended to incidence rates (new cases per population at risk and time). As the serial interval of COVID-19 is short, estimated in this study as 5 days, IR estimates the future incidence in τ days. We used the moving average of the last 7 days as an estimator of the current incidence, which dampens the periodic oscillations in the weekly report due to weekend testing and reporting biases (Bukhar et al. 2020) and occasional stochastic fluctuations due to holidays or unexpected events. The same occurs with the calculation of effective reproduction number R_t with the RKI method and with the Cori et al. method, which in our case used a lag of 7 days (an der Heiden and Hamouda 2020; Cori et al. 2013). Thus, we propose that IR^n is a proxy for the incidence in “ $n\tau$ ” days. This assumes that I and R will remain constant in this period, which is not necessarily true. We note that IR^n depends linearly on I , but it depends on the n th power of the reproductive number, which makes it very sensitive to the estimation and variations of this parameter. The higher the value of the reproductive number, the greater the sensitivity of the predicted incidence. The time for which the prediction is valid ($n\tau$) depends on the serial interval. Although there are estimates of the serial interval between 1.9 and 7.5 days (Alenne et al. 2021; Izadi et al. 2020; Zhang, Wang, and Xie 2020), most of the estimates are in a value close to 5 days. For example, in the meta-analysis of Izadi et al. (2020) an average value of 4.45 days was estimated, in that of Zhang, Wang, and Xie (2020) a value of 5.35 days and in that of Alenne et al. (2021) it is reported 5.2 days, so the value of 5 days used in this study is reasonable. However, the prediction time is sensitive to this parameter and variations in the serial interval can affect the validity of the prediction. For example, it has been reported that the serial interval can be shortened over time by non-pharmaceutical interventions (Alí et al. 2020). Additionally, if emerging variants modify the infectious dynamic of the agent (e.g., shorter incubation periods or increased infectivity in pre-symptomatic period) this can have an impact on serial interval, therefore affecting the predictive capacity of the method if this parameter is specified incorrectly.

Our results show that the prediction capacity, represented by the MAAPE metrics between the observed incidence and the expected values for 5, 10, 15, 20 and 25 days according to the first five moments, decreases notably for the fourth and fifth moments, particularly when the population size of the analyzed region is small. This occurs for two reasons, because of the dependence on a high power of the reproductive number and because of the low probability that both the incidence and the reproductive number remain constant for so long. Thus this system has a very short temporary memory.

The incidence remains stable over time in an endemic state with $R_t=1$. If R_t is different from 1 but constant, the incidence will increase or decrease but in a predictable way. However, with a variable reproductive number, the ability to predict the future is quickly lost. In our case, the predictive capacity using the third moment of incidence remained relatively high until day 15 (three serial intervals). However this was dependent on the size of the population. When we consider the data of the world and those of Chile, with more than 19 million people, this effect is very clear, but when we analyze each administrative division the high predictive capacity is maintained only in the Metropolitan Region that includes the capital of Chile, which contains more than 40% of the population of Chile. However, although the predictive capability are low in the regions with a smaller population, a clear decrease in predictability is found for the fourth and fifth order moments, with correlations that do not even reach reasonable forecasting.

The graphs showed that over estimations occur mostly in the high incidence periods. The graphs also show that the over-estimates occur after abrupt accelerations in the infection rate, that is, after significant increases in the effective reproductive number. This is explained by the aforementioned dependence on the third power of R . In several cases, such rapid changes in R_t could be explained by problems with data reporting, a limitation that is inherent to surveillance of an ongoing epidemics for and emerging disease.

For 24 analyzed countries (54.5%), we found 15-day reasonable forecasting capacity with our method. The performance is particularly good for India, Indonesia, Russia and The United States, countries with high population sizes. Also when we used this method for the 15-day prediction of the global incidence, under the assumption of a constant population of 7 billion individuals, we obtained good forecasting. This good value was not an expected result, given that there is great heterogeneity and asynchrony in infections between the different countries that make the assumption of population homogeneity for calculating the effective reproductive number impossible. It is probable that in this case the law of large numbers operates, and local variabilities are dampened, converging to an average value. Changes in incidence in one direction in a given country are offset by changes in the opposite direction in another country, making the predicted incidence equivalent to that which would occur in a homogeneous population.

We observed that occasionally the value of the incidence was overestimated in the COVID-19 global incidence and also in Chile and in the Chilean regions. This occurred when there were sharp fluctuations in incidence. For example if there is a drop in the incidence, or actual reporting problems, and then a sharp rise of this, the value of R_t increases abruptly and the prediction dependent on R^3 , overestimates the observed incidence.

The rapid loss of predictive capacity over time can be explained because the dynamics between susceptible and infected populations is non-linear and sensitive to initial conditions (Anderson and May 1992; Jones and Strigul 2021; Mangiarotti et al. 2020; Schaffer and Kott 1985). This loss of predictive capacity appears to be intrinsic to the COVID-19 dynamics without any detectable changes in predictability without and with high vaccination coverage ($\geq 66\%$) in Chile. Low predictability associated with chaotic dynamics has been detected in the dynamics of many infectious diseases (Canals 1996; Canals and Labra 1997; Canals and Labra 1999; Grenfell et al. 1995; Olsen and Schaffer 1990; Olsen, Truty, and Schaffer 1988). For COVID-19 after a transient period, the time-series trajectory in China and Italy reached a steady regime characterized by a chaotic attractor (Mangiarotti et al. 2020). Even Jones and Strigul in 2020 propose that the chaotic properties of the system, rather than the data and the parameterization, are what impede an adequate prediction of epidemic behavior.

This study shows that the epidemic dynamics of COVID-19 has a very short prediction window at national and subnational levels, probably associated with an intrinsic chaotic behavior of its dynamics. The present analyzes also show that the incidence moments modeling approach, in conjunction with other approaches, could be useful as a simple tool for decision makers to short-term monitor the course of an epidemic in large populations that can be easily implemented across different settings. This approach could also be used to follow the course of the epidemic to prevent the possible load on the hospital system, the possible increases in ICU occupancy and the mortality that follows later, probably increasing the time window by 10–15 days.

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Competing interest: The authors have completed the ICMJE declaration of conflicts of interest form, and declare that they have not received funding to prepare the report; not have financial relationships with organizations that may have an interest in the published article, in the last three years; and not having other relationships or activities that could influence the published article. The forms can be requested by contacting the responsible author or the editorial direction of the Journal.

Informed consent: Not applicable

Ethical approval: Our study is based on official secondary data reported by the Ministry of Health of Chile; therefore, it did not require approval from the Faculty of Medicine ethics committee.

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