CONTENTS

Introduction 1

1. The Tradition of Buddhism: Lineages, Culture, Race, and Liberation 35

2. From the Plantation to the Prison: The Causes and Conditions of Intergenerational Trauma 68

3. Honoring Ancestors in Black Buddhist Practice: Rituals of Devotion and Resilience 97

4. Turning toward External Conditions: Political and Psychological Freedom in the Black Radical Tradition 136

5. Turning toward Internal Suffering: Dharma for the Practice of Psychological and Spiritual Liberation 168

6. The Body as a Vehicle for Liberation: Gender and Sexuality in Black Buddhist Writings 198

7. Love and Liberation: Collective Care and Refuge in Black Buddhist Communities 230

Conclusion 271

Acknowledgments 275

Notes 279

Index 313

About the Author 315