

In vitro plantlet production of the endangered *Pinguicula vulgaris*

Communication

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Abstract: This study describes the development of a micropropagation protocol for *Pinguicula vulgaris* using cultures initiated from *in vitro* produced seedlings. *P. vulgaris* is a carnivorous plant with a northern, disjunctly circumpolar distribution and specific habitat requirements, and is hence becoming increasingly rare. Shoot proliferation was significantly influenced by Murashige and Skoog (MS) macronutrient concentration, showing higher proliferation rates in ¼MS, but was not affected by the addition of 0.1 mg/L 6-benzyladenine (BA) or zeatin (Zea). The best medium for propagating *P. vulgaris* was plant growth regulator (PGR) free ¼MS. An average of 7.62 new shoots per initial explant could be obtained after 8 weeks of culture, of which over 79% produced roots during proliferation. Moreover, rooting percentages of 100% were obtained for the initial explants in all the tested media, including media without PGRs. The plantlets were successfully acclimatized to *ex vitro* conditions, exhibiting normal development.

Keywords: Conservation • *In vitro* regeneration • Plant growth regulators • Carnivorous plant.

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Abbreviations

BA - 6-benzyladenine;
IBA - indole-3-butylic acid;
MS - Murashige and Skoog medium;
PGR - plant growth regulator;
Zea - zeatin.

1. Introduction

Pinguicula vulgaris L. (Lentibulariaceae), or common butterwort, is a perennial carnivorous plant that thrives in nutrient-poor habitats, such as bogs and swamps, which remain sunny and moist during the growing season [1]. The species occurs in the northern and upland parts of Europe and North America, but despite its widespread distribution, *P. vulgaris* is becoming increasingly rare. Seedling establishment in the wild is precarious due to both the small seed size, which provides negligible reserves, and the scarceness of suitable wet sites

free from competition by other species. Plant growth is also greatly limited by water availability, therefore, suitable habitats for *P. vulgaris* are scattered and most populations are isolated and vulnerable to extinction [2]. These main factors underline the urgent need to ensure the conservation of this species. *P. vulgaris* produces conspicuous, solitary, purple flowers, which, together with its peculiar carnivorous habit, contribute to its commercial value as an ornamental. It has also been shown recently that *in vitro* cultured *Pinguicula* plants produce the characteristic metabolites of the *Pinguicula* genus [3], which might be interesting for evaluation of bioactivity in drug discovery programs. In fact, leaf extracts of butterwort have been used by herbalists for their spasmolytic effects in cases of whooping cough, asthma, tuberculosis and spasms of intestinal pain [4]. Therefore, *in vitro* produced *P. vulgaris* biomass might be used for extraction of phytochemicals as well, reducing pressure on wild stocks.

The aim of this study is to develop an *in vitro* protocol to propagate *P. vulgaris* and to contribute to its

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preservation. The development of a micropropagation protocol for this species is of utmost importance because the establishment of a broader conservation strategy, encompassing seed cryopreservation, depends on the regeneration of plantlets *in vitro*.

2. Experimental Procedures

2.1 Seed germination and establishment of cultures

For culture establishment, seeds of *P. vulgaris* were collected from a population located in a protected area near Cagarouço in Peneda Gerês National Park (Trás-os-Montes e Alto Douro region, Portugal). The obtained seeds were surface sterilized by immersion in a solution of commercial bleach at 15% (v/v) (5% of sodium hypochlorite) with a few drops of Tween-20 for 15 min, and washed 3 times in sterile water. A subset of seeds was previously incubated at 5°C for one or two weeks, to assess the effect of cold stratification on *in vitro* seed germination. The seeds were then aseptically transferred into test tubes containing 10 mL MS (Murashige and Skoog) [5] medium with macronutrients reduced to ¼ (¼MS) without plant growth regulators (PGRs). For all treatments, 4 replicates of 10 seeds were tested. Sucrose (2%, w/v) was used as carbon source and media were solidified with 1% (w/v) agar. After adding all media components, pH was adjusted to 5.75 with NaOH solution and autoclaved at 121°C and 1.1 Kg/cm for 20 min. All cultures were incubated under a 16 h photoperiod provided by cool-white fluorescent lights at a photon flux density of 60 mmol m⁻²s⁻¹ and at 25±2°C.

2.2 Proliferation and rooting

Two months after germination roots were discarded and the entire shoot was sub-cultured onto fresh ¼MS medium in order to obtain sufficient number of shoots for the subsequent assays. After 8 weeks, shoots with identical size were separated and used in the different assays. The effect on shoot proliferation of two MS macronutrient concentrations (MS and ¼MS medium) and of two cytokinins [6-benzyladenine (BA) and zeatin (Zea) at 0.1 mg/L] in ¼MS medium was evaluated. The combination of the cytokinins BA and Zea, at 0.1 mg/L, with the auxin indole-3-butyric acid (IBA), at 0.01 mg/L, in ¼MS basal medium was also assessed. Since after 8 weeks of culture simultaneous proliferation and rooting was observed in all tested media, both proliferation and rooting results were recorded. Ten shoots were inoculated per assay and four replicates were tested for each medium. The proliferation capacity was evaluated by the proliferation frequency, which represents the

ability of each explant to regenerate new shoots, and the proliferation rate, which was assessed as the mean number of shoots produced by each explant at the end of the subculture period. Since the shoots grew like a small horizontal rosette, it was not possible to evaluate shoot length. Rooting capacity was expressed in terms of rooting percentage of initial explants and new shoots, root number and the longest root length per plantlet.

2.3 Plantlet acclimatization

Plantlets with at least 4 roots longer than 10 mm were selected, removed from the culture flasks and the roots cleared of culture media to prevent pathogenic contamination during acclimatization *ex vitro*. The plantlets were placed in 100 mL plastic pots containing a mixture of peat and vermiculite (3:1, v/v) and acclimatized inside transparent polyethylene boxes. The plantlets were maintained in a growth room for 3 weeks under controlled conditions (16 h photoperiod, 60 mmol m⁻²s⁻¹ and 25±2°C), and then gradually exposed to reduced relative humidity by progressively opening the plastic covers over a period of 3 weeks.

2.4 Statistical analysis

The data were subjected to analysis of variance to assess treatment differences using the SPSS statistical package for Windows (release 15.0, SPSS INC.). Significance between means was tested by Duncan's New Multiple Range Test ($P=0.05$).

3. Results and Discussion

3.1 Seed germination

Many carnivorous plant species need a cold treatment to break dormancy [6,7], however the tested cold treatments did not influence the seed germination. The attained germination rates were very low and no large differences were observed between the control (24.24%) and cold treatments (1 week: 25.64%; 2 weeks: 24.14%). These results confirm previous findings by Heslop-Harrison [8], who observed that vernalization does not promote germination. However, the author reported germination rates of 100% for both control and cold stratification treatments. These findings suggest that the low germination percentages were due to low seed viability. Seeds are the preferred starting material for establishing cultures of rare species as this ensures that a wide genetic base is maintained [9]. Moreover, the use of seeds for the establishment of primary cultures can prevent most of the contamination problems that are often associated with explant establishment. In fact, in our experiment

all seeds were free from contaminations after the applied sterilization procedure (Figure 1A).

3.2 Shoot proliferation and rooting

The development of a micropropagation protocol for *P. vulgaris* proved to be a difficult task in comparison to other species of the genus [10]. Due to their delicate nature, cultures were very susceptible to the separation step at the beginning of each assay. Explants dried out or lost viability during the course of the 8 weeks culture period when excision was not performed accurately. In contrast, *P. lusitanica* was efficiently micropropagated by our group in $\frac{1}{2}$ MS medium supplemented with BA at 0.5 mg/L, with high proliferation rates (over 28 shoots per initial explant) and rooting percentages of 100% [10]. A study performed by Clapa *et al.* [11] showed that high multiplication rates and vigorous *P. vulgaris* plantlets could be obtained if longer subcultures periods are used.

Due to the limiting amount of plant material, the number of planned assays was considerably reduced. Initially, the influence of two macronutrient concentrations, MS and $\frac{1}{4}$ MS, was evaluated and it was observed that higher macronutrient concentration

negatively effected most of the growth parameters (Figure 2). The shoot proliferation frequency obtained in MS medium ($63.33\pm 3.33\%$; Figure 2A) was lower than in $\frac{1}{4}$ MS ($90.00\pm 5.77\%$) ($P<0.05$). The same was observed for the rooting percentage of the new formed shoots (Figure 2D: $56.87\pm 3.44\%$ in MS and $79.74\pm 1.35\%$ in $\frac{1}{4}$ MS), the number of roots of the initial explant (Figure 2E: 3.22 ± 0.28 in MS and 5.11 ± 0.24 in $\frac{1}{4}$ MS), and the longest root length (Figure 2F: 8.83 ± 0.77 mm in MS and 13.54 ± 0.82 mm in $\frac{1}{4}$ MS) ($P<0.05$). Despite the differences not being statistically significant, the number of shoots produced per initial explant (Figure 2B) was higher in $\frac{1}{4}$ MS medium (5.06 ± 0.61 in MS and 7.62 ± 0.51 in $\frac{1}{4}$ MS). These results are in agreement with those obtained for other carnivorous plants in which shoot proliferation was promoted in low macronutrient concentration media [10,12,13]. The preference of carnivorous plants for media with a low concentration of macronutrients may be related with the adaptation to their natural habitats, as carnivorous plants usually subsist in nutrient poor soils.

The subsequent assays were thus performed in $\frac{1}{4}$ MS basal media, supplemented with the cytokinins

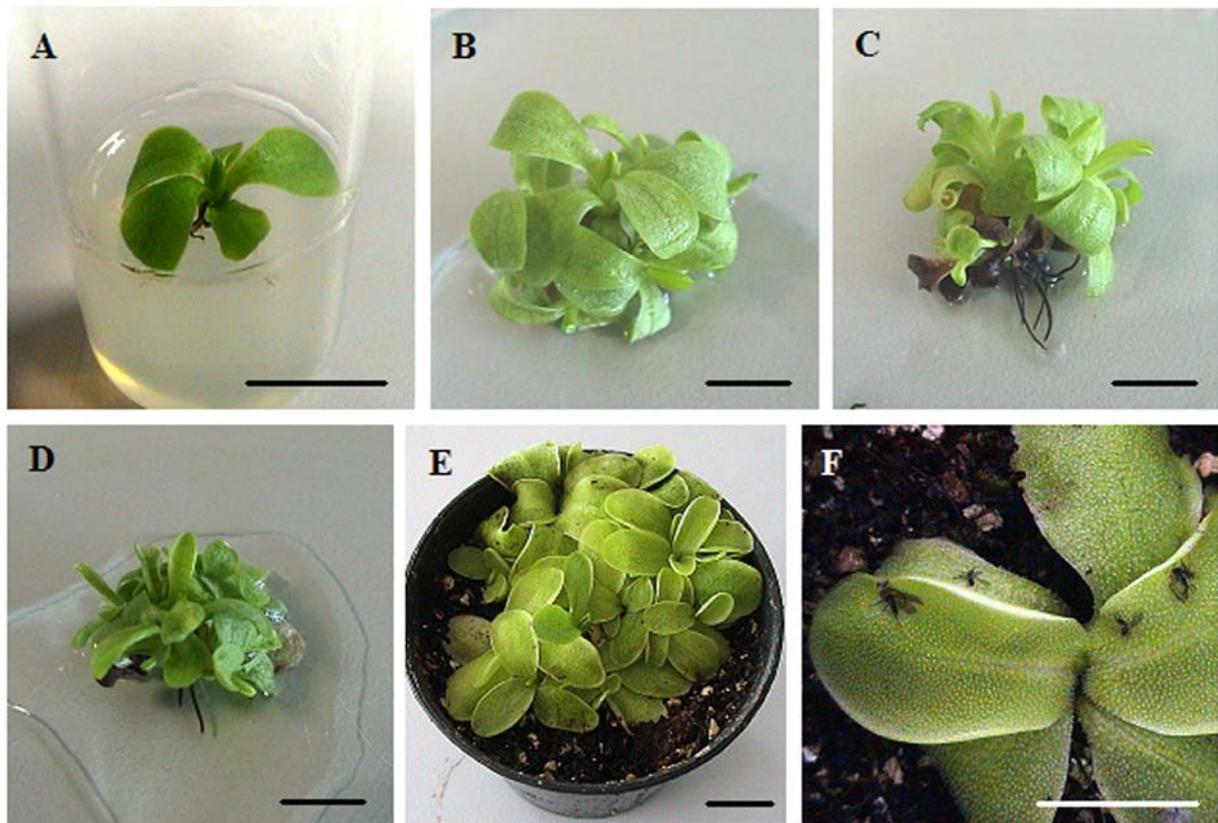


Figure 1. Micropropagation of *P. vulgaris*: seedling explants used in the assays (A); shoots at the end of proliferation phase in $\frac{1}{4}$ MS without PGR (B); supplemented with BA at 0.1 mg/L (C) or with Zea at 0.1 mg/L (D); acclimatized plants with 2 months in *ex vitro* conditions (E); leaf detail of acclimatized plant with captured insects (F). Bars = 1cm.

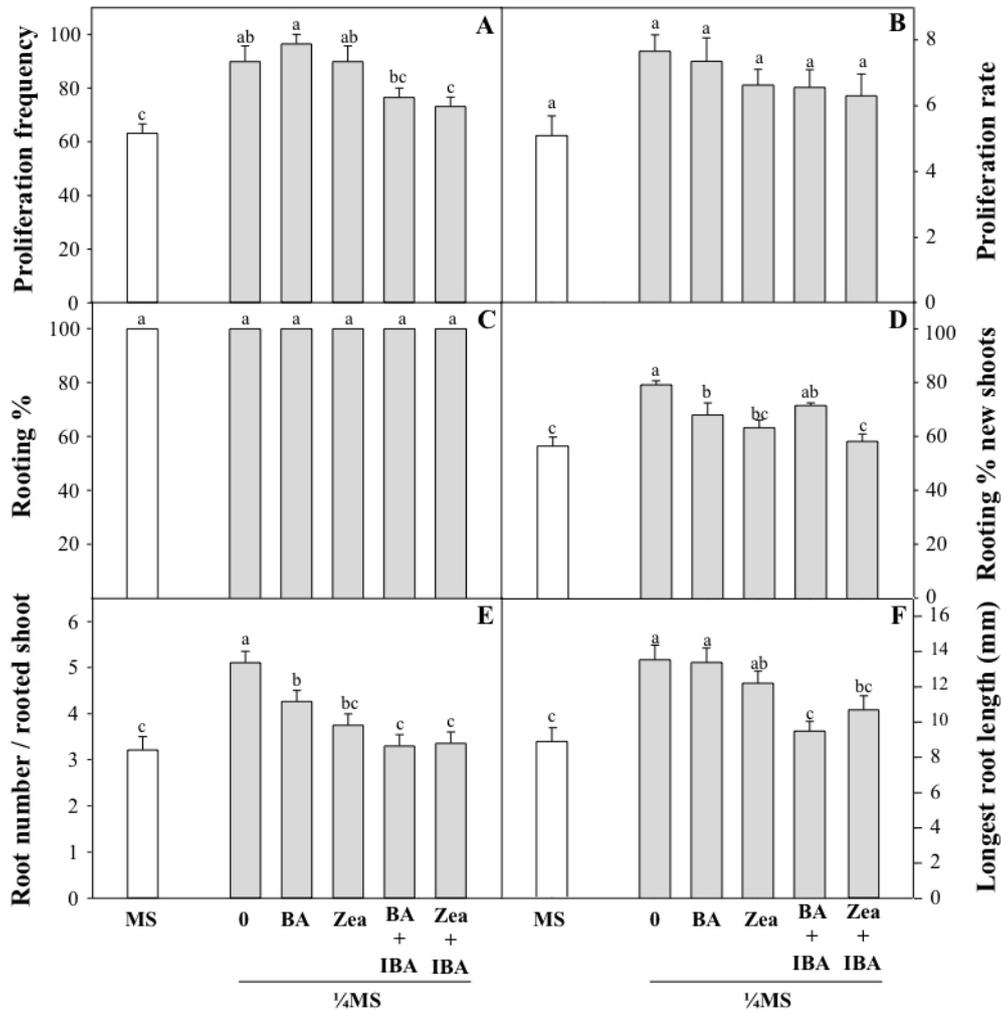


Figure 2. Effect of MS medium concentration, cytokinin type (BA and Zea at 0.1 mg/L) and combination of cytokinin (0.1 mg/L) and auxin (IBA at 0.01 mg/L) on proliferation and rooting of *P. vulgaris* shoots: proliferation frequency (A), proliferation rate (B), rooting percentage of initial explant (C), rooting percentage of newly produced shoots (D), mean number of developed roots per initial explant (E), longest root length of initial shoot (F). Values represent means \pm SE of 4 replications with 10 shoots. In each graph columns with different letters are significantly different at $P < 0.05$ according to Duncan's multiple range test.

BA or Zea at 0.1 mg/L, since preliminary assays pointed out that higher concentrations did not promote proliferation (data not shown). The results show no significant differences between treatments regarding the proliferation frequency (Figure 2A), proliferation rate (Figure 2B) and rooting percentage of the initial explant (Figure 2C) ($P \geq 0.05$). The proliferation frequency was on average above 90%, the number of produced shoots over 6.60, and the rooting percentage of the initial explant was 100% in all the assays. Noteworthy, all shoots grown in the other tested media rooted as well, independently of the macronutrient concentration or

PGR supplementation (Figure 2C). The proliferation rate was not influenced by the macronutrient concentration of the basal media or by the addition of cytokinins (Figure 2B) ($P \geq 0.05$). However, in the specific case of this species, the conclusions drawn from the statistical analysis do not reflect the discrepancies observed from a morphological perspective. In general, the cultures grown in PGR-free medium produced vigorous and healthy looking shoots, while the cultures grown in cytokinin-supplemented media frequently displayed signs of necrosis, underdevelopment and curled leaves with a brittle texture, especially in the case of shoots

grown in Zea containing medium (Figure 1B,C,D). In fact, proliferation and rooting parameters alone do not always reflect the real efficiency of the experimental conditions. As stated before, no statistical differences were observed between shoots cultured in PGR-free and cytokinin-supplemented medium after the first subculture. However, shoots cultured in cytokinin-supplemented medium have little viability and therefore cannot be used for subsequent subculturing. This is an essential issue considering that it is not only important to produce a large amount of new shoots, but also to produce shoots capable of regenerating new vigorous plantlets.

Besides the previously cited works [10,11], the only micropropagation protocol published for *Pinguicula* is the one developed by Adams *et al.* [14] for *P. moranensis* H.B.K. The author used leaf explants as starting material and found that the highest plantlet number and growth rate were obtained using $\frac{1}{5}$ Linsmaier-Skoog medium supplemented with a combination of BA (0.02 mg/L) and 2-naphthaleneacetic acid (0.01-0.10 mg/L). Although several authors have reported a synergistic effect between cytokinins and auxins during shoot proliferation [15,16], in this work culture media combining BA or Zea (0.1 mg/L) with IBA (0.01 mg/L) were not effective in enhancing proliferation ($P \geq 0.05$) (Figure 2), which is in good agreement with the results obtained for *P. lusitanica* [10].

As noted before, the results presented in Figure 2C and D show that *P. vulgaris* shoots have a great predisposition for rooting. In fact, initial explants as well as the new produced shoots rooted spontaneously without the addition of auxins. Independently of the growth media, more than 50% of the new shoots were able to produce roots. Shoots in an early developmental stage did not produce roots, suggesting that root formation is more dependent on shoot developmental stage than on the media composition. The rooting of *P. vulgaris* shoots without addition of auxins was also

reported by Clapa *et al.* [11] and despite being unclear why this species does not require auxins for rooting, the obtained results could be due to high levels of endogenous auxins in shoots, as previously reported in other species [17]. This suggests that the development of a more efficient protocol should be directed to obtain a larger number of shoots, without compromising shoot viability, since the rooting phase does not have to be optimized. Plantlets with well-developed roots were successfully acclimatized and the leaves of the micropropagated plants were functional and able to catch insects (Figure 1E,F).

4. Conclusions

This study reports an efficient protocol to regenerate *P. vulgaris* plantlets *in vitro* using seedlings as explants. The best medium was found to be $\frac{1}{4}$ MS PGR-free medium, as it provided the highest proliferation and rooting response. The described protocol allows *P. vulgaris* to be maintained in an *in vivo* germplasm collection and to regenerate plantlets that can be used to replenish declining natural populations, making a valuable contribution to the conservation of this species. In addition, the described protocol can be integrated in a broad conservation project based on seed cryopreservation, for which an *in vitro* regeneration procedure is fundamental.

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