

# Analysis of mtDNA A3243G mutation frequency in Hungary

## Research Article

Aniko Gal<sup>1</sup>, Katalin Komlosi<sup>2</sup>, Anita Maasz<sup>2</sup>, Klara Pentelenyi<sup>1</sup>, Viktoria Remenyi<sup>1</sup>, Csaba Ovary<sup>3</sup>, Attila Valikovics<sup>4</sup>, Peter Dioszeghy<sup>5</sup>, Daniel Bereczki<sup>1</sup>, Bela Melegh<sup>2</sup>, Maria Judit Molnár<sup>1\*</sup>

<sup>1</sup> Department of Neurology, Centre for Molecular Neurology, Semmelweis University, 1083 Budapest, Hungary

<sup>2</sup> Department of Medical Genetics, University of Pécs, 7624 Pécs Hungary

<sup>3</sup> National Stroke Center, National Institute of Neurosurgery, 1145 Budapest, Hungary

<sup>4</sup> Department of Neurology, Borsod – Abauj – Zemplén County Hospital, 3526 Miskolc, Hungary

<sup>5</sup> Department of Neurology, Jóna András County Hospital, 4400 Nyíregyháza, Hungary

Received 18 June 2009; Accepted 30 October 2009

**Abstract:** The A3243G mutation in the mitochondrial tRNA<sup>Leu(UUR)</sup> gene is one of the most common causes of mitochondrial DNA related disorders. Originally it was described in MELAS syndrome (Mitochondrial Encephalomyopathy, Lactic acidosis, Stroke-like episodes), later it had been found to be associated with various phenotypes. In our study the mutation frequency of the A3243G mtDNA mutation was investigated in patients with maternal sensorineural hearing loss, stroke-like episodes, ataxia and myopathy with undetermined etiology. We screened 631 Hungarian patients in North-East, South-West and Central Hungary between 1999 and 2008 for this mutation. The mtDNA analysis was performed from blood and/or muscle tissue. The A3243G substitution was present in 6 patients in heteroplasmic form. The segregation analysis detected 8 further cases. The frequency of the A3243G mutation was 2.22% in the investigated patients. The A3243G mutation frequency in Hungary does not differ significantly from other countries using similar patient selection criteria, however in Finland a higher mutation rate was found. In studies investigated the mutation frequency of this mutation in diabetes mellitus similarly wide variety was detected as well. We conclude that the study design has a huge impact on the result of the genetic epidemiological investigation analyzing the mutation frequency of the A3243G mutation due to the broad clinical phenotype and the different mutation load in different tissues.

**Keywords:** Mitochondrial encephalomyopathy • Epidemiology • mtDNA • A3243G

© Versita Sp. z o.o.

## 1. Introduction

The A3243G mutation in the mitochondrial tRNA<sup>Leu(UUR)</sup> gene is the most common cause of the MELAS syndrome (mitochondrial encephalomyopathy lactic acidosis, stroke like episodes) [1]. Clinical evaluation of patients with A3243G mutation has shown various phenotypes, such as sensorineural hearing loss, hypertrophic

cardiomyopathy, ataxia, basal ganglia calcifications, ophthalmoplegia, epilepsy, and diabetes mellitus [2]. Apart from the classic MELAS syndrome, some infants with A3243G mutation have been described with failure to thrive, hypotonia, seizures, cardiomyopathy, lactic acidosis and extensive neuroendocrine dysfunction [3]. The prevalence of A3243G mutation has been investigated in different countries with different study design. Eight studies have previously screened patients

\* E-mail: molnarmj@neur.sote.hu

**Figure 1.** The map of the investigated area.

with sensorineural hearing loss, epilepsy, juvenile stroke syndromes, myopathy and ataxia for the A3243G mtDNA substitution and revealed this mutation in 0.07% to 6.5% of their patients [4-11]. The highest frequency has been observed in the Finnish population where the prevalence was calculated to be 16.3:100.000 in the adult population of the investigated area [5]. The aim of our study was to establish the frequency of A3243G mtDNA mutation in Hungarians with symptoms implying mitochondrial diseases.

## 2. Material and Methods

A total of 631 (361 female and 270 male) Hungarian patients were tested in this study from January 1999 till September 2008. The mean age of patients was 36.3 years (female: 38.1 years, male: 34.4 years). All of patients had in a clinical presentation highly suggestive of mitochondrial diseases with stroke, ataxia, maternal sensorineural hearing loss, myopathy, or hypotonia from North-East, South-West and Central Hungary (Counties Szabolcs Szatmár, Borsod- Abaúj-Zemplén, Hajdú-Bihar, Pest, Baranya and the city Budapest) (Figure 1). Informed consent was obtained from all patients involved in our study. The study was approved by the local institutional ethical committee. Molecular genetic analysis was performed for diagnostic purposes in all investigated patients. DNA was extracted from blood (n=615) and/or skeletal muscle tissue (n=53) by ABI Prism 6100 Nucleic acid isolation systems (Applied Biosystems, Foster City, California, USA) according to

the manufacturer's instructions. The A3243G mutation in the tRNA<sup>Leu(UUR)</sup> gene of the mtDNA was screened according to the method described earlier using restriction fragment length polymorphism (RFLP) with *Hae*III restriction endonuclease after PCR amplification [12]. The mutation frequency was calculated on the score of the ratio of patients with A3243G substitution/total investigated patients during the period of analysis.

## 3. Results

The A3243G mutation of the mitochondrial tRNA<sup>Leu(UUR)</sup> gene was found in heteroplasmic form in 6 patients (5 female and 1 male) from the investigated 631 patients. In one patient the mutation was detected only in the muscle tissue. The ratio of heteroplasmy varied between 22 and 80% (Table 1), in the course of familial segregation analysis further 8 cases (7 female and 1 male) were detected. All of the investigated family members had clinical symptoms. The clinical symptoms of the patients and their family history are shown in Table 1. The distribution of the positive cases was 43% in Budapest (6 cases), 35% in Country Hajdú-Bihar (5 cases) and 22% Country Baranya (3 cases). The frequency of A3243G mutation was 2.22% in the investigated patients

**Table 1.** Clinical symptoms and results of familiar segregation of the patients with mtDNA A3243G substitution.

Family	Gender	Beginning of the symptoms	Ratio of heteroplasmy (blood)	Ratio of heteroplasmy (muscle)	Clinical features	Family history	Number of positive family member	Reference
1	Female	17 years	35%	45%	CPEO, diabetes mellitus, hypacusis, myopathy, myalgia, short stature	CPEO, diabetes mellitus, hypoacusis, myalgia, hypotonia	4(3 female, 1 male)	[18]
2	Female	35 years	35%	Not investigated	Stroke, depression, psychosis	Not investigated	Not investigated	
3	Male	13 years	40%	Not investigated	Sensoneural hearing loss, myalgia,	Hypoacusis, myocardial infarction	2(2 female)	[23]
4	Female	2 years	80%	Not investigated	Stroke, lactate acidosis, mental retardation	Hypoacusis	2(2 female)	[24]
5	Female	3 years	Not detected	22%	Diabetes mellitus, hypogonadisms, ataxia, mental retardation	Negative	0	
6	Female	30 years	30%	Not investigated	Sensoneural hearing loss, migraine	Not investigated	Not investigated	

*CPEO...chronic progressive external ophthalmoplegia.*

## 4. Discussion

This is the first genetic epidemiology study of the A3243G mutation of the mtDNA in middle-east Europe in patients with neurological symptoms. The revealed frequency of the A3243G mutation in 631 subjects with different neurological symptoms with an assumed mitochondrial etiology was 2.22% in North-East, South-West and Central Hungary. We found that the A3243G mutation frequency in Hungary does not differ significantly from other countries. Similar frequency was also found in Scandinavian, Portuguese and Japanese patients with diabetes mellitus as well [13-15]. In our study mitochondrial disease was assumed based on previous laboratory data and family anamnesis. Pang et al. confirmed the assumption that the A3243G mutation is one of the most frequent between mtDNA disorders [16]. In their study 32 of 177 patients with mitochondrial disorders harboured this mtDNA substitution, in 18 cases the G11778A mutation characterizing Leber hereditary optic neuropathy, in 17 patients the mtDNA common deletion, in 9 patients the A8344G mutation, and in 1 and 2 patients the T8993C and T8993G

mutations of Leigh syndrome were found respectively. A pilot study in Croatia investigated the association between mtDNA A3243G mutation and type 2 diabetes mellitus in 22 patients [17]. The substitution was present in oral mucosal DNA samples of two patients, while the mutation analysis from their blood derived DNA has not detected this mtDNA substitution.

The mutation frequency varied in different countries, it may be due to the variety of population, further the choice of tissues for analysis may contribute to variable frequencies as different tissues of the same individual may express variable level of mutant mtDNA.

Most of the genetic epidemiological studies are performed from blood DNA. In one of our cases the mutation was detected only in postmitotic muscle tissue and was absent in the blood. This result may raise the possibility, that in some cases the low ratio of heteroplasmy in the blood hamper the detection of the A3243G mutation. In such cases the molecular genetic investigation of the buccal mucosal cells or muscle biopsy material have to be considered. Though buccal mucosal cells are not postmitotic cells, their turnover is lower than that of the cellular elements of peripheral blood, which inhibit the wash-out of mutation.

**Table 2.** The mtDNA A3243G mutation frequencies among the patients with diabetes mellitus in different countries (\* Pilot study with oral mucosal DNA samples).

Mutation frequency	Number of investigated patients	Number of patients with A3243G mutation	Selection criteria	Country	Reference
9.09 *	22	2	DM2	Croatia	[17]
3.33	90	3	DM	China	[25]
3.01	133	4	DM2	China	[26]
2.92	240	7	DM, gestational diabetes	Japan	[13]
2.61	115	3	Early onset DM	Sweden and Finland	[14]
2.03	148	3	DM1, DM2	Portugal	[15]
0.72	138	1	DM1	Catalonia, Spain	[27]
0.47	428	2	DM2	China	[28]
0.41	244	1	DM2	China	[29]
0.41	733	3	DM1, DM2, MIDD, hearing loss	Portugal	[7]
0.07	1460	1	DM, hearing loss	Germany	[4]
0.00	129	0	DM2	Poland	[30]
0.00	184	0	DM2	China	[31]

*DM – diabetes mellitus, CPEO – chronic progressive external ophthalmoplegia*

**Table 3.** The mtDNA A3243G mutation frequencies among the patients with mitochondrial diseases in different countries (\* Patients were selected on the basis of results of muscle biopsy; \*\* Patients were selected on the basis of the result of Mitochip microarray).

Mutation frequency	Number of investigated patients	Number of patients with A3243G mutation	Selection criteria	Country	Reference
44.33 *	97	43	Mitochondrial encephalomyopathy	China	[20]
22.35 *	85	19	Mitochondrial encephalomyopathy, psychomotor regression, cardiomyopathy, recurrent stroke-like episodes, sensorineural hearing loss, DM, renal diseases	Korea	[22]
18	177	32	Mitochondrial encephalomyopathy	Taiwan	[16]
12.50 *	8	1	Mitochondrial encephalomyopathy, CPEO	Cuba	[21]
6.5	615	40	DM, sensorineural hearing loss, epilepsy, occipital stroke, CPEO, Intracranial calcification, white matter disease, ataxia, hypertrophic cardiomyopathy	Finland	[5]
6.17	1184	73	KSS, CPEO	Australia	[34]
3.45 **	29	1	Sensorineural hearing loss	France	[8]
1.74	230	4	Sensorineural hearing loss	Japan	[10]
1.2	166	2	Mitochondrial encephalomyopathy	French	[9]
0.81	124	1	Leigh- disease, Leigh-like syndrome	China	[35]
0.00	128	0	Mitochondrial disease - MIDD, MELAS, MERRF, PEO, hypertrophic cardiomyopathy, Leigh-syndrome	Tunisia	[19]
0.00	52	0	Idiopathic cardiomyopathy	UK	[32]
0.00	265	0	Adult-onset ataxia, SCA	Taiwan	[11]

*DM – diabetes mellitus, CPEO – chronic progressive external ophthalmoplegia, KSS - Kearns-Sayre syndrome, MELAS - Mitochondrial Encephalomyopathy, Lactic Acidosis, And Stroke-Like Episodes, MERRF - Myoclonus Epilepsy Associated With Ragged-Red Fibers, MIDD - Maternally Inherited Diabetes And Deafness, SCA - Spinocerebellar Ataxia*

The mtDNA A3243G mutation mainly associates with juvenile stroke syndrome, while other symptoms indicating mitochondrial disease like ataxia, hypoacusis, short-stature, endocrine dysfunctions and diabetes mellitus with maternal inheritance are not strictly associated with these mutation [18]. Majamaa et. al investigated the A3243G mtDNA alteration in patients with stroke in the occipital lobe [6]. Two of the 38 investigated patients (5.26%) harboured the A3243G mtDNA substitution [6]. The mutation frequency of the A3243G mutation varies greatly depending on patient selection criteria (Table 2 and Table 3). In many studies the investigation focused on patients with DM (Table 2). The mutation frequency varied in the different countries.

Six studies screened patients with a large variety of mitochondrial phenotype for the A3243G mtDNA substitution and identified this mutation in 0% to 44.33% in the investigated cohorts [5,9,19-22]. From these, a higher number of A3242G mutations were detected in the three studies where patients were selected on the basis of pathological muscle biopsy e.g. which showed mitochondrial alterations. In these studies the frequency

was between 12.5% and 44.33% (Table 3) [20-22]. By using similar selection criteria, a study in Finland found a much higher mutation frequency, while in France and Taiwan the frequencies were similar to those found in Hungary.

We conclude: that due to the broad clinical phenotype associated with the A3243G mutation, and the different mutation load in different tissues the study design has a huge impact on the result of the genetic epidemiological investigations concerning A3243G mutation frequency. The mutation frequency of the A3243G mutation in Hungary does not differ significantly from other countries.

## Acknowledgments

The study was supported by a grant from National Health Grant (ETT 179/2003). The authors would like to thank for all patients participating in the study and for Gyorgyi Bathori, Monika Sary, Metta Stralendorff for their technical help.

## References

- [1] Goto Y.I., Nonaka I., Horai S., A mutation in the tRNA<sup>Leu</sup> (UUR) gene associated with the MELAS subgroup of mitochondrial encephalomyopathies, *Nature*, 1990, 348, 651-653
- [2] Finsterer J., Genetic, pathogenetic, and phenotypic implications of the mitochondrial A3243G tRNA<sup>Leu</sup>(UUR) mutation, *Acta Neurol Scand.*, 2007, 116, 1-14
- [3] Moraes C.T., Ciacci F., Silvestri G., Shanske S., Sciacco M., Hirano M. et al., Atypical clinical presentations associated with the MELAS mutation at position 3243 of human mitochondrial DNA, *Neuromuscul. Disord.*, 1993, 3, 43-50
- [4] Klemm T., Neumann S., Trülsch B., Pistrosch F., Hanefeld M., Paschke R., Search for mitochondrial DNA mutation at position 3243 in German patients with a positive family history of maternal diabetes mellitus, *Exp. Clin. Endocrinol. Diabetes.*, 2001, 109, 283-287
- [5] Majamaa K., Moilanen J.S., Uimonen S., Remes A.M., Salmela P.I., Kärppä M. et al., Epidemiology of A3243G, the mutation for mitochondrial encephalomyopathy, lactic acidosis, and stroke-like episodes: prevalence of the mutation in an adult population, *Am. J. Hum. Genet.*, 1998, 63, 447-454
- [6] Majamaa K., Turkka J., Kärppä M., Winqvist S., Hassinen I.E., The common MELAS mutation A3243G in mitochondrial DNA among young patients with an occipital brain infarct, *Neurology*, 1997, 49, 1331-1334
- [7] Salles J.E., Kasamatsu T.S., Dib S.A., Moisés R.S., Beta-cell function in individuals carrying the mitochondrial tRNA leu (UUR) mutation, *Pancreas.*, 2007, 34, 133-137
- [8] Lévêque M., Marlin S., Jonard L., Procaccio V., Reynier P., Amati-Bonneau P. et al., Whole mitochondrial genome screening in maternally inherited non-syndromic hearing impairment using a microarray resequencing mitochondrial DNA chip, *Eur. J. Hum. Genet.*, 2007, 15, 1145-55
- [9] Sternberg D., Chatzoglou E., Laforêt P., Fayet G., Jardel C., Blondy P. et al, Mitochondrial DNA transfer RNA gene sequence variations in patients with mitochondrial disorders, *Brain*, 2001, 124, 984-994
- [10] Nagata H., Kumahara K., Tomemori T., Arimoto Y., Isoyama K., Yoshida K. et al., Frequency and clinical features of patients with sensorineural hearing loss associated with the A3243G mutation of the mitochondrial DNA in otorhinolaryngic clinics, *J. Hum. Genet.*, 2001, 46, 595-599
- [11] Lee Y.C., Lu Y.C., Chang M.H., Soong B.W., Common mitochondrial DNA and POLG1 mutations are rare in the Chinese patients with adult-onset ataxia on Taiwan, *J. Neurol. Sci.*, 2007, 254, 65-68

- [12] Taylor R.W., Taylor G.A., Morris C.M., Edwardson J.M., Turnbull D.M., Diagnosis of mitochondrial disease: assessment of mitochondrial DNA heteroplasmy in blood, *Biochem. Biophys. Res. Commun.*, 1998, 251, 883-887
- [13] Ohkubo K., Yamano A., Nagashima M., Mori Y., Anzai K., Akehi Y. et al, Mitochondrial gene mutations in the tRNA(Leu(UUR)) region and diabetes: prevalence and clinical phenotypes in Japan, *Clin. Chem.*, 47, 1641-1648
- [14] Lehto M., Wipemo C., Ivarsson S.A., Lindgren C., Lipsanen-Nyman M., Weng J. et al., High frequency of mutations in MODY and mitochondrial genes in Scandinavian patients with familial early-onset diabetes, *Diabetologia*, 1999, 42, 1131-1137
- [15] Salles J.E., Kalinin L.B., Ferreira S.R., Kasamatsu T., Moisés R.S., Diabetes mellitus associated with the mitochondrial mutation A3243G: frequency and clinical presentation, *Arq. Bras. Endocrinol. Metabol.*, 2007, 51, 559-565, 2007
- [16] Pang C.Y., Huang C.C., Yen M.Y., Wang E.K., Kao K.P., Chen S.S. et al, Molecular epidemiologic study of mitochondrial DNA mutations in patients with mitochondrial diseases in Taiwan, *J. Formos. Med. Assoc.*, 1999, 98, 326-334
- [17] Martin-Kleiner I., Pape-Medvidovic E., Pavlic-Renar I., Metelko Z., Kusec R., Gabrilovac J. et al, Pilot study of mitochondrial DNA point mutation A3243G in a sample of Croatian patients having type 2 diabetes mellitus associated with maternal inheritance, *Acta Diabetol.*, 2004, 41, 179-184
- [18] Gal A., Szabó A., Pentelényi K., Szabo A., Pal Z., Maternally inherited diabetes mellitus, deafness, chronic progressive external ophthalmoplegia and myopathy as the result of A3243G mutation of mtDNA, 2008, *Orvosi Hetilap*, 149, 1593-1598
- [19] Mkaouar-Rebai E., Tlili A., Masmoudi S., Belguith N., Charfeddine I., Mnif M. et al, Mutational analysis of the mitochondrial tRNA(Leu(UUR)) gene in Tunisian patients with mitochondrial diseases, *Biochem. Biophys. Res. Commun.*, 2007, 355, 1031-1037
- [20] Wang Z.X., Luan X.H., Zhang Y., Yang Y.L., Qi Y., Bu D.F. et al., Mitochondrial DNA mutation analysis in 97 Chinese patients with mitochondrial cephalomyopathy, *Zhonghua Yi Xue Za Zhi.*, 2008, 88, 3254-3256
- [21] Rodríguez-Hernández M., Hirano M., Arrieta T., Lestayo Z., Estrada R., Santiesteban R. et al., Molecular studies in Cuban patients with progressive external ophthalmoplegia, *Rev. Neurol.*, 2000, 30, 1001-1005
- [22] Chae J.H., Hwang H., Lim B.C., Cheong H.I., Hwang Y.S., Kim K.J., Clinical features of A3243G mitochondrial tRNA mutation, *Brain Dev.*, 2004, 26, 459-462
- [23] Komlosi K., Kellermayer R., Maasz A., Havasi V., Hollody K., Vincze O. et al, Maternally inherited deafness and unusual phenotypic manifestations associated with A3243G mitochondrial DNA mutation, *Pathol. Oncol. Res.*, 2005, 11, 82-86
- [24] Komlosi K., Bene J., Havasi V., Tihanyi M., Herczegfalvi A., Moser J. et al., Phenotypic variants of A3243G mitochondrial DNA mutation in a Hungarian family. *Orv Hetil.*, 2004, 145, 1805-1809
- [25] Wang C.L., Li F., Hou Q.Z., Li H.Z., Zhang Y., Ning G., Analysis of mitochondrial DNA gene tRNA(Leu(UUR)) A3243G mutation in diabetic pedigrees, *Zhonghua Yi Xue Yi Chuan Xue Za Zhi.*, 2009, 26, 74-77
- [26] Ng M.C., Yeung V.T., Chow C.C., Li J.K., Smith P.R., Mijovic C.H. et al, Mitochondrial DNA A3243G mutation in patients with early- or late-onset type 2 diabetes mellitus in Hong Kong Chinese, *Clin. Endocrinol. (Oxf.)*, 2000, 52, 557-564
- [27] Francisco G., Hernández C., Martínez R., García-Arumí E., Andreu A., Simó R., Prevalence of mitochondrial A3243G mutation in adult type 1 diabetic patients in Catalonia, *Diabetes Metab.*, 2005, 31, 621-622
- [28] Zhang X.Y., Zhang S.L., Ke B.S., Jiang Z.S., Sun R., Study on mitochondrial DNA gene tRNA(Leu(UUR)) A3243G mutation in type 2 diabetes mellitus, *Zhonghua Yi Xue Yi Chuan Xue Za Zhi.*, 2004, 21, 168-170
- [29] Zhao J., Ji J.Z., Wang D.W., Zhang J., Wu H.J., Lu J.X., Detecting of mtDNA mutations at position A3243G and G3316A in patients with type 2 diabetes mellitus in Wenzhou, *Yi Chuan*, 2006, 28, 1206-1212
- [30] Małeckı M., Klupa T., Wanic K., Frey J., Cyganek K., Sieradzki J., Search for mitochondrial A3243G tRNA(Leu) mutation in Polish patients with type 2 diabetes mellitus, *Med Sci Monit.*, 2001, 7, 246-250
- [31] Tang D.L., Zhou X., Li X., Zhao L., Liu F., Variation of mitochondrial gene and the association with type 2 diabetes mellitus in a Chinese population, *Diabetes Res. Clin. Pract.*, 2006, 73, 77-82
- [32] Turner L.F., Kaddoura S., Harrington D., Cooper J.M., Poole-Wilson P.A., Schapira A.H., Mitochondrial DNA in idiopathic cardiomyopathy, *Eur. Heart J.*, 1998, 19, 1725-1729
- [33] Abad M.M., Cotter P.D., Fodor F.H., Larson S., Ginsberg-Fellner F., Desnick R.J. et al., Screening for the mitochondrial DNA A3243G mutation in

- children with insulin-dependent diabetes mellitus, *Metabolism.*, 1997, 46, 445-449
- [34] Marotta R., Chin J., Quigley A., Katsabanis S., Kapsa R., Byrne E. et al., Diagnostic screening of mitochondrial DNA mutations in Australian adults 1990-2001, *Intern. Med. J.*, 2004, 34, 10-19
- [35] Zhang Y., Yang Y.L., Sun F., Cai X., Qian N., Yuan Y. et al., Clinical and molecular survey in 124 Chinese patients with Leigh or Leigh-like syndrome, *J. Inherit. Metab. Dis.*, 2007, 30, 265