CREATING HEALTHY ORGANIZATIONS

GRAHAM LOWE

Creating Healthy Organizations

Taking Action to Improve
Employee Well-Being

Revised and Expanded Edition

UNIVERSITY OF TORONTO PRESS
Toronto Buffalo London

© Graham Lowe 2020
Rotman-UTP Publishing
University of Toronto Press
Toronto Buffalo London
utorontopress.com
Printed in the U.S.A.

ISBN 978-1-4875-0515-8 (cloth)
ISBN 978-1-4875-3165-2 (EPUB)
ISBN 978-1-4875-3164-5 (PDF)

Library and Archives Canada Cataloguing in Publication

Title: Creating healthy organizations : taking action to improve employee well-being / Graham Lowe.

Names: Lowe, Graham S., author.

Description: Revised and expanded edition. | Includes bibliographical references and index.

Identifiers: Canadiana (print) 20200152378 | Canadiana (ebook) 20200152408
| ISBN 9781487505158 (cloth) | ISBN 9781487531645 (PDF) | ISBN 9781487531652 (EPUB)

Subjects: LCSH: Employee motivation. | LCSH: Job satisfaction. | LCSH: Employee health promotion. | LCSH: Quality of work life. | LCSH: Leadership. | LCSH: Corporate culture. | LCSH: Organizational change.

Classification: LCC HF5549.5.M63 L68 2020 | DDC 658.3/14 – dc23

University of Toronto Press acknowledges the financial assistance to its publishing program of the Canada Council for the Arts and the Ontario Arts Council, an agency of the Government of Ontario.

**Canada Council
for the Arts**

**Conseil des Arts
du Canada**

**ONTARIO ARTS COUNCIL
CONSEIL DES ARTS DE L'ONTARIO**
an Ontario government agency
un organisme du gouvernement de l'Ontario

Funded by the
Government
of Canada

Financé par le
gouvernement
du Canada

Canada

To Ella, Keith, and Penny