Alison Allam is an advisory member of the Chronic Illness Inclusion Project. Her research interests include the lived experiences of energy impairment with the aim of improving current policy and practice. She has lived with chronic illness since her teenage years.

Lucy Allwright is an experienced researcher, project manager, and trainer with specialisms in multiple disadvantage, trauma-informed practice, and expert-by-experience participation. She is committed to creating space and platforms for women to have a voice in creating change. She holds a PhD from the University of Warwick and is one of the co-founders of activist group Sisters Uncut.

Ruth Atkinson is a researcher specialising in gender-based violence and multiple disadvantage. Ruth is passionate about co-production and has been involved in key co-production activities at AVA (Against Violence and Abuse). Ruth is currently Co-chair of Imkaan.

Peter Beresford, OBE is Visiting Professor at the University of East Anglia, Co-Chair of Shaping our Lives, and Emeritus Professor at Brunel University London and Essex University. He has a longstanding interest in user and public participation as activist, service user, researcher, educator, and through involvement in policy development.

Amal Beyrouty is a project manager and advice/advocacy coordinator at Women Connect First. Projects include The Golden Years project, Let’s Age Well, Together We Can, a mental health project in response to COVID-19, and World
Community Café on Wheels (delivering free meals for vulnerable people impacted by COVID-19).

**Usha Boolaky** is Assistant Director of Research at the Health Foundation. She leads the Foundation’s externally commissioned research programmes and is responsible for building more inclusive research practice into its commissioning approaches. She is also a board member of the Health Service Research UK Network.

**Sonia Braham** is a professional peer researcher and support worker with a specialism in homelessness, substance misuse, and domestic abuse. Sonia was previously a director/office manager at Lewisham Service Users Consultancy and is currently studying for a degree in business management and leadership.

**Sally Brearley** is Patient and Public Involvement Fellow in the Faculty of Health, Social Care and Education at Kingston University, and Visiting Senior Research Fellow, Division of Care for Long Term Conditions, King’s College London.

**Iain Cameron** is Manager of Harm Reduction services in Belfast with Extern. He has been a leading advocate and has been instrumental in helping develop Low Threshold services in Northern Ireland.

**Anne Campbell** is Co-Director of the Drug and Alcohol Network at Queen’s University Belfast and a senior lecturer in social work. She is also a member of the UK Advisory Council on the Misuse of Drugs and co-chair of the Advisory Council on the Misuse of Drug Recovery Committee.

**Ellen Clifford** is a disabled activist and author of *The War on Disabled People: Capitalism, Welfare and the Making of a Human Catastrophe*.

**Natalie Creary** is Director of Black Thrive Lambeth and Public Health lecturer at Middlesex University. Black Thrive focuses on addressing inequalities across the social
determinants of health and co-creating better futures with Black communities. Her research explores how privilege and systems of oppression shape health and wellbeing outcomes.

**Amit Desai** is Research Fellow at the Florence Nightingale Faculty of Nursing, Midwifery and Palliative Care, King’s College London. He is a social anthropologist interested in the use of patient experience and public voice in health care planning and provision.

**Mashmooma Din** is a project worker for South Riverside Community Development Centre. She was the learning lead locally for the Welsh Government’s Communities First programme and has worked on various community educational projects over the last two decades. She also contributed to the design of the English for Speakers of Other Languages policy in Wales.

**Harvinder Kaur Dulku** is a registered nurse and works as a Living Kidney Donor Transplant Coordinator in the National Health Service. She has been an active part of Central Gurdwara Khalsa Jatha, the oldest established Sikh place of worship in Europe, since 1991.

**Mark Dunk** is a disabled trade union activist and has written for the peer reviewed *International Socialism Journal*.

**Jacqui Dyer, MBE** is founder and Chair of Black Thrive Lambeth and Director of Black Thrive Global. She is Mental Health Equalities Advisor to NHS England, President of the Mental Health Foundation and councillor. She is passionate about addressing inequalities and advocating for Black communities to be at the forefront of change.

**Eva Elliott** is Honorary Research Fellow at the Wales Institute of Social and Economic Research and Data (WISERD) at Cardiff University, School of Social Sciences. She is also a co-director of Straeon (which means ‘stories’ in Welsh) a research company in south Wales.
Michelle Farr has expertise in participatory and co-produced research and is a research fellow who works at the NIHR ARC West at University Hospitals Bristol and Weston NHS Foundation Trust, and within Population Health Sciences, Bristol Medical School, University of Bristol.

Kathy Faulkner is a specialised social worker in Extern’s Low Threshold Service, Northern Ireland. Kathy focuses on harm reduction with street injectors who are often homeless or at risk of homelessness in Belfast.

Savitri Hensman has long worked in involvement and is also a writer. Born in Sri Lanka and active in anti-racist, LGBT+, and disabled people’s movements, she is Patient and Public Involvement Coordinator at ARC South London, and a member of Service User Research Enterprise (SURE), King’s College London.

Allan Herbert is a community development ‘lifer’ and restless soul. Formerly at South Riverside Community Development Centre, he is currently involved with Disability Can Do in Caerphilly and River Music & Arts in Cardiff.

Gary Hickey is Senior Research Fellow in the Research Design Service South East at the University of Brighton and Senior Public Involvement Manager at the Wessex Institute at the University of Southampton. He led on the development of the National Institute for Health Research’s ‘Guidance on co-producing a research project’.

Yasmin Ibison is the Employment Project Support Officer at Black Thrive Lambeth. The project aims to improve employment outcomes for Black people with long-term health conditions through systems change. She is also the Director of the social enterprise Critics’ Club, which supports young people to access cultural spaces and the arts.

Naima Iqbal is a professional lived experience researcher who has worked for a number of organisations including AVA, Mcpin, AGENDA, and Manchester Metropolitan
University. Her research specialisms include multiple disadvantage, trauma, and peer support. She is also a qualified gardener and experienced crafter, using these skills to support her community.

Meerat Kaur is part of the Centre for Engagement and Dissemination at the NIHR, and an advisor on collaborative approaches to tackle inequalities for diverse statutory, and community and voluntary organisations. She specialises in collaborative approaches to evaluation that centre on marginalised and racialised communities.

Sarabjit Kaur works in the transport services in London. She has been part of Central Gurdwara Khalsa Jatha since 2014 and has actively volunteered in her local community for over 15 years.

Lela Kogbara was a senior leader in the public sector for 25 years. She is currently Director of Black Thrive Global, which exists to change the odds stacked against Black people by embedding race equity into systemic change so that thriving is not the exception but the norm.

Graham Martin is Director of Research at The Healthcare Improvement Studies Institute (THIS Institute), University of Cambridge. THIS Institute is supported by the Health Foundation, an independent charity committed to bringing about better health and healthcare for people in the UK.

Tess Mc Manus is a parent and carer with 25 years’ experience working in user led disabled peoples’ organisations supporting local, regional, and national bodies to understand and implement a social model of disability response to the removal of the barriers that disabled people face accessing services and tackling inequalities.

Sophie Metolli is an artist in her late 20s; her work can be viewed on Instagram @sophiefois. She first developed anorexia almost a decade ago while studying at university. During the pandemic, Sophie has been receiving private treatment for
her eating disorder and is supported by her support network in her ongoing recovery.

**Cristian R. Montenegro** is Assistant Professor at the School of Nursing, Pontificia Universidad Católica de Chile, Researcher at the Millennium Institute for Research on Depression and Personality (MIDAP) and advisor to the Chilean Ministry of Health. He co-founded the Platform for Social Research on Mental Health in Latin America (PLASMA).

**Lauren O’Connell** is a sociologist working in the civil service who has previously lived with eating disorders. She was awarded a PhD from the University of Essex in 2020 for her doctoral research, which drew on her own and others’ experiences of being diagnosed with anorexia nervosa.

**Josephine Ocloo** is a Senior Researcher based at the Centre for Implementation Science, King’s College London, and Equality, Diversity, Inclusion lead for the NIHR Applied Research Collaboration, South London. She is a social scientist, qualitative researcher, and activist-scholar, interested in patient safety and participatory methods in collaborating with diverse communities.

**Celestin Okoroji** is a postdoctoral fellow at the London School of Economics exploring how stigmatisation impedes relations between individuals and groups, particularly in unemployment. Celestin manages an action-research employment project at Black Thrive.

**Harry Pitham** is a 17-year-old student studying media production. He loves rugby, cycling, and playing the drums. In 2020, he spent five months receiving treatment for anorexia as an inpatient at an NHS eating disorder service.

**Fiona Quigley** is a PhD student, based at Ulster University, Northern Ireland. Fiona has a background in technology-based training for healthcare professionals and she has lived experienced of an eating disorder and higher weight. Her doctoral research focuses on weight-related communication
using virtual reality to help healthcare professionals better understand weight stigma and weight science.

**Chris Rintoul** is the Drugs and Alcohol Consultant at Extern, a third sector organisation in Ireland. He specialises in harm reduction, and in particular overdose prevention, among people who inject drugs.

**Glenn Robert** is Professor of Health Care Quality & Innovation at King’s College London. His research draws on the fields of organisational studies and organisational sociology, and incorporates the study of innovations in the organisation and delivery of health care services as well as quality improvement interventions.

**Cordelia Ruck** is Policy and Projects Officer at AVA (Against Violence and Abuse). Cordy holds an MA in migration and diaspora studies and BA in social anthropology. She has experience working and researching in humanitarian and homelessness settings and is particularly interested in embedding survivor-led approaches in support and research endeavours.

**The Secret Welfare Rights Worker** has worked supporting people with their welfare benefits issues for many years, first as a qualified and registered professional social worker and now as a welfare rights worker. They remain anonymous to protect the people they work with.

**Sophie Staniszewska** leads the Patient and Public Involvement (PPI) and Patient Experiences Programme at Warwick Research in Nursing, Warwick Medical School, University of Warwick. Sophie is Co-Editor in Chief of the Springer Nature journal *Research Involvement and Engagement*.

**Felipe Szabzon** is Researcher at the Brazilian Centre for Analysis and Planning (CEBRAP) and at the Centre for Psychiatric Epidemiology at the University of São Paulo Medical School (IPq – FMUSP). He co-founded the Platform for Social Research on Mental Health in Latin America (PLASMA).
Doreen Tembo is Senior Research Manager at the UK NIHR Evaluation Trials and Studies Coordinating Centre at the Wessex Institute at the University of Southampton. Her research focuses on patient and public involvement, co-production, research management, health policy, and health systems research.

Bob Singh Virdee is an optometrist, husband, father, and wanderluster. He has been involved in Sikh activism since the mid-1990s and has been an active supporter and volunteer for Khalsa Aid, an international non-governmental organisation, since 2010.

Helen West is a registered dietitian specialising in eating disorders and weight inclusive approaches to health. She currently works at the Brighton and Hove Clinic, a specialist inpatient centre for young people with anorexia.

Oli Williams is a postdoctoral research fellow based at King’s College London and funded by the Health Foundation’s grant to the University of Cambridge for THIS Institute. His research focuses on ‘obesity’, weight stigma, co-production, health inequalities, and the promotion of health equity.

Giulia Zoccatelli is a research fellow at the Florence Nightingale Faculty of Nursing, Midwifery and Palliative Care, King’s College London. A social and medical anthropologist by background, her research focuses on medical activism and patient involvement in China and the UK.