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Editor's message

ROBERT P. MOZERSKY, DO, FACE, Supplement Editor

As we celebrate the dawning of a new millennium, many medical advances are happening in various fields of medicine. Diabetes is one area where many advances are being made to improve not only the length but also the quality of a patient's life.

Just as one does not reach a millennium overnight, making changes in a diabetic patient's care and compliance does not happen instantaneously. The article titled "Procedures and lifestyle changes that can enhance the lives of diabetic patients" provides several examples of things that primary care physicians can institute in the lives of diabetic patients to improve their quality. The article "Complications of type 2 diabetes mellitus: a brief overview" offers several directions that physicians' care can take so that major complications and morbidity of diabetes can be prevented.

The last two articles deal with the pharmacologic management of diabetes. One reviews conventional agents used in the treatment of diabetes. The second article discusses the use of the most commonly used herbal agents and nutrient supplements for the treatment of diabetes and its complications.

At this time, I would like to take the opportunity to thank all those who helped me in the preparation of this supplement:

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Finally, it is with warm wishes that I hope this issue enhances your care of diabetic patients into the next millennium.