Contributors

Kerry Beckley is a Consultant Forensic Clinical Psychologist in Lincolnshire, UK, working with community forensic services and the National Probation Service. She is a trainer and supervisor in Schema Therapy, and is the current chair of the Group Schema Therapy Committee (International Society of Schema Therapy). She graduated from Southampton University in 2002, after completing her doctoral thesis evaluating the use of the Young Schema Questionnaire (YSQ) with Adolescents. Her interests are in the application of Schema Therapy to forensic populations and individuals with personality difficulties, and she has published and presented widely in this area.

Louise Braham is a Consultant Clinical Forensic Psychologist working in Forensic Services in Nottinghamshire. She also holds the position of Senior Clinical Tutor on the Trent Doctorate in Clinical Psychology. Louise has a keen interest in the application of psychology to broader mental health services and, although trained in a number of applications (such as schema therapy, EMDR, CBT), works in an integrative way. She has an interest in neuropsychology, and holds an MSc in Clinical Neuropsychology. Louise has published (in books and peer reviewed journals) on a range of topics in the clinical and forensic fields.

Roger Bretherton is a Clinical Psychologist and Senior Lecturer in the School of Psychology at the University of Lincoln, UK. He received his doctorate in Clinical Psychology in 1999 and worked in adult mental health services in the NHS for over a decade. His qualifications cover a wide range of therapeutic approaches, including: Existential Psychotherapy; Dialectical Behaviour Therapy; Sensorimotor Psychotherapy; and Positive Psychology. His recent research focuses on character strengths such as gratitude, compassion, courage, and humility, and their relationship to psychological wellbeing.

Angela Cooper is a Chartered Clinical Psychologist working in adult secondary mental health services in South West Yorkshire, UK. She is about to embark on a 2-year work placement for the Centre of Emotions and Health in Halifax, Nova Scotia, Canada, where she will work using Intensive Short-term Dynamic Psychotherapy (ISTDP) with people experiencing medically unexplained symptoms and chronic pain. She graduated from the Trent Doctorate in Clinical Psychology, UK, in 2011 after completing her doctoral thesis investigating whether self-compassion can moderate risk factors such as shame and self-criticism in a trauma population. She has an interest in the process and mechanisms of change within psychotherapy, particularly how to maximise therapeutic effectiveness, and has published in this area.
Vanessa Dale-Hewitt is a Clinical Psychologist working in perinatal psychiatry in Nottinghamshire, UK. She also holds the position of Academic Tutor on the Trent Doctorate in Clinical Psychology. She graduated from Sheffield University, in 2007, after completing her doctoral thesis investigating attentional patterns in women who developed post-traumatic stress following childbirth. She has a longstanding interest in cognitive, attachment, and Compassion Focused Therapy and treatment, and has published in this area.

Danielle De Boos is a Clinical Psychologist working in Mental Health Services for Older People in Nottinghamshire, UK. She also holds the position of Clinical Tutor and Lecturer in Clinical Psychology on the Trent Doctoral Training Programme at the University of Nottingham, UK. Her doctoral thesis applied Interpretative Phenomenological Analysis to explore diagnostic processes in UK minority ethnic groups.

Nima G Moghaddam is a Chartered Clinical Psychologist and HCPC-registered Practitioner Psychologist. He works on the Trent Doctoral Programme in Clinical Psychology at the University of Lincoln, UK. He has an enduring interest in the pragmatic application of contextual psychological theories to describe, predict, and influence everyday behaviour.

Aidan J P Hart is a registered Clinical and Forensic Psychologist, and a Senior Lecturer in psychology at the University of Lincoln, UK. Aidan qualified as a Clinical Psychologist in 2006, after completing his doctorate and clinical training at the University of Sheffield, UK. He has a long standing interest in behavioural analysis, behavioural theory, and third-wave approaches to therapy.

David L Dawson is a Chartered Clinical Psychologist and works on the Trent Doctoral Programme in Clinical Psychology at the University of Lincoln, UK. He is interested in the development and application of broad psychological theories and technologies which place significant emphasis on the prediction and influence of psychological events and behaviour.

David M Gresswell is a Clinical Psychologist working in forensic services in Lincolnshire, UK. He is also the Lincoln-based programme director of the Trent Doctorate in Clinical Psychology. He graduated from Leicester University, UK, in 1988. He has a long-standing interest in radical behaviourism and classical conditioning.

Chris Irons is a Clinical Psychologist and a board member of the Compassionate Mind Foundation. In his clinical work, he uses Compassion Focused Therapy (CFT) and he regularly presents to academic, professional, and lay audiences on CFT and, more broadly, the science of compassion. He is interested in the theoretical and
clinical developments and adaptations of CFT as a science-based psychotherapeutic approach.

**Rohan Naidoo** is a Clinical Psychologist working at a social enterprise called Compass Wellbeing in London, UK. There he offers NHS funded assessment and brief experiential dynamic psychotherapy for primary care patients. After studying politics and philosophy, he converted to psychology and graduated from the Trent Doctorate in Clinical Psychology in 2011. His doctoral thesis explored the relationship between personal identity, experiential avoidance, and therapeutic change. He has a special interest in the interface between psychology and philosophy, focusing especially on the relationships between selfhood, morality, and wellbeing.

**Mike Rennoldson** is a Clinical Psychologist working with adults with blood cancers in Sheffield, UK. He also holds the position of Academic Tutor on the Trent Doctorate in Clinical Psychology. He graduated from Plymouth University, UK, in 2006 after completing his doctoral thesis investigating the use of social support by men with colorectal cancer. He has a longstanding interest in social approaches to psychological care, having also trained as a systemic practitioner and published in this area.

**Rachel Sabin-Farrell** is a Clinical Psychologist working within adult mental health services in Nottinghamshire, UK. She also holds the position of Senior Academic Tutor on the Trent Doctorate in Clinical Psychology. She graduated from Sheffield University, UK, in 2000 after completing a doctoral thesis investigating the impact on UK mental health workers of working with traumatised clients. She has a longstanding interest in the psychological effects of trauma and abuse, both clinically and in her teaching/research activities, and has published papers in this area. She has also trained in the treatment of trauma using Eye Movement Desensitisation and Reprocessing (EMDR) and Sensorimotor Psychotherapy, and has supervised research in both of these therapeutic approaches.

**Thomas Schröder** is the Nottingham-based programme director of the Trent Doctorate in Clinical Psychology. After working for 25 years as a consultant in a multidisciplinary psychotherapy service, his current clinical role centres on helping people suffering from traumatic stress. His research interests include the professional development of therapists, difficulties in psychotherapeutic practice, and self-conscious emotions in psychological therapy and supervision. He is a past president of the UK chapter of the Society for Psychotherapy Research, a Trustee of the Compassionate Mind Foundation, and a Senior Fellow of the Institute of Mental Health.

**Sharron Smith** is a Clinical Psychologist supporting adults with serious and enduring mental health problems in Nottinghamshire, UK. She also holds the position of Senior Clinical Tutor for Lincolnshire on the Trent Doctorate in Clinical Psychology.
She qualified as a Clinical Psychologist in 2000 after training at Leeds University, UK, and completing her doctoral thesis exploring psychological adaptation in later life. She has a longstanding interest in Integration and completed a Masters in Integrative Psychotherapy with the Sherwood Institute in 2009.

**Ray St. Ledger** is a Clinical Psychologist, Forensic Psychologist, and Neuropsychologist. He works for the NHS in Wakefield Prison with individuals with diagnoses of personality disorder and learning disabilities, and in Coventry with the neuropsychological rehabilitation team. He lectures on the Clinical Psychology Doctoral Programme at the University of Sheffield, UK. He qualified as a Clinical Psychologist in 1990 and is interested in the neuropsychology of motivation and self-regulation.

**Anna Tickle** is a Clinical Psychologist working with adults with intellectual disabilities in Nottinghamshire, UK. She also holds the position of Academic Research Tutor on the Trent Doctorate in Clinical Psychology. Since qualifying as a Clinical Psychologist in 2009, Anna has undertaken further training in family therapy and became a systemic practitioner in 2012.