AN EXPERIMENT TO DEVELOP CONVERSION FACTORS TO STANDARDISE MEASUREMENTS OF AIRBORNE ASBESTOS

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Various researchers and agencies recommend different conversion factors for different asbestos exposures. The aim of this study was to develop conversion factors from particles per cm$^3$ (p cm$^{-3}$) to fibres per cm$^3$ (f cm$^{-3}$) and from mg m$^{-3}$ to f cm$^{-3}$. More than 1000 exposure measurements were available in the Slovenian asbestos-cement factory Salonit Anhovo. Three types of measurement of asbestos concentrations in the air were used: a konimeter measuring p cm$^{-3}$, a gravimetric method measuring mg m$^{-3}$ and a membrane filter method measuring f cm$^{-3}$. Operation-specific conversion factors among these methods were developed. One conversion factor was obtained for asbestos-pipe-dry jobs (4.7) and one for asbestos-sheet-dry jobs (1.6). Only one conversion factor (0.8) was used for asbestos-cement-pipe-wet and asbestos-cement-pipe-dry jobs. For asbestos cement sheets, two conversion factors were obtained (0.3 and 1.2). The development of five different conversion factors made it possible to calculate cumulative exposure to asbestos from historical data and to decrease exposure misclassification.

KEY WORDS: asbestos exposure, cement-asbestos industry, gravimetric method, konimeter, membrane filter method

The need to express exposure in only one unit of measurement arose when it became desirable to evaluate the association of cumulative exposure for particular workers or for groups of workers with the risk of developing a disease.

Researchers and agencies recommended different conversion factors. The most widely accepted conversion factor in Europe is that of the European Community Directive concerning the prevention of asbestos pollution in the environment (1, 2). This directive specifies that a conversion factor of 2 fibres per millilitre (f mL$^{-1}$) = 0.1 mg m$^{-3}$ asbestos dust “may be used” to make gravimetric measurements comparable to fibre number concentrations in f mL$^{-1}$. German BK-Report 1/97 “Faserjahre” proposed a conversion factor of 5 f mL$^{-1}$ = 0.1 mg m$^{-3}$ for asbestos dust (3). The report continued that, because of inconsistent results in literature, this factor was only to be used when necessary. Dement et al. developed a conversion factor between the impinger and membrane filter data (4). In a linear correlation they also took plant operations into account. A conversion factor of 7.8 f cm$^{-3}$ per million particles per cubic foot (mpcf) for fibres >5 µm in length was calculated for jobs involving the highest asbestos exposure (preparation). For the rest of the jobs, a mean conversion factor of 2.9 f cm$^{-3}$ per mpcf was used (4). In the study of dose-response relationship for asbestos exposure in a chrysotile textile factory, Huang (1990) developed new conversion factors. He sampled airborne dust concentration using both the gravimetric and fibre counts at the same time for various workplaces. Conversion factors from geometric dust concentration into fibre concentrations for each workplace was estimated by a regression analysis. It is not clear from the article which variables the author included in the regression model (5). Count-to-mass conversion factors for asbestos present in stack emission were calculated by Puledda and Marconi (6). The conversion factor was defined as the ratio between fibre surface density and mass surface density. The values in asbestos cement sheet production ranged
from 0.07 f cm\(^{-3}\) = 0.1 mg m\(^{-3}\) to 0.4 f cm\(^{-3}\) = 0.1 mg m\(^{-3}\) and in asbestos cement pipe production from 0.05 f cm\(^{-3}\) = 0.1 mg m\(^{-3}\) to 0.35 f cm\(^{-3}\) = 0.1 mg m\(^{-3}\). Harris compared mass and fibre number concentrations of asbestos dust in shipyard insulation processes (7). He concluded that three dust indices (total dust, respirable dust, and f cm\(^{-3}\)) were not sufficiently precise for any one of them to be accurately derived from the other. Kopczyk-Myszlon carried out an investigation of railway jobs, comparing two indices of air contamination using a regression analysis: gravimetric determination of asbestos-containing dust in mg m\(^{-3}\) and the number of asbestos f cm\(^{-3}\) (8). In their article about interconvertibility of asbestos fibre count concentration, Valic and Cigula stated that no single conversion factor could be used to reliably convert the koinomer and thermal precipitator measurements to membrane filter asbestos fibre concentrations (9). In a meta-analysis of the relation between cumulative exposure to asbestos and relative risk of lung cancer, Lash et al. used different conversion factors for each of the three industries for studies reporting cumulative exposure categories in units other than f cm\(^{-3}\)-years (10). They used a conversion factor of 1.4 x mpcf-years per f mL\(^{-1}\)-years for cement and manufacturing industries. Gibbs reviewed the reliability of converting results by the midget impinger, a long running and regular thermal precipitator to membrane filter equivalent concentrations. He also stressed that conversion involved considerable uncertainty (11). In measurement reports in the investigated plant Salonit Anhovo, local investigators used the EC conversion factor of 0.1 mg m\(^{-3}\) = 2 f cm\(^{-3}\) or the proposed German conversion factors of 0.1 mg m\(^{-3}\) = 5 f cm\(^{-3}\) for departments where only asbestos was used and 0.1 mg m\(^{-3}\) = 1 f cm\(^{-3}\) in asbestos-cement departments (12) (Table 1).

The aim of our study was to develop conversion factors from p cm\(^{-3}\) to f cm\(^{-3}\) and from mg m\(^{-3}\) to f cm\(^{-3}\), so that a thorough quantitative exposure reconstruction from the extensive available historical data (measured in three different units) could be completed for an epidemiological study of the dose-response effect of cumulative exposure to asbestos and lung cancer.

**METHODS**

The study took place in Salonit Anhovo, the only cement-asbestos plant in Slovenia. There were three activities or major production areas of the plant: cement production (cement production and clinker production in two cement factories), production of asbestos-cement pipes and corrugated sheets, and production of polyethylene and Man – Made Mineral Fibres (MMMF) pipes, which began in 1990. Cement asbestos production began in 1922.

There were two departments in the asbestos-cement production plant: Asbestos-cement pipe manufacture department and Asbestos-cement sheet manufacture department (Table 2).

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<thead>
<tr>
<th>Asbestos-cement pipe manufacture department</th>
<th>Asbestos-cement sheet manufacture department</th>
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<tr>
<td>A. Preparation of asbestos mixture</td>
<td>A. Preparation of asbestos mixture</td>
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<td>B. Preparation of asbestos-cement suspension</td>
<td>B. Preparation of asbestos-cement suspension</td>
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<td>C. Pipe forming and curing</td>
<td>C. Sheet forming, curing and finishing</td>
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<td>D. Pipe finishing</td>
<td>D. Hand-moulding of small products</td>
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<td>E. Transport of asbestos and products</td>
<td>E. Transport of asbestos and products</td>
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The principal operations in the asbestos-cement factory were: material preparation, mixing and forming, curing and finishing. At the Anhovo facility, part of the wet-pressed asbestos cement material was used to hand-mould small sheet products. Different moulds, lathes, saws and mills were used to form the pipe. Exposure circumstances had not changed.
substantially by 1985, when workers began to use respirators, although they did not use them regularly. Dry operations started in 1964 and were completed in 1968.

All air sampling measurements were taken at fixed locations where samples were collected close to a workers' breathing zone. The air sampling stations remained the same throughout the monitoring program. Air sampling stations in the plant were located at workplaces not polluted by dust; workplaces polluted by dust, but having ventilation systems installed; and polluted workplaces with no ventilation installed. The most polluted workplaces were: preparation of asbestos and asbestos cement mixtures, emptying and cleaning asbestos mixing chambers, grinding asbestos products, producing insulation material, and boring holes in corrugated cement asbestos sheets.

The monitoring of airborne fibre concentrations in the facility (mostly for compliance) began in 1961 and continued until the end of 1996. Several different monitoring methods were used and altogether about 1030 air measurements from the asbestos factory are now available for the period from 1961 to 1995 (Tables 3, 4 and 5).

<table>
<thead>
<tr>
<th>Period</th>
<th>Method</th>
<th>Unit of measurement</th>
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<tr>
<td>1961–1972</td>
<td>Konimeter</td>
<td>p cm$^{-3}$</td>
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<tr>
<td>1974–1975</td>
<td>Membrane filter</td>
<td>f cm$^{-3}$</td>
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<tr>
<td>1976–1985</td>
<td>Gravimetry</td>
<td>mg m$^{-3}$</td>
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<tr>
<td>1985–present</td>
<td>Membrane filter</td>
<td>f cm$^{-3}$</td>
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The local Public Health Institute made the first measurements at this facility using Carl-Zeiss konimeters with 5 cm$^3$ air samples in 1961; these konimeters were used in Slovenia in the 1960s and 1970s (Zeiss Konimeter). They consisted essentially of a small valve-less spring-operated piston pump and a circular plate for impingement of dust. The piston could be used to create, at the discretion of the operator, a 2.5 mL or 5 mL void, pulling atmospheric air through a round 0.5 mm to 0.6 mm orifice and impinging it against a circular glass plate held 0.5 mm to 0.6 mm distant from and perpendicular to the impinging orifice. A circular plate was covered with an adhesive film to retain the dust particles and had 30 numbered, equally spaced sample positions. Usually several samples were taken with a konimeter in the same work area in order to estimate average conditions. The konimeter asbestos measurements were expressed as p cm$^{-3}$ (13).

The gravimetric method was used from 1975 to 1981. From 1981 to 1986 both the gravimetric and the membrane filter methods were used. The gravimetric method is the simplest analytical technique for dust measurement and can be used for the determination of particulate matter sampled on filter paper, in an impinger, or in an electrostatic precipitator. In the 1980s, Slovenian institutions used the VC-25, a device agreed to be used in several EU countries for the measurement of alveolar and total dust from consistent dust sources. The quantity of asbestos was analyzed only in the respirable fraction (defined as $<8\mu m$ of aerodynamic diameter) of the air sample. Dust concentration was measured radiometrically by beta particle absorption. The results were expressed as milligrams of respirable dust per cubic meter of air (mg m$^{-3}$).

From 1987 to 1996, only the membrane filter method was used. This is the reference method for the determination of airborne asbestos fibre concentrations by light microscopy. The first results from Saloni using this method are from 1974/75. A sample was collected by drawing a measured quantity of air through a membrane filter (25 mm diameter, 1.2 $\mu m$ pore size, with printed counting grids) using a battery-powered sampling pump. The fibres were sized and counted using a phase contrast microscope. Graticule areas for counting were chosen at random within the exposed area on the filter and up to 100 graticule areas were counted. Countable fibres were defined as any object having a maximum diameter less than 3 $\mu m$, maximum length greater than 5 $\mu m$, and length-to-diameter ratio greater than 3:1. The final result is expressed as fibres per millilitre of air (f mL$^{-1}$) (14, 15).

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<td>Number</td>
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<td>561</td>
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Conversion factors were developed to combine data gathered by different exposure assessment methods:

a) Conversion from mg m\(^{-3}\) to f cm\(^{-3}\). In 1985, 1986, 1987 and 1989, industrial hygienists collected side by side air samples using the gravimetric and membrane filter methods. This produced a total of 78 paired measurements, 60 measurement pairs in the pipe and 18 measurement pairs in the sheet manufacture department. Because of the limited number of data points, a non-parametric method was chosen to calculate conversion factors between mg m\(^{-3}\) and f cm\(^{-3}\). Judging by earlier studies, it is likely that the product and process factors determine airborne fibre. All paired data were divided according to product (asbestos or asbestos-cement), department (sheet, pipe) and process (wet or dry). For each pair we calculated the ratio between f cm\(^{-3}\) and mg m\(^{-3}\) and grouped these ratios into two groups: asbestos and asbestos-cement. The geometric means of the ratios were calculated for each group. Ratios were grouped further into asbestos-pipe and asbestos-sheet groups, and asbestos-cement-pipe and asbestos-cement-sheet groups, and the geometric means for each of the groups were calculated. Finally, the type of the process – wet or dry – was taken into account, totalling to 8 groups, each for different product and process combinations: asbestos-pipe-dry, asbestos-pipe-wet, asbestos-sheet-dry, asbestos-sheet-wet, asbestos-cement-pipe-dry, asbestos-cement-pipe-wet, asbestos-cement-sheet-dry, asbestos-cement-sheet-wet. Each group was calculated the geometric mean of ratios. Table 5 and Figure 1 show a calculation of conversion factors in the sheet department.

b) Conversion from p cm\(^{-3}\) to f cm\(^{-3}\). No side-by-side sample measurements of f cm\(^{-3}\) and p cm\(^{-3}\) were available from the period when the konimeter was used. In 1974/75, 16 measurements were made using the membrane filter method, yielding measurements of f cm\(^{-3}\). The nearest measurements (n=31) in p cm\(^{-3}\) were those available from 1969. These 16 and 31 measurements were grouped by product, department and process in the same way as shown in Figure 1. When more than one sample
was available for a particular product, department or process combination, the geometric mean was calculated.

The conversion factors were needed in the nested case-control study conducted in a cohort of almost 7000 workers employed for at least one day in the Slovenian asbestos-cement factory, where the authors calculated a separate cumulative lifetime exposure to asbestos (16).

RESULTS

All workplaces with exposure only to asbestos in the pipe and sheet departments were dry, so only one conversion factor was obtained for asbestos-pipe-dry jobs and one for asbestos-sheet-dry jobs. Asbestos-cement-pipe-wet jobs were heavily influenced by dry process emissions, because the pipe finishing process was located nearby. The conversion ratios were also close: 0.9 and 0.7. Therefore, it was decided to use one conversion factor (0.8) for asbestos-cement-pipe-wet and asbestos-cement-pipe-dry jobs. For asbestos cement sheets, two conversion factors were obtained (0.3 and 1.2). Altogether, five different conversion factors to convert measurements from mg m\(^{-3}\) to f cm\(^{-3}\) were obtained for the two departments (Figure 1).

DISCUSSION AND CONCLUSION

The need for conversion factors to express exposure to asbestos in only one unit of measurement appeared when researchers began to evaluate the association of cumulative exposure for group of workers with a risk of disease. The development of accurate conversion factors between different methods used to collect and analyze asbestos dust has been a major problem in the assessment of asbestos exposure for all epidemiological studies.

Almost all calculated conversion factors are an approximation. The group of authors in Germany who proposed 2.5 times greater conversion factor than those proposed by the EC suggested that, because of the inconsistent results in literature, this factor should be used only if necessary (3). Other authors also warned about the great variability of calculated conversion factors. Harries (1971) concluded that the three dust indices, total dust, respirable dust, and fibres per cm\(^3\), were not sufficiently precise for any one of them to be accurately derived from another. He found a very poor correlation between the total dust mass concentration and fibre number concentration (17). Valič and Cigula stated that no single conversion factor could be used to reliably convert koniometer and thermal precipitator measurements to membrane filter asbestos fibre concentration. They proposed that a separate conversion factor needed to be derived for each technological process (9). A Slovenian researcher expressed doubts about possible correlations between the values obtained by two different methods (gravimetric and using konimeter) regardless of the fibre type. He compared 47 paired results in the textile (non-asbestos) industry obtained by the gravimetric method and by konimeter. Calculated correlation coefficients ranged from 0.3 to 0.6 (18).

Gibbs reviewed the reliability of conversion factors and concluded that no overall single factor could be derived for mining and milling, but it was possible to derive conversion factors at the individual mill and work area level. Even so, he stated that conversions involved considerable uncertainty (11). Only Dement et al. (1987) have given a detailed explanation of the conversion factors used (4). Unfortunately, Dement's
conversion factors are not likely to be applicable to those developed here because they were developed for the asbestos textile manufacturing. Other studies do not give sufficient information to evaluate their conversion factors.

To calculate the conversion factor for our study, a nonparametric method was used because of a limited number of available paired data. As recommended earlier (19), the conversion factors developed in this study take into account product and process characteristics related to the number of fibres in the total airborne dust generated during various asbestos manufacturing operations. This is an advantage of this study, although the degree to which various product and process characteristics affect the airborne fibre concentration is not known.

The developed conversion factors were generally lower than the EC factor of 2 f cm$^{-3}$ per 0.1 µg m$^{-3}$. The EC also does not give a full explanation of the development of their conversion factor and they acknowledge similar difficulties with recommending such factors. Although I am fully aware of the limitations of the study related to the nonparametric method used and to the doubt whether conversion from one method of unit of measurement to another is possible, I believe that there is hardly a more appropriate method to use from available data.

REFERENCES

Sažetak

RAZVOJ KONVERZIJSKIH FAKTORA ZA STANDARDIZACIJU MJERENJA IZLOŽENOSTI AZBESTU U ZRAKU

Različiti istraživači i agencije preporučili su upotrebu različitih konverzijiskih faktora za ekspoziciju azbestu kako bi se mogla izraziti ekspozicija u samo jednoj mjernoj jedinicni. Cilj ove studije bio je izračunati faktore konverzije iz čestica cm⁻³ u vlakna cm⁻³ i iz mg cm⁻³ u vlakna cm⁻³, tako da bismo mogli iz dostupnih historijskih podataka izračunati kvantitativnu ekspoziciju za epidemiološku studiju o efektu odgovor-doza za kumulativnu ekspoziciju azbestu i rak pluća.

Za sva radna mjesta u slovenskoj tvornici cement-azbesta Salonit Anhovo imali smo više od 1000 izmjerjenih uzoraka zraka. Za mjerenje koncentracije azbesta u zraku upotrijebili smo tri različite tehnike: konimetar, koji mjeri broj čestica na kubni centimeter, gravimetrijsku metodu, koja mjeri miligrame na kubni metar i metodu membranskog filtra, koji mjeri vlakna na kubni centimeter. Faktore konverzije između rezultata navedenih metoda izračunali smo s pomoću seta 78 parnih uzoraka, koji su istodobno analizirani membranskom i gravimetrijskom metodom i manjeg seta uzoraka analiziranih konimetrom i membranskom metodom. Ove faktore konverzije naknadno smo upotrijebili u ispitivanju kohorte koja je imala gotovo 7000 radnika za izračun kumulativne ekspozicije za svaki primjer i svaku kontrolu.

Jedan konverzijski faktor (4,7) dobiven je za suha radna mjesta u azbest-cementnoj proizvodnji cijevi i jedan za suha radna mjesta u azbest-cementnoj proizvodnji krovnih ploča (1,6). Mokra azbest-cementna radna mjesta u proizvodnji cijevi bila su pod velikim utjecajem okolinih suhih emisija, zato smo odlučili upotrijebiti samo jedan konverzijski faktor (0,8) za suhu i mokru proizvodnju azbest-cementne industrije cijevi. Za proizvodnju krovnih ploča izračunana su dva konverzijskih faktora (0,3 i 1,2).

Razvoj pet različitih faktora konverzije, karakterističnih za azbest-cementnu industriju, omogućilo je izračun kumulativne ekspozicije azbestu iz ekstenzivne historijske dokumentacije, a smanjila se i pogrešna klasifikacija ekspozicije koja bi bila prisutna ako bi autori rabili samo jedan faktor konverzije.

KLJUČNE Riječi: azbest-cementna industrija, gravimetrijska metoda, konimetar, kumulativna izloženost, metoda membranskog filtra

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