Neurovascular Content of the Mandibular Canal and Its Clinical Relevance: A Literature Review of the Related Anatomical and Radiological Studies

SUMMARY

In literature, anatomical variations of the inferior alveolar nerve branches (infratemporal, extraosseous and intraosseous) are reported and their importance in clinical practice is discussed too. The spatial vessels’ position in relationship with the nerve in the mandibular canal was explored, which is of clinical significance in impacted third molar and implant surgery. It is believed that the neurovascular content of the main mandibular canal follows any variations of the mandibular canal i.e. bifid mandibular, retromolar and accessory mental canals. Retrospective studies and case reports reported the presence of multiple foramina on the medial surface of the ramus, near the main mandibular foramen. In some cases, one supplementary mandibular foramen was found to be connected with the lower third molar, which is called “temporal crest canal”. Others found an accessory mandibular foramen that led into a second mandibular canal which joined the main mandibular canal (double) anteriorly. The bony canals contained a terminal branch of the anterior trunk of the mandibular nerve or a branch of inferior alveolar nerve before it entered the mandibular foramen.

The aim of the study was to describe and classify anatomical structures of the mandibular canal and posterior foramina of the mandible through an extensive review of the corresponding studies via the PubMed, Scopus and Google Scholar databases.

Keywords: Mandibular Canal; Inferior Alveolar Nerve, Artery, Vein; Mandibular Foramen

Introduction

Mandibular canal crosses the mandibular body and part of the ramus. Knowledge of the anatomic structures enclosing the mandibular canal, the relationships with each other and with adjacent structures is important for both the general dentist as well as for the oral surgeon and implantologist. Moreover, anatomical variations of the inferior alveolar nerve branches are reported in bibliography and their importance in clinical practice too. For the purposes of the article, only the branches of the mandibular nerve providing innervation to mandibular teeth and periodontal tissues will be described with emphasis to the inferior alveolar nerve.

The aim of the study was to give a detailed description and classification of the anatomical structures of the mandibular canal and posterior foramina of the mandible and an extensive review of the corresponding published studies. Databases reviewed included the PubMed (MEDLINE), Scopus and Google Scholar.

The long buccal nerve derives from the anterior stem of the mandibular nerve. It usually passes between the two heads of the lateral pterygoid muscle, then follows the inferior part of the temporal muscle and emerges under the anterior border of the masticator muscle, continuing in an anterolateral direction. At the level of the occlusal plane of the mandibular third molar, it crosses in front of the anterior border of the ramus and enters the cheek through the buccinator muscle. The long buccal nerve provides sensory
remains within the incisive bony canal and forms a nerve plexus that innervates the pulpal tissues of the mandibular first premolar, canine and incisors via the dental branches.  

**Mylohyoid nerve** originates from the inferior alveolar nerve before the latter enters the mandibular foramen. It runs down and forward in the mylohyoid groove, between the medial pterygoid muscle and the internal surface of the ramus. Then, it crosses between the submandibular gland and the lower surface of the mylohyoid muscle. The mylohyoid nerve bifurcates from the inferior alveolar nerve at a distance of 14.7 mm from the mandibular foramen. Mylohyoid nerve is a mixed nerve being responsible for the motor innervation of the mylohyoid muscle and the anterior belly of digastric muscle, and for the sensory innervation of the skin on the inferior and anterior surfaces of the mental protuberance and submental region.

DeSantis et al. stated that in 43% of the examined cadaver dry mandibles osseous lingual foramina were identified in the anterior lingual surface of the mandible, which were associated with nerve branches of the mylohyoid nerve that are inserted the mandible, whereas in another study the branches of mylohyoid nerve were found to innervate the pulp and gingiva of lower incisors in 50% of the cadaver dry mandibles. There is evidence that the mylohyoid nerve may be involved in supplying pulpal innervation to mandibular molars in some persons, usually the mesial root of the 1st molar, and to the anterior teeth.

The mandibular nerve is one of the 3 divisions of the fifth cranial nerve, trigeminal nerve, and passes through the oval foramen to the infratemporal fossa, wherein it subsequently branches in several nerves. One of them is the inferior alveolar nerve (IAN) which is situated posteriorly and laterally the lingual nerve between the pterygoid muscles. IAN enters the mandible through mandibular foramen with homonymous blood and lymphatic vessels. The inferior alveolar neurovascular bundle, usually, travels through the mandibular canal, inferiorly to the lower posterior teeth, and continues until the premolar region dividing into its 2 terminal branches:

a) **mental neurovascular bundle** - it is the branch leaving the mandible through the mental foramen, giving 3 terminal ends that innervate skin and mucous membrane of the lower lip and skin of the chin region. In several cases, before the mandibular neurovascular bundle exits the jaw, it creates an endosteal curved loop proximal to the mental foramen, called anterior loop, and then returns distally to finally leave the mandible through the mental canal as mental neurovascular bundle (Fig. 1).

b) **lower incisor neurovascular bundle** - it is the terminal branch of the endosteal course of the inferior alveolar bundle, which travels in the incisive canal inferiorly to the mandibular anterior teeth and terminates in the midline of the jaw where it is anastomosed with the corresponding bundle of the opposite side (Fig. 2). The incisive nerve remains within the incisive bony canal and forms a nerve plexus that innervates the pulpal tissues of the mandibular first premolar, canine and incisors via the dental branches.
The IAN innervates the lower jaw, teeth, periodontal tissues and buccal soft tissues of the premolars and anterior teeth, the skin of the chin and the mucosa of the lower lip\textsuperscript{1,5,8}.

The position of the mandibular foramen varies depending on the race and ethnicity\textsuperscript{2}. It is located on a bony insolation, the lingula, at the middle of the ramus’ medial surface, at about 19.7 mm from the anterior border of the ramus\textsuperscript{2,7,11}. The distance from the injection point for the inferior alveolar block anaesthesia to the foramen is about 21 mm equal to the length of the short needle or to \(\frac{3}{4}\) of the large one\textsuperscript{1,2}.

By determining as a hypothetical vertical distance the line joining the conjoint with the inferior border of the ramus and as a horizontal distance the line joining the posterior edge of the ramus until the most concave point of the anterior border of the ramus, the mandibular foramen is usually situated in the ventral and inferior \(\frac{3}{4}\) of the ramus without difference according to the side, sex or age\textsuperscript{12}. However, studies report conflicting results about the exact location of the foramen. One study\textsuperscript{13} reported that, in adults, the foramen was inferior, at the same level and superior to the occlusal level at a percentage of 75\%, 22.5\% and 2.5\%, respectively, while another\textsuperscript{14} stated percentages 29.4\%, 47.1\% and 23.5\%, respectively. Hence, if the insertion of the needle occurs at the same level as the occlusion plane the foramen is likely to be at a highest location point at 2.5-23.5\% and the anaesthesia will fail\textsuperscript{2}. Thus, it is recommended to insert the needle of injection at the deepest part of the pterygomandibular raphe at 6-10 mm above the occlusal plane of the mandibular molar teeth.

Authors of contemporary dental anaesthesia books emphasize on an alternative method of administering the IAN block anaesthesia\textsuperscript{1,15-19}. The traditional way of determining the injection point for the needle of syringe is by using the index finger intraorally at the most concave point of the ramus’ anterior border. Hence, the clinicians insert the \(\frac{3}{4}\) of the needle at the pterygomandibular raphe, at a height of 1 cm above the occlusal plane of the mandibular molars and with a direction coming from the opposite mandibular premolars. Alternatively, the clinicians may place the thumb intraorally on the coronoid notch and the index finger extraorally on the posterior border of the ramus and estimate the distance between these points, which is in other words the width of the ramus. The alternative technique offers the sense of horizontal length of the ramus in comparison with the traditional way which cannot. There is a need of a randomized clinical trial to prove the advantage of this method in comparison with the conventional one of inferior alveolar block anaesthesia in achieving better anaesthesia results.

In the literature, several case reports stated the presence of multiple foramina on the medial surface of the ramus, near the main mandibular foramen\textsuperscript{20,22}, while an anatomical study\textsuperscript{23} indicated that double mandibular foramina were found in a percentage of 8.9\% of the examined jaws. Murliamanju et al\textsuperscript{24} observed accessory mandibular foramina in 11 out of 67 adult human dry mandibles (double mandibular foramina in 9 cases and triple in 2 cases). Freire et al\textsuperscript{25} found that 27.9\% and 43.2\% of the 222 examined dry mandibles presented at least one accessory mandibular foramen located on the medial surface in position below and above, respectively, of the main mandibular foramen. Samanta and Kharb\textsuperscript{26} stated a presence of accessory mandibular foramina in 16.7\% of 60 human adult dry mandibles. In 10\% mandibles, a single accessory foramen was present, and in 6.7\% double foramina were present. Haveman and Tebo\textsuperscript{27} found that foramina of 0.4 mm in diameter, or greater, occurred bilaterally superiorly or inferiorly to the main mandibular foramen in more than 90\% of 150 examined dry adult human mandibles. The bony canals that started from these foramina contained branches of the IAN or mandibular nerve, which gave these branches at a highest point of the usual mandibular foramen\textsuperscript{20,28}.

In two case reports\textsuperscript{20,29}, metallic wires were inserted within the osseous canals of the supplementary mandibular foramina. The results showed that 1 supplementary mandibular foramen, situated 17 mm superiorly to the main mandibular foramen, was connected with the crypt of the lower third molar in each side of the jaw. In our opinion, the anatomical variation of the above studies was a subtype of \textit{temporal crest canal}, which was connected with the third molar of the mandible. Temporal crest canal is a bony canal that starts from a supplementary mandibular foramen located anteriorly to the main foramen at the temporal crest and finally opens at the retromolar fossa\textsuperscript{30-33}. It is believed that it contains a terminal branch of the anterior trunk of the mandibular nerve (long buccal nerve variant) or a branch of the IAN before it enters the mandibular foramen\textsuperscript{30,32,33}. The dissection and histopathological study of the temporal crest canal confirmed the presence of an internal neurovascular structure\textsuperscript{34}.

The presence of multiple foramina and paramandibular canals was explained by the conduct of Serres development, a formation which was described by the French anatomist Antoine Etienne Reynaud Augustin Serres in 1817\textsuperscript{35}. It was initially called “conduct of the first teeth”, believed to contain a branch of the inferior alveolar artery and vein dedicated to irrigation of temporary teeth\textsuperscript{35}. This entity was just distally to the main mandibular foramen and highly prevalent in infantile jaws and in newborn it reached 100\%\textsuperscript{35}. However, the anatomical study of Suazo et al\textsuperscript{36} on 324 jaws of 68 sub-adults aged 0-2 years and 256 adults aged 18-100 years showed a prevalence of “conduct of Serres” in 100\% in sub-adults group and 42.6\% in the adults group. The study showed that the term “Serres’ conduct” is observed in almost all the ages.
With these data, the character of this anatomical variation as Serres’ conduct is questionable due to the fact that it is actually a bony canal that has its opening distally to the main mandibular foramen, at a supplementary foramen. Furthermore, the term “conduct” refers to a structure of soft walls, but with the analyzed formation being a structure of hard walls this then should be called “canal”30. With these considerations, besides the parallel orientation of the mandibular canal, the name of the foramen and conduct of Serres should be replaced with “accessory mandibular foramen” and “para-mandibular canal”, respectively, while this canal is not joined with the main mandibular canal during its anteriorly intraosseous course (without confluence with the main mandibular canal).

Moreover, a large accessory mandibular foramen was present in 1 mandible out of 335 mandibles (0.3%) observed in a cadaveric study37. The accessory foramen led into a canal that passed forward and lateral to the mandibular canal and joined the lateral at the level of the wisdom tooth. This kind of canal is called in bibliography a “double mandibular canal”, which originates from 2 separate mandibular foramina38,52.

The inferior alveolar artery (IAA) originates from the internal maxillary artery, branch of the external carotid. Before its insertion at the mandibular foramen, it branches with the main mandibular canal (temporal crest canal)35,56. Throughout its infratemporal course, the IAN may give communication fibres to the mylohyoid nerve, the lingual nerve or the long buccal nerve30 and an innervation branch to the lateral pterygoid muscle60. The IAN, before entering the mandibular canal, may give multiple extraosseous branches. In some cases this variation is associated with the presence of accessory mandibular foramina and insertion of these neural branches in the osseous canals. Then, the branches: a) may communicate through a bony canal (temporal crest canal) with the retromolar triangle and end at an exit foramen called “retromolar foramen” distal to the third molar31-33, b) may communicate with the third molar20,28,31, c) may travel within the supplementary canal through the ramus or body of the mandible until exiting the mandible through a supplementary buccal mental foramen39 or a lingual foramen41 or d) may join the main mandibular nerve31,38,39.

Even if the IAN enters the mandible by a single mandibular foramen, it can have intraosseous branches, during its course into the mandibular canal, which are not always surrounded by bony tissue, such as to be radiographically imaged40. Several authors have described the intraosseous course of IAN and its branches variations in different ways. A literature review of the related publications was conducted via PubMed (MEDLINE), Scopus and Google Scholar from January 1970 until July 2013 (Tab. 1)8,28,31,55,61-63.

Carter and Keen31 examined 8 dissected human mandibles and described 3 types of inferior alveolar arrangement: Type I (n=6) was a single nerve lying close to the root apices, Type II (n=1) ran lower down in the mandible and gave off long oblique branches to the teeth, Type III (n=1) gave off 2 posterior branches that ran in separate canals (bifid canal). A large inferior branch passed to the mental foramen and incisor teeth, whereas a more superior alveolar branch supplied the molar and premolar teeth. The findings were also confirmed radiographically on 80 dried mandibles.
Table 1. Classifications of intrabony branching patterns of the inferior alveolar nerve (IAN). Anatomical (dissection), histological and MRI studies describing variations of the IAN, published from January 1970 until July 2013, were only included. Radiological studies were excluded.

<table>
<thead>
<tr>
<th>Authors</th>
<th>Year of study</th>
<th>Method of study</th>
<th>No of specimens studied (cadaveric mandibles)</th>
<th>Types of inferior alveolar nerve and variations</th>
<th>Frequency (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Carter &amp; Keen</td>
<td>1971</td>
<td>Dissection, radiographic examination</td>
<td>8 80</td>
<td>Type I: The IAN is a large structure lying in a bony canal (single canal). Subsequently, the nerve terminated in a mental arborization, with offshoots to the plexus adjacent to the incisors, before it enters the mental foramen. The incisor plexus, while connected to the branches mentioned, was not the source of the dental branches.</td>
<td>75</td>
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<tr>
<td>Ikeda et al</td>
<td>1996</td>
<td>MRI examination, histology</td>
<td>6</td>
<td>Type II: The IAN is situated substantially lower down in the mandible (lower canal) some distance from the roots of the molars. The dental branches are given off more posteriorly and are more oblique in position than in type I. The further course of the nerve is described as above.</td>
<td>12.5</td>
</tr>
<tr>
<td>Ikeda et al</td>
<td>1996</td>
<td>MRI examination, histology</td>
<td>6</td>
<td>Type III: The IAN is separated posteriorly into two large branches, which together could be regarded as equivalent to an alveolar branch (bifid nerve) while the main continuation of the nerve occupied a more inferior position and continued, as in other types, towards the mental foramen and the supply of the anterior teeth.</td>
<td>12.5</td>
</tr>
<tr>
<td>Wadu et al</td>
<td>1997</td>
<td>Dissection, panoramic examination</td>
<td>29</td>
<td>The nerve trunk is divided into a molar plexus in the molar area. The main nerve is then secondly divided into the incisive and mental branches in the molar area well before reaching the mental foramen. There were communications between the mental and incisive nerves proximal (incisal plexus) to and at the mental foramen.</td>
<td>100</td>
</tr>
<tr>
<td>Polland et al</td>
<td>2001</td>
<td>Dissection, panoramic examination, histology</td>
<td>7</td>
<td>The inferior alveolar nerve near the mandibular foramen was a large trunk, consisting of three to four nerve bundles with connective tissue sheaths. It became more loosely arranged toward the mental foramen. Medial to the latter, the nerves were frequently in the form of small bundles in the marrow. Any incisive canal, when present, ran through a labyrinth of intertrabecular spaces.</td>
<td>100</td>
</tr>
<tr>
<td>Kieser et al</td>
<td>2004</td>
<td>Dissection</td>
<td>39</td>
<td>Type I: Single trunk that coursed anteriorly toward the mental foramen without obvious branches (unbranched).</td>
<td>38.5</td>
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<td></td>
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<td>Type II: A single trunk and a series of individual simple branches directed at the superior border of the mandible.</td>
<td>7.7</td>
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<td>Type III: A small (fine) molar plexus of branches from the proximal half of the IAN.</td>
<td>28.2</td>
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<td>Type IV: There are two nerve plexuses, one associated with the proximal half and one the distal half of the IAN, proximal and distal nerve plexus respectively.</td>
<td>25.6</td>
</tr>
<tr>
<td>Reference</td>
<td>Year</td>
<td>Dissection</td>
<td>Cases</td>
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<td>Kieser et al</td>
<td>2005</td>
<td>107</td>
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<tr>
<td>Hur et al</td>
<td>2013</td>
<td>15</td>
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**Type I**
A common neural stem with a series of nerve branches directed towards the alveolar ridge in a vertical plane joining the ridge with the canal. 52-59

**Type II**
A common neural stem with a small nerve plexus in the molar region. 21-26

The spatial fascicular arrangement of the IAN took various forms. The somatotopic arrangement of the IAN was categorized according to the nerve fascicles innervating each tooth.

In all of 15 cases of nerve fascicle separation, the nerve fascicles located at the superior buccal portion of the IAN within the MC innervated the mandibular second and third molars. 100

In case of presenting the retromolar branch, this branch also arose from the superior buccal nerve fascicles of the IAN.

The nerve fascicles innervating the first molar were classified into two categories:
1. those running in the superior buccal portion of IAN and 66.7
2. those running in the superior portion of the IAN. 33.3

A nerve branch innervating the second premolar was observed for two categories of nerve fascicles running in:
1. the superior portion of the IAN and 86.7
2. the superior buccal portion of the IAN. 13.3

The nerve fascicles innervating the first premolar were classified into four types, with the nerve fascicles running in:
1. the superior lingual portion, 60
2. the superior buccal portion, 20
3. inferior lingual portion, and 13.3
4. the superior portion of the IAN. 6.7

The courses of the nerve fascicles innervating the mandibular anterior teeth (central, lateral incisors, and canine) could be divided into six categories, with nerve fascicles running in:
1. the superior lingual portion of the IAN within the posterior MC and the lingual portion within the anterior MC; 33.3
2. the superior and inferior lingual portions of the IAN within the posterior MC, and then in the lingual portion within the anterior MC after merging; 33.3
3. the superior lingual portion of the IAN throughout the MC; 13.3
4. the inferior lingual portion of the IAN throughout the MC, 6.7
5. the inferior portion of the IAN, receiving the nerve fascicles from the inferior lingual and inferior buccal portions within the posterior MC, and then in the inferior lingual portion of the IAN within the anterior MC; and 6.7
6. the lingual and buccal portions of the IAN within the posterior MC, and then in the lingual portion of the IAN within the anterior MC. 6.7

The MN travelled mainly within the IAN and contained nerve fascicles running in the buccal portion throughout the MC. 100

Ikeda et al identified with MRI and histology that in edentulous patients the IAN (higher signal intensity than the surrounding connective tissue) inside the mandibular canal is composed of 3 branches: a) retromolar branch, which is separated from the main stem of the IAN at the level of the mandibular foramen and travels at company with IAN for a 2-5 mm course; it continuous and turns up right at a level just behind the wisdom tooth; b) the second (molar) branch, which was responsible for innervation of posterior teeth and starts from the IAN at the retromolar region, follows a parallel course with the ridge and inferiorly to the teeth and when
it reaches its final destination it turns up; c) the third branch, which is called incisive nerve is branched from the stem of the IAN near the mental foramen region and travels anteriorly. The IAN exits the mandible from the mental foramen as mental nerve. The mandibular canal contains IAN, the inferior alveolar vessels (low level signal), loose connective tissue and sometimes the retromolar and molar branches55. Histologically, the IAN is composed by 2-8 nerve bundles55.

Kieser et al62 reported that the IAN was located in the superior part of the body of the mandible in 31% of the cases, all of which showed a small posterior molar plexus of branches. In 69% of cases the IAN was half-way or closer to the inferior border of the mandible. Of the latter cases, 1% demonstrated a small posterior molar neural plexus, 37% showed posterior and anterior plexuses and 22% showed no branches or a single trunk with a small number of single branches directed superiorly to the alveolar ridge. However, in another study, Kieser et al63 reported that in edentulous patients the arrangement of the IAN was found to be: a) a common neural stem with a series of nerve branches directed towards the alveolar ridge in a vertical plane joining the ridge with the canal (52-59%); or b) a common neural stem with a small nerve plexus in the molar region (21-26%). This may explain the alveolar ridge alterations after tooth loss and why these patients report pain or discomfort in the molar region during mastication with a dentition64.

According to Hur et al59 the most common pattern of nerve fascicle innervation to the mandibular teeth could be grossly classified into 3 types: (1) the superior buccal portion of the IAN innervating the molars; (2) the superior portion innervating the premolars; and (3) the superior lingual or the superior lingual and inferior lingual portions in the posterior MC and the lingual portions in the anterior MC, innervating the incisors and canine. The buccal ⅓ portion of the IAN innervated the lower lip, skin of the chin, and the vestibular gingiva.

Radiographically, the mandibular canal appears as a dark, linear shadow with thin, radiopaque superior (or roof) and inferior (or bottom) borders, cast by the cortical bone that bounds the canal (Fig. 1). The total length of the canal is in average 62.5 mm, while in men it is usually longer by 2.5 mm65. The canal’s diameter is always wider near the mandibular foramen and is approximately 4 mm, while its average diameter is found to be 2-3.4 mm7,55,63. The canal was found to be oval-shaped near the mandibular foramen and round-shaped near the molars28,42,66. Indicatively, Miller et al66 reported that the shape of the mandibular canal was oval-shaped with vertical and horizontal dimension of 2.9 and 2.5 mm respectively in examined cases of impacted wisdom teeth. The smallest canal diameter of 1.2 mm concerned a case where the canal was curved between the roots of the impacted tooth66. It is believed that the neurovascular content of the main mandibular canal follows the variations of the mandibular canal, i.e. bifid mandibular canal, retromolar mandibular canal and accessory mental canal42-49,51,52,55,67-71.

Chavez et al72 reported that during embryonic development there may be 3 canals innervating 3 groups of mandibular teeth. The canal to the incisors followed by the canal to the primary molars and subsequently canal to the permanent molars. These canals are directed from the lingual surface of mandibular ramus towards different tooth groups. During rapid prenatal growth and remodelling in the ramus region, there is a spread of intra-membranous ossification that commences where the IAN divides into mental and incisive branches around 7 weeks prenatal72-74. The extension of ossification posteriorly along the lateral border of Mechel’s cartilage produces a gutter around the IAN that eventually forms the single mandibular nerve canal72-74. Hence, a possible explanation of the presence of bifid or even three-fid mandibular canal is the incomplete embryological fusion of these nerve canals. Branching of the IAN or communications with other nerves would be reflected in various types of mandibular canal and/or neural morphology41,73,74.

Conclusion

To summarize, reviewing the literature, it can be concluded that there are variations of the mandibular canal and the IAN that are not well reported in anatomic textbooks or are not classified in detail. The course and the content of the mandibular canal, its variations and foramina are of clinical importance in oral surgery, implantology and dental anaesthesia. The IAN is accompanied by the homonymous vessels inside the mandibular bony canal. The knowledge of topographic relationship between the IAN and the homonymous vessels are of crucial importance for any clinician. Preoperative radiographic evaluation of a mandibular canal variation or the location and course of a retromolar or accessory mental canal is necessary in order to avoid any complications during oral surgery procedures, i.e. bleeding or paraesthesia.

References


