NEUROBEHAVIOURAL FUNCTIONS IN ADULT PROGENY OF RAT MOTHERS EXPOSED TO METHYLMERCURY OR 2,2',4,4',5,5'-HEXACHLOROBIPHENYL (PCB 153) ALONE OR THEIR COMBINATION DURING GESTATION AND LACTATION

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Abstract

Objectives: Methylmercury (MeHg) and polychlorinated biphenyls (PCBs) are ubiquitous environmental pollutants. Both are neurotoxic, especially for the developing brain. The main source of human exposure to MeHg and PCBs is seafood. The aim of the present work was to find out whether and how separate or combined perinatal exposure to these neurotoxins affects neurobehavioural functions in maturity. Materials and Methods: The study was performed on adult Wistar rats, the progeny of rat mothers exposed to MeHg (0.5 mg/kg/day or 2.0 mg/kg/day), PCB 153 (1.0 mg/kg/day or 5.0 mg/kg/day), or to MeHg 0.5 mg/kg/day + PCB 153 5.0 mg/kg/day, from day 7 of pregnancy to day 21 post partum. The following functions were assessed: spontaneous locomotor activity (open field test), spatial short-term memory (radial maze test), long-term memory (passive avoidance test), sensitivity to pain and vulnerability to stress (hot plate test), efficiency of the sensorimotor gating (startle response test), and sensorimotor coordination (the rotarod test). Results: The results obtained in the MeHg part of the study showed a reduced locomotor activity in the female progeny of both exposed groups, an impaired passive avoidance in the male progeny of the high and low exposure group and a faster recovery from the effects of the stressful experience (hot plate test) in the male progeny of the high dose group. Results obtained in the PCB part showed an increased locomotor activity in the female progeny of both exposure groups and impairment in rotarod performance in males of the high dose group. Neurobehavioural alterations were not found in either the females or males exposed jointly to MeHg and PCB 153. Conclusions: The results suggest that in condition of the combined exposure, MeHg may protect against the effects of PCB 153 and vice versa.

Key words: MeHg, PCB 153, Perinatal exposure, Behaviour, Rat

INTRODUCTION

The contamination of food products by toxic chemicals is one of the main issues of concern for agencies dealing with the problem of chemical safety. Methylmercury (MeHg) and polychlorinated biphenyls (PCBs) are common environmental pollutants. Both may be present in some foods, especially in sea fish and frutti di mare. Both are neurotoxic and cross biological barriers easily. The vulnerability of the nervous system to toxic insults is the highest during intrauterine life [1], which means that consumption of MeHg and/or PCB contaminated food during pregnancy may endanger the child psychophysical development. The possibility of co-presence of MeHg and PCBs in diet raises the question of the type of
interaction between these two contaminants. Results of some in vitro studies suggest that, at some concentration combinations of MeHg and PCB, the effects are more than additive [2,3]. Such interaction could explain the inconsistencies between the results of the epidemiological studies on large children cohorts from two islander populations with very high contribution of seafood in diet: the Faeroe and the Seychelles cohorts. Whereas the studies of the Faeroe cohort suggest detrimental effect of maternal diet on some neurobehavioural functions [4–6], in the Seychelles cohort such effects were not observed [7–9]. Based on the in vitro observations quoted above, some authors presume that the differences between the Seychelles and Faroe Island studies could be a consequence of the co-presence of PCBs and MeHg in the diet of the Faroe group [10,11]. Experimental in vivo studies performed so far provided no definitive confirmation or negation of this supposition [12,13].

The experiments described in the present paper are a part of a larger study, performed as part of the DEVNERTOX project sponsored by the EU Commission (DEVNERTOX, Contract No. 6PR/03/506143). One of the main objectives of this project was establishing how, if at all, MeHg and selected PCB congeners interact in affecting neurodevelopment. The study was composed of three experiments as described before [14]. The purpose of the present part was to determine the neurobehavioural status of the adult progeny of rat mothers exposed, during gestation and lactation, to MeHg and a PCB congener, both alone and in combination. The PCB congener selected for the study was PCB 153 (2,2’,4,4’,5,5’-hexachlorobiphenyl). PCB 153 is the congener which is found most frequently in biological samples, including human tissues [15].

MATERIALS AND METHODS

Study design

The study agenda and the design of the experiments have been presented in details in our recent reports [14,16,17]. In short, the study comprised three separate experiments. Experiment I concerned the effects of perinatal exposure to MeHg. Experiment II — the effects of exposure to PCB 153, and Experiment III, the effects of combined exposure to MeHg and PCB 153. Each of the experiments comprised four parts. The purpose of part one was to find out the early — from birth to weaning — developmental effects of the exposure. After weaning, the progeny was allowed to grow and served as the material for the remaining parts, of which the second was concerned with the effect of exposure on the brain concentration of catecholamines, the third with behavioural sensitivity to the psychostimulant amphetamine (AMPH), and the fourth with the neurobehavioural functions. The present report contains results of the fourth part dealing with the neurobehavioural functions in adulthood.

Animals

White WISTAR rats of the outbreed Imp: Wist stock were used in the experiments. The housing conditions, the mating procedure and the conception control have been described in detail in the accompanying paper [14]. In all the experiments, the Polish law on the protection of animals was observed (Animal Protection Act of August 21, 1997. Off. J. Law 1997;111:3445–53, in Polish). The study design was approved by the Local Ethics Committee in Łódź (Opinion No: Ł/BD/187, Issue date: 2003-12-1).

Exposure and exposure control

The exposures were carried out from gestation day 7 (GD7) until the postnatal day 21 (PND 21). MeHg (CH3HgCl, CAS No. 115-09-3 from Sigma-Aldrich) was administered with the drinking water. PCB 153 (2,2’,4,4’,5,5’-hexachlorobiphenyl, CAS No. 35065-27-1 from Fluka) was diluted with corn oil to the required concentration and administered intragastrically by gavage. Details of the exposure procedure have been presented in the report concerning the effects of exposure during the preweaning period of life [14]. In Experiment I (exposure to MeHg), the expected daily MeHg intake was 0.5 mg/kg/day in the low exposure group and 2.0 mg/kg/day in the high dose group. Mothers of the control group received water not adulterated with MeHg. In Experiment II (exposure to PCB), PCB 153
was administered intragastrically by gavage at 1.0 mg/kg in the low exposure group and 5.0 mg/kg in the high dose group. Mothers of the control group received pure corn oil via the same route. In Experiment III (combined exposure), mothers of the exposed group received 0.5 mg/kg/day of MeHg and 5.0 mg/kg/day of PCB 153. Mothers of the control group drank water not adulterated with MeHg and received pure corn oil.

**Assessment of the offspring before weaning**

From birth (PND 1) to weaning (PND 21) the offspring was assessed for the general appearance, litter weight, mean pup weight (for males and females separately) and mortality. Additionally, the following developmental milestones were recorded: pinna detachment, incisor eruption, and eye opening. Assessed were also: negative geotaxis, grip strength (the forepaw suspension test), and the righting reflex (the free-fall righting test). Details of the procedures have been presented already [14].

**Postweaning procedures**

Pups were weaned at PND21. They were separated into exposure/gender groups and allocated into group cages (up to 4 animals per cage matched for gender and treatment) where they remained for about eight weeks. During this time they were not disturbed, except for the routine weekly weighing and bedding changing. At 75–80 days of age the animals were allocated to single rat cages. Each exposure/gender group was divided into three parts (see the study design). Care was taken to assure that each part contained members of each litter.

**Neurobehavioural assessment and the neurobehavioural tests battery**

The test battery consisted of the following tests: open-field test (assessment of motoric behaviour), radial maze test (assessment of spatial working memory), passive avoidance test (assessment of long-term memory), hot-plate test (assessment of pain sensitivity and the magnitude of the stress-induced analgesia), and startle response and startle prepulse inhibition (assessment of auditory function and sensorimotor gating). In the experiments concerning the exposure to PCB 153 alone and joint exposure to MeHg and PCB 153, the test battery was supplemented with testing on rotarod (rotarod test) in order to assess the sensorimotor coordination. The succession of testing was as follows:

**Table 1. Tests and testing succession**

<table>
<thead>
<tr>
<th>Test</th>
<th>Rat’s age (weeks)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Open field</td>
<td>13</td>
</tr>
<tr>
<td>Radial maze</td>
<td>14–15</td>
</tr>
<tr>
<td>Passive avoidance</td>
<td>16–17</td>
</tr>
<tr>
<td>Hot-plate</td>
<td>18</td>
</tr>
<tr>
<td>Startle response</td>
<td>19</td>
</tr>
<tr>
<td>Rotarod</td>
<td>20</td>
</tr>
</tbody>
</table>

Open field test

A computerised 4-unit set of activity cages (PORFEX Ltd., Bialystok, Poland) was used. Each cage (63×63×40 cm) was equipped with 2 tiers of infrared motion sensors to measure locomotor (travelled distance) and exploratory (rearrings) activities. Detailed description of the apparatus and the testing procedure have been presented in other reports [16,18]. For testing the spontaneous behaviour, the rat was placed in the activity cage once for 60 min.

Radial maze test

The 8-arm radial maze used in the present study, the experimental settings and the test procedure were described in detail earlier [19]. In short, water was used as the reward. The testing run comprised 2 stages: adaptation and training. The adaptation consisted of 3 trials (one trial per day). During each adaptation trial the containers (0.5 cm³) at the end of each arm were filled with water and the rat was allowed to explore the maze for 3 min. The training stage consisted of 5 trials (one trial/day). Before each training trial the rats were water-deprived for about 23.5 h. The trial ended after eight choices were made or 3 min elapsed. The following data were collected during each stage: the number of arms omitted (omission errors), the number of re-entries (perseveration errors), and the time required to complete the trial (trial duration).
Passive avoidance test

The passive avoidance situation (step-down type) and the test procedure were described in detail previously [19]. The test consisted of 2 preshock trials (trials 1 and 2), 1 shock trial (trial 3) and 3 postshock trials (trials 4, 5 and 6). Trials 1, 2 and 3 were performed at 24 h intervals, Trials 4, 5 and 6 were performed 24 h, 3 and 7 days, respectively, after trial 3. In preshock trials the rat was placed on the platform and, after stepping down, it was allowed to explore the cage for 1 min. In the shock trial, the rat received a 10 s series of scrambled electric foot shocks (100 ms, 2.0 mA, 1.0 Hz) immediately after stepping down. In post shock trials, the rat was allowed to remain on the platform for 3 min or, in case it stepped down earlier, to stay on the floor for 1 min.

Testing the pain sensitivity and the stress-induced analgesia (the hot plate test)

The apparatus and the procedure employed in this test were described in detail in our earlier works [19]. The measured variable was the latency (L) of the paw-lick response to a thermal (54.5±0.2°C) stimulus applied to the paws via the heated floor (hot plate). The testing consisted of 3 trials, a preshock trial (trial 1) and two postshock trials (trial 2 and 3). The measured latencies were denoted as L1, L2 and L3, respectively. Each trial consisted in placing the rat on the hot plate where it remained until the expected response, i.e. licking the hind foot, or until 60 s elapsed. Immediately after trial 1, the rat was transferred to the shock chamber where it received electric foot shocks (100 ms, 2.0 mA), one every 2 s, for 2 min. Trial 2 was performed several seconds after the shocking. Trial 3 was performed 24 h after trial 2. In this test the paw-lick latency in trial 1 (L1) is regarded as a measure of the pain sensitivity. The L2/L1 ratio is regarded as a measure of the stress-induced analgesia and provides some information about the magnitude of the shock-induced stress response. The L3/L1 ratio allows for making some inferences about the strength of the association between the test environment and the aversive stimuli (heat and foot shocks). In other words, it provides some clues concerning the memory function [20,21].

Startle reflex (SR) and prepulse startle reflex inhibition (PPI)

The apparatus was a four-unit Startle Response System (TSE GmbH, Germany). All units could be simultaneously controlled by the computer software. The startle reflex (SR) — a body flinch — was evoked by a SR inducing stimulus (SRiS) which was a 20 ms burst of 115 dB white noise. The SR amplitude (in grams) was automatically measured and the score stored in the computer memory. SR prepulse inhibition (PPI), i.e. reduction of the SR amplitude contingent upon the occurrence of a short sensory stimulus before the SRiS, was tested by presenting an auditory stimulus (a 20 ms click — prepulse (PP) — of 70, 75 or 80 dB intensity and duration of 20 ms). PP started 100 ms before the SRiS. The measured variable was the SR amplitude. On the first day the rats were adapted to the test environment by placing them into the startle cabinets for 10 min. The basic test was performed in the next two days and consisted of two steps: Step 1 — testing the short-term habituation, and Step 2 — PPI testing. Step 1 and 2 were about 23 h apart. In Step 1, the rat was placed into the startle cabinet and left undisturbed for about 3 min. Then it was presented with five series of SRiS, ten SRiS in one series, at 1 min between series intervals. The intervals between successive SRiS in the series varied randomly from 20 to 60 s. The testing in Step 2 consisted of three blocks of stimulus presentations (trials) with 2-3 min intervals between blocks. Block 1 and 3 consisted of ten trials each, and in each trial the SRiS was presented alone. Block 2 consisted of 40 trials. In ten trials of block 2 the SRiS was presented alone, and in 30 it was preceded by PP of 70 dB, 75 dB or 80 dB (ten trials for each PP intensity). The trials were distributed randomly within the block. The intertrial interval varied randomly from 20 to 60 s. PPI was calculated in percent from the proportion of the mean SR amplitude in trials with PP of a given intensity and the mean SR amplitude in trials without PP in block 2. Comparison of the data from block 1 and 3 supplied information about the stability of SR in Step 2.
Testing the sensorimotor coordination — the rotarod test  
The apparatus was a home-made, four-unit rotarod.  
It consisted of a 50×50×50 cm cage with translucent  
front door. The cage was separated by perpendicular walls into four equal compartments each equipped  
with a grid metal floor connected to a constant current shock generator. A wooden rod, 8.0 cm in diameter,  
driven with an electric motor, was mounted 18 cm above the floor. The testing consisted of two trials 24 h apart.  
In the first trial the rat was placed on the wooden rod rotating at a constant speed of 7.0 rpm. After falling  
down onto the electrified floor it received a foot shock (2.5 mA, 100 ms, at 0.3 Hz) during 10 s. Immediately  
after the foot shock, the rat was returned to its home cage. On the next day it was retested in the same way  
as on the first day but without the foot shock. The measured variable was the latency of falling off the rod onto  
the floor.

Statistics  
In most cases a two-way ANOVA (groups x measurements) for repeated measures was employed for statistical  
assessment of the differences. When a significant interaction was found, it was followed by one-way ANOVA and  
Tukey’s test for pairwise comparisons. In some instances nonparametric one-way ANOVA (Kruskal-Wallis test)  
was used. It was preceded by Bartlett test to assess the homogeneity of variances. Pairwise comparisons were  
performed with the Sheffe test. Differences were regarded as significant when the probability of the null hypothesis  
was 5% or less.

RESULTS  
Experiment 1. Effects of perinatal MeHg exposure  
Observations made before weaning  
In pups of the high dose group the body weight increased  
at a lower rate than in controls and the timing of some developmental milestones was disturbed (incisor eruption  
was hastened). Moreover, these rats, males and females, showed slower progress in the free fall righting and fore-  
paw suspension test performances. The only significant difference found in pups of the low exposure group con-  
cerned the negative geotaxis; these pups, males and females, performed better than pups of the control group  
[14].

Neurobehavioural functions in adulthood  
General health status of the progeny after adolescence  
Eighty rats participated in this part of the study. There  
were 14 females and 15 males born to mothers of the control group, 15 females and 14 males born to mothers of  
the low exposure group (MeHg 0.5 mg/kg/day), and 11 females and 11 males born to mothers of the high dose  
group (MeHg 2.0 mg/kg/day). At the age of three months the groups, males and females, did not differ significantly  
in general appearance, home cage behaviour and body weight.

Open field test: testing spontaneous locomotor activity  
In females, in both exposed groups, the number of ambu-  
lation episodes was smaller and, in the low dose group,  
the walked distance was significantly shorter than in fe-  
males of the control group. In males there were no dif-  
fferences between groups (Fig. 1). No differences be-  
tween exposure groups, males or females, were found in  
the number of rearings (exploratory activity) (data not  
shown).

Statistics  
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ments) for repeated measures was employed for statistical  
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performed with the Sheffe test. Differences were regarded  
as significant when the probability of the null hypothesis  
was 5% or less.

Fig. 1. Behavioural effects of perinatal MeHg exposure.  
Spontaneous motoric activity (open field test) in adult progeny  
of unexposed mothers (control) and mothers receiving MeHg  
at 0.5 mg/kg/day (MeHg 0.5) or 2.0 mg/kg/day (MeHg 2.0)  
during gestation and lactation.
differences between groups in post shock trials (data not shown). In males, however, in both exposed groups in the first post shock trial and in the last post shock trial in the high dose group, the latencies were significantly shorter than in the control group (Fig. 3). It suggests that both groups were impaired, but in the high dose groups the impairment was more evident.

Hot plate test: assessment of pain sensitivity and the stress-induced analgesia
A comparison of the direct L1, L2 and L3 values revealed no significant differences between groups in the female population. In males, however, in the high-exposure group, the L3 value as well as the L3/L1 ratio were significantly smaller than in the control group (Fig. 4).

Startle response (SR) and startle prepulse inhibition (PPI)
After a very close examination of the raw data, it appeared that some records contained a substantial proportion of artefacts. Therefore, the results of SR and PPI testing in Experiment 1 have been excluded.

Radial maze test: testing short-term spatial memory
In males as well as females, no differences between groups in the number of omission errors were found during successive days of adaptation (data not shown). During training, males of the high dose group made significantly more omission errors than males of the control group (Fig. 2). No significant differences between groups (males and females) were found in the number of perseveration errors and trial duration (data not shown).

Passive avoidance performance: testing long-term memory
In the shock trial, the step-down latency was similar in all groups (15–20 s). In successive post shock trials the latency was markedly increased. In females there were no differences between groups in post shock trials (data not shown). In males, however, in both exposed groups in the first post shock trial and in the last post shock trial in the high dose group, the latencies were significantly shorter than in the control group (Fig. 3). It suggests that both groups were impaired, but in the high dose groups the impairment was more evident.

**Fig. 2.** Behavioural effects of perinatal MeHg exposure. Radial maze performance in the progeny of rat mothers of the control group (Control), and groups exposed to MeHg during gestation and lactation at 0.5 mg/kg/day (MeHg 0.5) or 2.0 mg/kg/day (MeHg 2.0).

**Fig. 3.** Behavioural effects of perinatal MeHg exposure. Passive avoidance performance in the progeny of rat mothers of the control group (control), and groups exposed to MeHg during gestation and lactation at 0.5 mg/kg/day (MeHg 0.5) or 2.0 mg/kg/day (MeHg 2.0).
respective control groups. This effect was notable in both genders but in males it was less pronounced. In the forepaw suspension test, males, mainly of the high dose group, released the paw grip significantly sooner than males of the control group [14].

Neurobehavioural functions in adulthood

**General health status of the progeny after adolescence**

The animals used in this part were 14 males and 12 females born to mothers of the control group, 14 males and 14 females born to mothers of the low (1.0 mg/kg/day) exposure group, and 12 males and 14 females born to mothers of the high (5.0 mg/kg/day) exposure group. At the age of three months the groups did not differ in general appearance, home cage behaviour or body weight (data not shown).

**Open field test: testing spontaneous locomotor activity**

In females of both exposed groups, the locomotor activity in the open field — the number of ambulation movements in both groups, and the walked distance in the high dose group — was significantly increased compared to females of the control group (Fig. 5). In males no significant differences between groups were found (data not shown).

**Summary of the effects of perinatal MeHg exposure**

The results obtained in this part of the study indicate:

- reduced locomotor activity in female progeny of both exposed groups (lower scores in the open field test);
- increased number of omission errors (distractibility) but not perseveration errors (memory) in males of the high dose group;
- impaired passive avoidance performance in male progeny of the high and low dose group (in the low dose group this effect was less pronounced);
- faster recovery from the effects of stressful experience or impaired memory (hot plate test): effect present in male progeny of both exposure groups but it was statistically significant only in the high dose group.

**Experiment II. Effects of the perinatal PCB 153 exposure**

Observations made before weaning

Statistically significant and reliable differences were noted in case of two measurements only: body weight gain and grip release latency in the forepaw suspension test. Pups of the high dose group gained weight faster than pups of respective control groups. This effect was notable in both genders but in males it was less pronounced. In the forepaw suspension test, males, mainly of the high dose group, released the paw grip significantly sooner than males of the control group [14].

Statistical analysis:

**Measurement effect:** $F(1.37) = 25.49, p < 0.001$.

**Group effect:** $F(2.37) = 1.81, p = 0.18$.

**Interaction:** $F(2.37) = 14.49, p < 0.001$.

**Fig. 4.** Behavioural effects of prenatal MeHg exposure: Hot plate test performance in the male progeny of rat mothers of the control group (Control), and groups exposed to MeHg during gestation and lactation at 0.5 mg/kg/day (MeHg 0.5) or 2.0 mg/kg/day (MeHg 2.0).

Statistical analysis:

**Measurement effect:** $F(1.37) = 25.49, p < 0.001$.

**Group effect:** $F(2.37) = 1.81, p = 0.18$.

**Interaction:** $F(2.37) = 14.49, p < 0.001$.

**Fig. 5.** Behavioural effects of perinatal PCB 153 exposure. Locomotor activity in adult female progeny of rat mothers of the control group (control) and groups exposed to PCB 153 during gestation and lactation at daily doses of 1.0 mg/kg/day (PCB 1.0) or 5.0 mg/kg/day (PCB 5.0).
Radial maze test: testing short-term spatial memory
Either during the adaptation or during the training phase of the test, reliable significant differences between groups, males or females, were not found in the number of omission errors or perseveration errors (data not shown).

Passive avoidance performance: testing long-term memory
In all postshock trials the exposed groups, males or females, did not differ significantly from respective control groups in the latency of the step-down response (data not shown).

Hot plate test — assessment of pain sensitivity and the stress-induced analgesia
Either in the female or the male progeny the groups did not differ significantly in the direct L1, L2 and L3 values as well as the L2/L1 or L3/L1 ratios (data not shown).

Startle response (SR) and startle prepulse inhibition (PPI)
SR short-time habituation: During the habituation phase of the test, the SR amplitude decreased gradually across successive blocks of SRiS presentations. In the female and in the male progeny of the low dose group the SR amplitudes were notably lower. Moreover, in males (and in females) of this group the SR amplitudes decreased faster...
group and 12 females and 12 males born to mothers exposed to MeHg (0.5 mg/kg/day) and PCB 153 (5.0 mg/kg/day) during gestation and lactation. At the age of three months the groups did not differ in general appearance, home cage behaviour or body weight (data not shown).

Open field test: testing spontaneous locomotor activity
There were no significant differences between groups in the female and in the male population in the distance travelled during the 1 h stay in the open field. No differences between groups were also found in the number of ambulation episodes, number of rearings or number of nonambulatory short-distance movements (data not shown).

Radial maze test: testing short-term spatial memory
During the adaptation stage on day 3, females of the exposed group made more and males made less arm entries than their counterparts in the control group. Considering the daily variability of this measure, these differences were regarded accidental (data not shown). During the training stage, neither in the female nor in the male progeny significant differences were found between groups in the number of omission errors, perseveration errors and trial duration (data not shown).

Passive avoidance performance: testing long-term memory
In the female as well as in the male population, significant differences between groups in the step down latency were not found in successive trials of the passive avoidance test (data not shown).

Hot plate test — assessment of pain sensitivity and the stress-induced analgesia
Neither in the female nor in the male progeny significant differences were detected between groups in the direct L1, L2 and L3 values as well as the L2/L1 and L3/L1 ratios (data not shown).

Startle response (SR) and startle prepulse inhibition (PPI)
SR short-time habituation: In the exposed groups, males or females, the decrease in the SR amplitude across successive blocks (significant group x block interaction) (Fig. 6).

PPI testing: PP presentation before the SRIS resulted in reduction of the SR amplitude and at 80 dB PP this effect was more pronounced than at 70 dB PP. Regardless of the PP value, however, the groups within the male as well as female progeny did not differ in the SR amplitude and the level of PPI (data not shown).

Rotarod test — assessment of sensorimotor coordination
In the female progeny, in both trials of the rotarod test, the differences between groups in the latency of falling off the rotating rod were not significant. In the male progeny, in both trials of the test, animals of both exposed groups performed poorer than animals of the control group. However, the difference appeared significant statistically only for the high dose group (PCB 5.0) and only in the second trial (Fig. 7).

Summary of the effects of perinatal PCB 153 exposure
Testing of the PCB exposed groups indicates:
— increased locomotor open-field activity in the female progeny (effect present in the low and the high dose group);
— signs of facilitated habituation of the startle reflex in males and females of the low dose group;
— impaired rotarod performance in males of the high dose group.

Experiment III. Effects of combined perinatal exposure to MeHg and PCB 153
Observations made before weaning
Adverse effects of the combined exposure to PCB 153 (5.0 mg/kg/day) and MeHg (0.5 mg/kg/day) during gestation and lactation on the maternal health, reproduction success and morphological and physical development of the progeny were not found [14].

Neurobehavioural functions in adulthood
General health status of the progeny after adolescence
This part of the study was performed on 47 rats. There were 12 females and 11 males born to mothers of the control group and 12 females and 12 males born to mothers exposed to MeHg (0.5 mg/kg/day) and PCB 153 (5.0 mg/kg/day) during gestation and lactation. At the age of three months the groups did not differ in general appearance, home cage behaviour or body weight (data not shown).
successive blocks was more pronounced than in the control groups, but the differences appeared insignificant statistically (data not shown).

PPI testing: Either in the females, or the males, the groups did not differ significantly in the direct SR values regardless of PP magnitude (data not shown).

Rotarod test: — assessment of sensorimotor coordination
In the rotarod test, there were no significant differences between groups of the female or the male progeny in the time of staying on the rotating rod. The L2 value tended to be higher than the L1 value. However, in none of the groups this difference was significant (data not shown).

Summary of the effects of combined exposure
Combined exposure of rat mother to MeHg (0.5 mg/kg/day) and PCB 153 (5.0 mg/kg/day) during pregnancy and lactation results in no overt neurobehavioural alterations in their adult offspring.

DISCUSSION
Effects of exposure to MeHg
The results of Experiment I (MeHg exposure) indicate that: i) both exposure levels used in the present study were effective in inducing behavioural alterations in adult progeny, ii) alterations found in females differed qualitatively from alterations found in males. Effects observed in females (reduced locomotor activity in the open field) suggest a lowered general arousal (or increased fearfulness). Effects seen in males (deficient passive avoidance and reduced paw-lick latency in the hot-plate test) suggest a deficit in long-term memory.

Regarding the effectiveness of the MeHg dosing levels, it is worth noting that in females of the low dose group the reduction of the locomotor activity was more pronounced than in females of the high dose group. In case of the alterations found in males — the deficits in the passive avoidance and hot plate behaviour — the dose-effect relationship is as it might be expected: in males of the high dose group the deficits are more evident than in males of the low dose group. We will come back to the issue of the dose-effect relationship at the end of the discussion section.

What regards the type of the discovered alterations, they are only to some extent consistent with those reported by other authors. In case of the open field test, the direction of the change found in the present study, i.e. a reduction of locomotor activity, is the same as that observed by other authors. Inconsistency concerns the gender relationship. According to some reports, perinatal MeHg exposure in rats results in reduced locomotor activity in males [22]. In mice, however, females are the affected gender [23]. In all the remaining tests of Experiment I, effects were found in males only, which is consistent with observations of other authors suggesting a higher vulnerability of male fetuses to the MeHg toxic action [24]. From the review paper by Castoldi et al. [22], as well from the recent report by Ferraro et al. [25] it appears that passive avoidance is the test situation in which the deficits produced by perinatal/prenatal MeHg exposure are commonly reported. Notably, deficits in passive avoidance were produced by a single high-dose MeHg administration as well by repeated low level exposures. Thus, the fact that this effect was noted in the present study adds credibility to the results of the remaining tests. The results of the hot-plate test provide additional confirmation of the passive avoidance deficit. The longer L3 in this test seems to be related more to the memory of the fact that paw licking is followed by punishment than to stress-related analgesia [25]. In other words, the L3 provides the same information as the step-down latency in the passive avoidance test.

The effects found during testing in the radial maze — increased number of omission errors, but not perseveration errors in males of the high dose group — suggest an increased distractibility but intact spatial working memory. The published reports concerning the influence of perinatal MeHg exposure on spatial memory are not univocal; reported were negative as well as positive effects [21]. Therefore, there is no ground for questioning the observation made in the present work.
**Effects of exposure to PCB 153**

The results of Experiment II indicate that both exposure levels resulted in neurobehavioural alterations in adult progeny, while some of the alterations — increased locomotion in the open field — were present only in females, and some — poor rotarod performance — only in males. The effect found in females suggests an increased behavioural arousal, and that found in males indicates a deficit in sensorimotor coordination.

The effects of a perinatal PCB exposure on motoric functions have been described in several reports. However, the variability of test designs, results obtained, PCB congeners tested, and exposure regimes do not allow for drawing valid conclusions [27]. No reports were found concerning the effects of perinatal exposure to PCB 153 in the open field activity. Two reports describe operant behaviour of adult rats exposed to PCB 153 with mother’s milk. An increased motoric activity, suggesting an inability to refrain from performance of a learned movement (pressing a bar) was observed in the male but not in the female progeny [28, 29]. Similar effects were described after a perinatal exposure to a PCB mixture [30].

The effect found in males in Experiment 2 of the present study suggests either a reduced muscular strength or impaired sensorimotor coordination. Other authors observed similar effects after a perinatal exposure to Aroclor 1254 [12, 27]. It is worth noting that, during the preweaning period of life, males of the exposed groups (particularly of the high dose group) were deficient in the forepaw suspension test (showed reduced grip strength) [14]. It would not be reasonable to exclude then, that the poor rotarod performance in adulthood was due to a persistence of the deficits present in the preweaning period of life. According to some authors, the main functional domains affected by a perinatal exposure to ortho substituted (noncoplanar) PCBs (like PCB 153) are learning and memory, especially if spatial discrimination is required [31, 32]. From the studies by Hussain et al. [32, 33, 34] it appears that perinatal exposure to PCB 153, as well as other PCBs, results in an impairment of the long-term potentiation (LTP) in the hippocampus. Such an effect indicates a reduced ability for plastic changes in the hippocampus and the resultant impaired ability to solve tasks requiring functional integrity of this structure. Such tasks are passive avoidance and radial maze. However, in the accessible literature we found no reports dealing with the effects of perinatal exposure to PCB 153 on the performance in these tasks in adulthood. Therefore, we do not know whether the absence — in Experiment II — of differences between groups in performance in these two tasks was due to a too low dosing level or to other variables. (It is worth noting here that according to Hussain et al. [32] 1.25 mg/kg of PCB 153 per day from GD3 to PND 21 suffices to reduce markedly the ability to generate LTP in the hippocampus).

**Effects of combined PCB 153 and MeHg exposure**

A comparison of the effects of separate exposures allows one to expect that if MeHg and PCB 153 interacted synergistically, or additively, then the profile of effects produced by the combined exposure might be as follows: no differences between groups in the results of the open field test as well as the remaining tests in females but differences in the results of the passive avoidance, hot plate and rotarod tests in males. Differences were not observed in Experiment 3 either between female or male groups, which suggests an antagonistic type of MeHg and PCB 153 interaction in the present study. The same conclusion has been drawn from the observations concerning the effects detected during the preweaning period of life [14] as well as those concerning the effects of the exposures on the propensity to sensitisation by amphetamine [16] and brain catecholamine concentration [17]. Antagonistic type of interaction has also been suggested by results obtained in studies on discrimination learning and glutamatergic transmission in adult rats exposed perinatally to PCB 153 and MeHg [35] and neurobehavioural studies of Sugawara et al. [36]. Only two study reports presented results suggesting synergism or additivity. In one study, mice were exposed to MeHg and PCB 153 only once at PND 10. In maturity, in animals exposed to both these neurotoxicants, habituation of the locomotor activity was impaired more severely than in animals exposed to MeHg or PCB alone [37]. In the second study on rats, a combined perinatal exposure to MeHg and Aroclor 1254 resulted in a stronger
impairment of the rotarod behaviour than did separate exposures [12]. MeHg/PCB interaction was not found in studies using catecholaminergic transmission [38], cholinergic (muscarinic) receptor density [39,40], or spatial alternation [41] as endpoints.

Experimental proofs for both synergistic or antagonistic MeHg/PCB interaction have been provided also by results of the in vitro studies. Apart from the Bemis and Seegal studies [2,3] already quoted, evidence of an additive or weakly synergistic interaction has been found by Johansson et al. [42] in studies on AtT20 pituitary cell line using cell viability as the endpoint. Notably, the interaction was evident only when each of the toxicants (MeHg, PCB 126 or PCB 153) was present in the medium at concentration proved effective in conditions of separate exposure (≥ 1.0μM in case of MeHg and 25 or 50 μM in case of PCB 126 or 153, respectively).

In all the remaining in vitro studies, the type of interaction was concentration dependent. In the Bemis and Seegal studies [2,3] on the cerebellar granule cells and Ca2+ release as the endpoint, MeHg interacted synergistically with the PCB when the concentration was low and exposure time short. High concentrations or long exposure times resulted in antagonism [3]. In studies performed by Vettori et al. [43] on PC12 cell lines and cell viability as the endpoint, antagonism was observed at low concentrations of the toxicants (MeHg and PCB 153) and additivity was noted when the concentrations were high. Very interesting results have been obtained by the same authors in an “asynchronous” experiment [44]. Antagonistic interaction was observed when the cells were preexposed to MeHg alone before adding the PCB (PCB 153) to the medium. Interestingly, this antagonism was most pronounced when MeHg concentration was ten times lower than the lowest effective concentration in the Johansson et al. study [42]. When cells were preexposed to PCB before adding MeHg, the effect on cells (cell death) suggested additivity or synergism. The authors propose hormesis as one of the possible explanation of the antagonism seen in their study. The hormesis suggested by Goldoni et al. [44] is in fact chemical conditioning hormesis (although the authors did not use this term), a phenomenon in which prior exposure to a chemical toxicant results in reduction of the toxic effect of a subsequent more massive chemical insult [45,46]. According to this explanation, preexposure of cells to MeHg at concentrations too low to kill the cells activates some cellular defence mechanisms that make the cell more resistant to the toxic action of PCB, hence the antagonism. Additivity or synergistic interaction is observed when the cells are pretreated with concentrations sufficiently high to seriously damage or kill the cell. We feel it worth to consider whether the above hypothesis of the MeHg-PCB antagonism can be applied for explaining the results obtained in the present study. The Goldoni et al. results suggest that the antagonistic MeHg-PCB interaction is best evident when MeHg concentration is subtoxic and when MeHg exposure precedes the exposure to PCB.

The MeHg dosing level in Experiment III of the present study (0.5 mg/kg/day) could hardly be regarded as toxic. Notably, in other in vivo studies with different endpoints, exposure to MeHg at this level appeared totally ineffective [39,40]. Thus, the condition of low dose (or low concentration) was probably met in the present study. Regarding the second condition, asynchronicity, as the accessible information indicates, the MeHg transfer from mother to the child occurs mainly through blood [47], whereas PCB is transferred mainly through milk [48,49]. It means that, in Experiment 3, during pregnancy the progeny was exposed mainly to MeHg and mainly to PCB 153 during lactation.

The essence of hormesis is the opposing character of the biological effects produced by low and high doses of a substance: the biphasic (“∩-shaped” or “J-shaped”) dose- response curve [50]. If the “hormetic” explanation of the MeHg-PCB antagonism were valid, then one might expect that in conditions of separate exposures the dose response curve for at least one of these neurotoxicants would be “∩-shaped” or “J-shaped”. So far, however, reports describing such dose-response relationship for MeHg or PCB are lacking. The possibility of such a relationship is suggested by some observations from the present as well as the earlier studies. It concerns MeHg as well as PCB 153. What regards MeHg, during the preweaning
period of life in the progeny of the low-dose group, development of the negative geotaxis was accelerated, while it was unchanged in the progeny of the high dose group. At adulthood, in females of the low dose group, alterations in the open field behaviour were more pronounced than in females of the high dose group and the propensity for AMPH sensitization was evidently higher in males of the low dose group than in males of the high dose group. What regards PCB, the differences were noted mainly during the preweaning period of life: the pinna detachment and incisor eruption were accelerated in the progeny of the low dose group but delayed in the progeny of the high dose group. It is worth noting that the “J-shaped” dose-response relationship in case of at least one of the two toxicants could explain why, depending on the exposure level, the observed MeHg-PCB interaction is synergistic or antagonistic. In such a situation, antagonism observed on a behavioural level may be due to additivity or synergism on the molecular level.

To sum up, the results which have been presented in the present and in earlier reports \[14,16,17\], as well as results obtained by other authors \[35,36\] indicate that coexposure to MeHg and PCB 153 during gestation and lactation is not likely to endanger the neurodevelopment of the progeny more than separate exposure to each of these neurotoxicants. To the contrary, the coexposure is even more likely to reduce the risk of some abnormalities compared with separate exposure to those toxicants. This conclusion, however, cannot be generalised; it cannot be excluded (or it is almost certain) that in other conditions (different exposure regime, different concentration combinations, other PCB congeners, and with different experimental endpoints) the results (and the conclusions) would be different. In this situation, synergism or additivity in the MeHg/PCB interaction may still be a valid explanation of the inconsistencies between the results obtained on the Faeroe and Seychelles cohorts. Therefore, apart from exact determination of the dose-response relationship(s), future investigations should focus on precise determination of the conditions in which coexposure to MeHg and PCBs increases, and in which it decreases the risk of adverse developmental effects.

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