Damage of testicular cell macromolecules and reproductive capacity of male rats following co-administration of ethambutol, rifampicin, isoniazid and pyrazinamide

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ABSTRACT
The necessity to minimize adverse effects of tuberculosis chemotherapy requires a comprehensive evaluation of the effects of antituberculosis drugs on the reproductive system and testicular cell macromolecules. The epidemiological situation of tuberculosis in Central and Eastern Europe is getting worse. Data on adverse effects of antituberculosis drugs are scare concerning particularly their effects on the reproductive system. The aim of the present study was to investigate the potential effect of ethambutol, rifampicin, isoniazid and pyrazinamide co-administration on lipid peroxidation, glutathione content and protein SH-groups, DNA fragmentation levels, the reproductive capacity of Wistar male rats and the antenatal development of their posterity. The rats (150–170 g) were divided into two groups: group I – received antituberculosis drugs suspended in 1% starch gel per os: ethambutol – 155 mg/kg b.w./day, rifampicin – 74.4 mg/kg b.w./day, isoniazid – 62 mg/kg b.w./day, pyrazinamide – 217 mg/kg b.w./day, group II (control) – received only starch gel in corresponding volumes. The contents of TBA-active compounds, glutathione and protein SH-groups in testis and sperm were determined spectrophotometrically, the DNA-fragmentation was determined using an UV transilluminator (BIORAD, USA), reproductive system indices were measured by standard methods. The co-administration of therapeutic doses of ethambutol, isoniazid, rifampicin and pyrazinamide to male rats during the period of spermatogenesis caused an increase in the rate of thiobarbituric acid reactive substances formation in testis and sperm, decrease of testis glutathione and protein SH-group contents, significant changes in DNA fragmentation, fatal decrease of male fertilizing capacity and fertility, and increase of pre- and post-implantation embryo lethality. The changes in reproductive indices could be the result of direct or indirect effects of one or more drugs investigated.

KEY WORDS: antituberculosis drugs; male reproductive capacity; DNA-fragmentation; testis; rat

Introduction
In 2004, the WHO Assembly announced protection of reproductive health as a world-wide priority and approved the first international strategy on this problem (World Health Organization [webpage in the internet]). Of the potential risks for reproductive health, special concern was given to the ability of a great number of xenobiotics (including medicines) to affect the function of the male reproductive system (Ten et al., 2008).

A complex analysis of potential effects of chemicals on the reproductive system is urgently required for the development of improved treatment strategies and the formulation of shorter, more effective and safe regimens for the prevention and treatment of chronic diseases, at simultaneously minimizing adverse effects.

One third of the world’s population has positive tuberculin tests and this number is increasing. Thus analysis of the potential effects of medicines on the reproductive system is important for improving first-line antituberculosis therapy as current therapeutic regimens are associated with a great number of adverse effects and can lead to potential risks for reproductive health. Understanding the nature and the severity of these adverse effects is very important. At present it is known that simultaneous and long-term use of antituberculosis drugs may cause various
negative effects on the metabolism of amino acids and proteins and the rate of protein biosynthesis (Kovalenko et al., 2007; Bondarenko et al., 2006; 2011). This allows to suspect a potential negative effect on reproductive function.

The epidemiological situation of tuberculosis in Central and Eastern Europe keeps worsening (Arinaminpathy et al., 2010). The data on adverse effects of antituberculosis drugs, particularly their effects on the reproductive system, are limited. The aim of the present study was to investigate the potential effect of ethambutol, rifampicin, isoniazid and pyrazinamide co-administration on male rat testis lipid peroxidation, glutathione contents and protein SH-groups, DNA fragmentation levels, reproductive capacity and on antenatal development of their posterity.

**Material and methods**

Ethambutol, isoniazid, pyrazinamide and rifampicin were supplied by the SIC “Borzhagovsky Chemical-Pharmaceutical Plant” CJSC, Ukraine.

Wistar albino male (n=24) and female (n=48) rats, body weight (b.w.) 150–170g (4 month old) were purchased from Biomodel Service (Kyiv, Ukraine). The animals were kept at standard conditions of nutrition, water and light regimens.

The study was carried out according to the national and international guidelines and the law on animal protection was observed. All animal studies were performed in accordance with the recommendations of the European Convention for the Protection of Vertebrate Animals used for Experimental and other Scientific Purposes and approved by the Institutional Animal Care and Use Committee.

The rats were kept for acclimatization during 10 days, then they were randomized into experimental and control groups. Each group included 12 males. Antituberculosis drugs suspended in 1% starch gel were given by gavage in DOTS (directly observed treatment, short-course) regimen at maximal doses used in clinic (Donate, 2006): ethambutol – 155 mg/kg b.w./day, rifampicin – 74.4 mg/kg b.w./day, isoniazid – 62 mg/kg b.w./day, pyrazinamide – 217 mg/kg b.w./day for 60 days (duration of spermatogenesis process and time of germ cell maturation in epididymis). The coefficient for conversion of human doses to animal equivalent doses based on body surface area was taken into account (Food and Drug Administration [webpage in the internet]). The control group received only starch gel in corresponding volumes (5ml/kg b.w.). After 46 days of repeated administrations, the males from both groups were mated with intact females at the ratio 1 male : 2 females during 14 days (approximately 2–3 estrous cycles). During this period the administration of antituberculosis drugs to male rats was continued.

Effects of antituberculosis drugs on male fertilizing capacity were determined by the index:

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\text{Number of pregnant females} \times 100 \div \text{Number of females mated with males}
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The males were sacrificed under mild ether anesthesia via decapitation after completion of the mating period, 24 hours after the last administration of the drugs. Their testes and epididymides were used for biochemical assays.

The contents of reduced glutathione and proteins SH-groups in testis homogenates were determined with Ellman’s reagent (Sedlak et al., 1968), lipid peroxidation was investigated as the rate of ascorbate-induced thio-barbituric acid reactive substances (TBARS) formation (Stalnaya et al., 1977), protein contents by Lowry’s method (Lowry et al., 1951).

The DNA from testes was isolated by a modified method from Current Protocols in Toxicology (Zhivotovsky & Orrenius, 2001). The tissue was homogenized and digested in digestion buffer (100 mM NaCl; 10 mM Tris-HCl; 25 mM EDTA, pH 8; 0.5% SDS and freshly added 0.1 mg/mL proteinase K) (Sigma-Aldrich, Inc., USA)) (1:1.2 mg/mL) with shaking at 50°C for 15 h. RNA was degraded by incubation of the samples with 1–100 mg/mL thermostable RNase H for 1.5 h at 37°C. DNA was extracted with an equal volume of phenol:chloroform:isoamyl alcohol (25:24:1) and centrifuged for 10min at 1700 × g. Then the DNA was precipitated by adding 0.5 vol 7.5 M ammonium acetate and 2 vol 100% ethanol to the aqueous layer; samples were separated by centrifugation at 1700 × g for 5 min, rinsed with 70% ethanol, and air-dried. Pellets were dissolved in TBE buffer (10 mM Tris-HCl and 1 mM EDTA, pH 8) and then fractionated through 2% agarose gels (50–60 V; 3.5 h). After electrophoresis, gels were stained with ethidium bromide and visualized under a UV transilluminator (BIORAD, USA). Analysis of electrophoresis data was carried out with Quantity One Software (USA).

The females were sacrificed under mild ether anesthesia via decapitation on day 20 of pregnancy for determination of fetal antenatal development indices. The number of corpora lutea in ovaries, of implantation sites and of live and dead fetuses in each uterine horn were counted after laparotomy of pregnant females. Indices of embryonic death at pre- and postimplantation periods of development were calculated according to standard procedures (Clegg et al., 2001; Tyl, 2005).

The obtained data were calculated by one-way analysis of variance (ANOVA) and compared using the Tukey test. Differences were considered statistically significant at p<0.05.

**Results**

In our experiments we demonstrated an increase of TBARS formation in rat testis (+15%) and epididymal suspension of spermatozoids (+38%) in the group with antituberculosis drugs co-administration in comparison with the control group (Table 1).

The combined administration of antituberculosis drugs to male rats during the whole period of spermatogenesis caused a decrease of testis glutathione contents by 19% in comparison with control (Table 2). Simultaneously
of fragments in diapasons DNA fragmentation in rat testis cells with four fractions (Figure 1). accompanied by changes of nuclear DNA fragmentation morphological data (unpublished observations) was co-administered antituberculosis drugs (confirmed by control group.

30–20 b.p. and minor-1 000 b.p. were detected in the 40–30 b.p. Only two fractions of DNA fragments: main-lower molecular weight fraction with DNA fragments (after 46 days of antituberculosis treatment) remained organism (Wang et al., 2005). Oxidative stress, in turn, can damage all intracellular macromolecules (glutathione, DNA, RNA, proteins, lipids and ATP). Any changes in the level of these substances are of key importance for cell viability and great deviations cause cell damage and death (Cooke et al., 2003; Jones, 2008).

Discussion

Antituberculosis drugs co-administration caused the production of oxygen active forms, activation of lipid peroxidation and oxidative stress development (Tasduq et al., 2005). Oxidative stress, in turn, can damage all intracellular macromolecules (glutathione, DNA, RNA, proteins, lipids and ATP). Any changes in the level of these substances are of key importance for cell viability and great deviations cause cell damage and death (Cooke et al., 2003; Jones, 2008).
and reactive oxygen radical species (Lieber, 1997). Such cascades may alter the reducing milieu of testis and epididymis, producing conditions for sperm oxidative damage. Excessive free radicals generation often involves errors in spermiogenesis and as a result the release of spermatozoa from the germinal epithelium with abnormally high levels of cytoplasmic retention (Sanocka et al., 2004). Lipid peroxidation can profoundly affect sperm quality, including the percentage of motility and specific motility parameters (Bansal et al., 2011).

Glutathione (GSH) is the most abundant non-protein thiol in mammalian cells. Cellular GSH plays a key role in biological processes, including proteins and DNA synthesis and amino acid transport. However, its most important role is the protection of cells against oxidation, including control of male fertility (Lubera, 2005). The sulfhydryl group (SH) is a strong nucleophilic group which confers protection against damage by oxidants, electrophilic agents and free radicals. High concentrations of GSH have been observed in rat and mouse testes. A 3-fold increase in the concentration of GSH in rat testis was observed during the onset of spermatogenesis (Donnelly et al., 2000). Isolated hamster spermatocytes and spermatids contained large amounts of reduced GSH, they synthesized GSH and used GSH-dependent defence mechanisms (Donnelly et al., 2000). Changes caused by antituberculosis drugs co-administration in our experiment could be the result of their metabolic transformations in situ and the negative effect of metabolites on spermatogenesis processes and structure-functional characteristics of spermatozoa.

Some investigations indicated that apoptosis in cells caused by oxidative stress could be started endogenously by compounds which interact as mediators with receptor systems (Fas/Fas ligands, TNF) (Wang et al., 2005). The intensification of lipid peroxidation as a result of oxidative stress development induces overexpression of the mammalian apoptosis regulator – protooncogen Bcl-2 (Chen et al., 1998). There is also another endogenous way in which the stress signals act as mediators (Wang et al., 2005). The character of DNA fragmentation in human spermatozoa closely correlates with the chemical nature of oxidative base adducts and impaired spermiogenesis (Sanocka et al., 2011). Oxidative stress impedes spermatogenesis, resulting in the generation of spermatozoa with poorly remodelled chromatin. These defective cells have a tendency to default to an apoptotic pathway associated with motility loss, caspase activation, phosphatidylserine exteriorization and the activation of free radical generation by mitochondria. The latter induces lipid peroxidation and oxidative DNA damage, which leads to DNA fragmentation and cell death. The physical architecture of spermatozoa prevents any nucleases, activated as a result of this apoptotic process, from gaining access to the nuclear DNA and inducing its fragmentation. Simultaneously, oxidative stress is a key event which starts nonprogrammable cell death (Hakansson et al., 1995).

Differences in DNA fragmentation in experimental and control groups may be caused by activation of different sets of nucleases (Hakansson et al., 1995) and different
rates of lipid peroxidation (Aitken et al., 2011). Depending on the quality and quantity of nucleases, the levels of DNA oxidative damage DNA fragmentation results in high or low molecular weight fractions only or in high and lower molecular weight fractions simultaneously (Hakansson et al., 1995; Aitken et al., 2011).

The changes in DNA fragmentation have a more profound character in comparison with changes in testis morphology (unpublished observations). This is in good correspondence with other authors’ data on the possibility of DNA fragmentation disturbances proceeding not only to further apoptotic processes but also to toxic cell death events (Ray et al., 1993). The DNA damage in male germ cells can be accompanied with poor fertilization rates, defective preimplantation embryonic development, high rates of miscarriage and morbidity in the offspring (Aitken et al., 2007). In our experiments postimplantational lethality may have been caused by genotoxic action of substances (Clegg et al., 2001). This assumption could be confirmed by the data of experiments on mice demonstrating weak genotoxicity of pyrazinamide at doses of 125, 250 and 500 mg/kg b.w. (Anitha et al. 1994). Moreover, in vitro experiments showed that one isoniazid metabolite – mono acetylhydrazine – increased the weak mutagenic effect of isoniazid and its ability to cause oxidative damage DNA fragmentation results in high or more of the drugs used.

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