Localized Bullous Pemphigoid on the Site of Knee Arthroplasty: A Case Report

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Abstract
Localized bullous pemphigoid is a rare variant of bullous pemphigoid, and its exact etiopathogenesis is yet to be elucidated. We present a case of a 74-year-old Caucasian male with a 3-month history of skin lesions that appeared 9 months after he underwent a knee arthroplasty. Dermatological examination showed several pruritic tense bullae on the right knee, localized around the surgical scar, as well as erosions covered with crusts. The diagnosis of localized bullous pemphigoid was confirmed by direct immunofluorescence test (conventional and split-skin). The patient was treated with potent topical steroids, which led to complete resolution of cutaneous lesions.

We suppose that the occurrence of localized bullous pemphigoid in our patient may be explained by the concept of "immunocompromised district" in which one disease (surgery) caused an immunological alteration which is a predisposing factor for the development of secondary disease such as localized bullous pemphigoid.

Key words
Pemphigoid, Bullous; Skin Diseases; Cicatrix; Immunocompromised Host; Clobetasol; Arthroplasty, Replacement, Knee

Bullous pemphigoid (BP) arising on the site of skin injuries, has intrigued the researchers ever since the first description by Sneddon and Church in 1955 (1). Types of injury that can lead to BP vary greatly, among them, surgical procedures such as arthroplasty, are infrequently reported (2, 3). Some authors attribute this rare form of disease to a novel concept in dermatology, so called “immunocompromised district” (ICD) (4).

Case report
We present a case of a 74-year-old Caucasian male who was referred to our Clinic for itching and bullous eruptions that developed on his right knee three months earlier. He was otherwise healthy, except for hypertension, which was treated for several years with the same medications (fosinopril, acetylsalicylic acid and propafenone). His history was also significant for orthoprosthesis of the right knee; due to degenerative changes, a total prosthesis was implanted nine months prior to skin lesions. The patient received systemic and topical antibiotic therapy (gentamicin injections, and topical bacitracin and neomycin), but without favorable results.

Skin examination revealed several tense bullae on erythematous skin, as well as erosions covered with crusts and scars, whereas the patient’s main complaint was itching. No milia were seen. The lesions were localized on the incision scar from the above-mentioned orthopedic intervention, as well as on the surrounding skin (Figure 1).

Laboratory tests were not significant, except...
Therapy was initiated by using only potent topical corticosteroids, 0.05% clobetasol propionate ointment twice a day, because of the localized nature of patient’s condition, which lead to complete resolution of skin lesions over the course of eight weeks (Figure 3). No recurrence was observed during a 3-month follow-up.

Discussion

Bullous pemphigoid is an acquired, autoimmune disease confined to the skin, characterized by formation of autoantibodies which are directed towards components of hemidesmosomes in the basement membrane (5). It is the most common autoimmune bullous disease in Western Europe and North America (6), and probably in most countries of the world (5), which affects mostly the elderly (7). The reported incidence varies greatly among different countries: from 0.25/100,000 inhabitants per year in Romania (6), through 2.2/100,000 inhabitants in France or 2.4/100,000 persons per year in the United States (8), to 4.3/100,000 persons per year in the United Kingdom (9). The incidence appears to be increasing in the last two decades (8,9), which may be attributed to greater proportion of older persons in the population (9), or to increasing incidence of neurological diseases, and use of certain medications which are implicated as risk factors for development of BP (10).

Generally, it is thought that BP occurs as a result of delicate interaction between genetic predisposition and various inducing factors (11). As for genetic factors of BP, the strongest association has been documented for human leukocyte antigen DQβ1*0301 which was observed in 90% of patients with BP in one of the first studies that tackled this matter (12). Among triggering factors which can be identified in only 15% of cases (2), several different factors have been implied, such as drug intake (i.e. furosemide) (7), viral infections (6), systemic diseases - malignancy (7), diabetes mellitus (11), and physical trauma (4).

Bullous pemphigoid arising on the site of skin injury firstly appears as a localized form, regardless of the type of physical trauma causing the skin injury. Later on, it remains confined to the particular body area (as it was the case in our patient), or it becomes generalized (3), which appears to be more common (6).
Another possibility is observed when localized lesions develop in a patient with pre-existing generalized BP in remission, leading to conclusion that BP can be exacerbated by trauma (13). In this particular sense, trauma includes the following: radiotherapy and phototherapy (either UVB or psoralen with UVA) (14); thermal or chemical burns (6); skin grafting (15); simple skin biopsy (13); cellulitis (16). Cases of

Figure 2. Direct immunofluorescence microscopy of perilesional skin showing IgG and C3c deposits at the epidermal-dermal junction; (b) Direct immunofluorescence on salt-split skin shows IgG and C3c deposits confined to the epidermal side of the split skin.
researchers propose a different, more likely theory which advocates that these patients already have autoantibodies directed towards BMZ components in low titers, insufficient to induce immunologic response (6). Complement system activation due to antigen-antibody binding is possible only in a pro-inflammatory milieu (2). If the tissue is injured, this prerequisite is met leading to blister formation because of the following: innate immune cells (such as macrophages, neutrophils and mast cells) are activated by non-antigen-specific pathways and heavily infiltrate the site; cytokines and chemokines are secreted; vasodilation increases concentration of autoantibodies (simultaneously increasing the affinity for binding to antigens); complement system is activated and matrix metalloproteinase 9 is released by leukocytes (2,6,11). However, both of these two opposing hypotheses, the first advocating induction of autoimmunity, the second unmasking latent BP, are yet to be proven.

Interestingly enough, one might consider LBP arising in surgical scars, actually, in any traumatized site, as a real-life example of novel concept in dermatology, so called “immunocompromised district” (ICD) (4). Ruocco et al. were the first to introduce this term in 2009, as an expansion of an older concept of “locus minorisresistentiae” (LMR) 18. The previously described concept of LMR suggests that a certain body region is more prone to some diseases due to innate or acquired defense dysregulation, and that is why certain regions represent opportunistic localizations for a number of skin conditions thanks to pre-existing favoring conditions (19). Even more specific example of LMR would be Wolf’s “isotopic response”, where sites previously affected by herpes simplex virus, become susceptible to other infections, tumors or different immune dysregulation (20). As Ruocco described, ICD represents a site in which one disease predisposes development of a different, unrelated disease due to regional destabilization of neuro-immuno-cutaneous system (18), which can vary immensely in lapse of time, but is typically confined to the same area (4). It is important to point out that the term ‘immunocompromised’ indicates merely immunedysregulation (in either directions) and cannot be equaled with its reduction of it (19). In short, any interference with signaling pathways between nerve fibers, neuropeptides,
neurotransmitters and immune cell receptors can alter regional immune response, and even though the affected area may look clinically normal after the causing agent has disappeared, this alteration can be permanent (19). Most often implicated exogenous factors that contribute to ICD are regional chronic lymphedema, herpetic infections, vaccinations, ionizing and ultraviolet radiation, thermal burns and different types of other physical injuries (2,19).

In our opinion, in our patient, one ‘disease’ or rather tissue injury (surgery), caused immunological alteration that led to secondary disease (LBP), which would be another good example of ICD. Finally, we feel that this case demonstrates the need for clinicians’ awareness of LBP which should be included in the differential diagnosis of localized bullous eruptions, especially if bullae are confined to surgical scars.

**Conclusion**

We presented a case of an otherwise healthy male adult with a rare localized variant of bullous pemphigoid around the surgical scar which developed 9 months after knee arthroplasty. BP was successfully treated with a topical corticosteroid.

**Abbreviations**

- **LBP** - localized bullous pemphigoid
- **BP** - bullous pemphigoid
- **DIF** - direct immunofluorescence
- **BMZ** - basement membrane zone
- **DIF-SS** - direct immunofluorescence using salt-split skin
- **Hb** - hemoglobin
- **UVA** - ultraviolet light A
- **UVB** - ultraviolet light B
- **ICD** - immunocompromised district
- **LMR** - locus minorisresistentiae

**References**

Lokalizovani bulozni pemfigoid na mestu izvedene artroplastike kolena: prikaz slučaja

Sažetak

Ključne reči
Bulozni pemfigoid; Kožne bolesti; Ožiljak; Imunokompromitovani bolesnici; Clobetasol; Artroplastika zgloba kolena