Xanthanolides with Antitumour Activity from Xanthium italicum
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Bioassay-guided fractionation of a CHCl₃ extract of the leaves of Xanthium italicum Moretti led to the isolation of four xanthanolides: xanthatin (1), 4-epixanthanol (2), 4-epi-isoxanthanol (3), and 2-hydroxyxanthinosin (4). Their structures were determined by means of 1D and 2D NMR spectroscopy, including ¹H-¹H COSY, NOESY, HSQC and HMBC experiments, which resulted in complete and unambiguous ¹H and ¹³C NMR chemical shift assignments. The isolated compounds 1–4 were evaluated for their antiproliferative activities, and were demonstrated to exert significant cell growth inhibitory activity against human cervix adenocarcinoma (HeLa), skin carcinoma (A431), and breast adenocarcinoma (MCF7) cells.

Key words: Xanthium italicum, Xanthanolides, Antitumour Activity

Introduction

The genus Xanthium (Asteraceae, Heliantheae), represented by 25 species, exhibits a global distribution and is found abundantly throughout Eurasia and America. This genus has been the subject of many chemical studies, which have led to the isolation of a special type of sesquiterpene lactones (xanthanolides) (Saxena and Mondal, 1994), diterpenes (Piacente et al., 1996), thiazinediones (Ma et al., 1998; Qin et al., 2006), sterols and caffeoylquinic acids (Agata et al., 1993) as main secondary metabolites. Xanthium species have been used in traditional herbal medicine worldwide; some of them have been applied for the treatment of basal cell carcinoma, different cancers and “cold tumours” (Hartwell, 1968). X. italicum Moretti [syn. X. strumarium L. subsp. italicum (Moretti) D. Löve], a member of the X. strumarium group, has been used in folk medicine against cancers in Latin-America (Hartwell, 1968). Previous investigations revealed the presence of xanthanolides and phytosterols in X. italicum (Marco et al., 1993; Tsankova et al., 1993, 1994).

In the course of our screening programme for antiproliferative compounds in Central and Eastern European Asteraceae species, extracts of X. italicum were investigated earlier (Réthy et al., 2007). High tumour cell growth inhibitory activities on HeLa (cervix adenocarcinoma), A431 (skin carcinoma), and MCF7 (breast adenocarcinoma) human cell lines were recorded in vitro for different lipophilic extracts by means of the MTT assay. The present paper reports on investigations of the antiproliferative effects of the extracts of different plant parts of X. italicum, collected before and in the flowering stage, with the aim of selecting the most effective extract. The bioassay-guided fractionation of the CHCl₃ extract of the leaves was additionally performed in an effort to identify the compounds responsible for the tumour cell growth inhibitory effect. This led to the isolation and identification of four xanthanolides: xanthatin (1), 4-epixanthanol (2), 4-epi-isoxanthanol (3), and 2-hydroxyxanthinosin (4), all possessing tumour cell growth inhibitory activities.

Results and Discussion

The dried and powdered plant parts (radix, flower, stem and leaf) collected before and during the flowering period were extracted with MeOH and, after evaporation, the residues from the extracts were subjected to solvent-solvent partitioning. Extraction with lipophilic solvents yielded n-hexane-, CHCl₃- and H₂O-soluble phases. These fractions, together with the original MeOH extract, were tested for their tumour cell prolifera-
Inhibition of proliferation activities on the HeLa, A431 and MCF7 cell lines (Fig. 1). It was observed that the main active components proved to be accumulated in the leaves and flowers, especially in the n-hexane and CHCl₃ extracts. The extracts from the stems exerted only low effects (< 53%) on all three cell lines. The extracts from the roots in the flowering stage were more active than those from...
before the flowering period. The fractions with different polarities revealed that the CHCl₃ extracts exerted the highest activity, with exception of the root during the flowering period, where the active compounds accumulated in the n-hexane extracts.

The CHCl₃ extract of the leaves exhibited marked cell growth inhibitory activities of 102.0, 88.5 and 99.1% on the HeLa, MCF7 and A431 cells, respectively, and this extract was therefore selected for a detailed study. In order to identify the active components, the CHCl₃ extract was first separated by column chromatography into five main fractions. Of these fractions I and IV (at 10 μg/ml) exhibited cell growth inhibitory activities of 85.0 and 97.2% on the HeLa, 101.2 and 88.2% on the A431, and 93.2 and 86.3% on the MCF7 cell line. Fraction I was subjected to multiple chromatographic purifications, including vacuum liquid chromatography (VLC), centrifugal planar chromatography (CPC) and HPLC, which afforded compounds 1–4.

Compound 1 was obtained as white crystals, and identified as xanthatin by comparison of its ¹³C NMR spectral data with those published by Marco et al. (1993). The detailed NMR studies, including ¹H NMR, JMOD, ¹H-¹H COSY, NOESY, HSQC and HMBC experiments, resulted in complete ¹H chemical shift assignments for 1, as listed in the experimental section. The NOESY experiment provided information on the stereochemistry of the chiral centres (C-7, C-8 and C-10). The Overhauser effects detected between H-8/H-14, H-8/H-6β and H-9/β/H-8, and between H-6α/H-7 and H-7/H-9α proved the trans lactone ring junction and the β-oriented 14-methyl group. Xanthatin (1), Fig. 2, which was obtained in the highest yield, is one of the main xanthanolides: it has been isolated previously from X. italicum (Tsankova et al., 1994), X. macrocarpum (Lavault et al., 2005), X. spinosum (Omar et al., 1984), X. sibiricum (Sato et al., 1997), and X. strumarium (McMillan et al., 1975). This compound has attracted considerable attention because of its antileishmanial, antifungal (Lavault et al., 2005), and nitric oxide synthesis and COX-2 inhibitory activities (Yoon et al., 2008).

Compounds 2 and 3 were isolated as colourless oils. On the basis of their ¹H and ¹³C NMR data, they were identified as 4-epixanthanol (2) and 4-epi-isoxanthanol (3) (Marco et al., 1993) (Fig. 2).

Compound 4 was isolated as a colourless gum. Its ¹H NMR and JMOD spectra (Table I) revealed the presence of a methylene-substituted lactone ring (δ_H 6.16 d, 5.45 d, 4.30 dt, 2.44 m; δ_C 169.5, 139.4, 118.5, 82.2, 48.2 ppm), and contained signals for a lactone ring condensed with a methyl-substituted seven-membered ring [δ_H 5.86 dd, 2.55 ddd, 2.11 ddd, 2.44 m, 4.30 dt, 2.32 dt, 1.69 dt, 2.81 m], characteristic of a xanthanolide. Additionally, a four carbon atoms containing side chain was suggested by the signals at δ_H 4.50 dd, 2.73 dd, 2.60 dd and 2.21 s, and δ_C 209.1, 73.9, 48.7 and 30.9 ppm. The HSQC and ¹H-¹H COSY spectra led to the identification of two methyl, five methine, and four methylene groups and four quaternary carbon atoms in the molecule. The HMBC correlations

Fig. 2. Chemical structures of 1–4.

Fig. 3. Diagnostic NOESY correlations of 4.
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of C-1 with H-2, H-3 and H-5, of C-4 with H-2, H-3 and H-15, and of C-2 with H-3, H-5 and H-10 proved the 2-hydroxy-4-oxo-1(5)-ene-substituted xanthanolide structure. The stereochemistry of 4 was investigated by NOESY experiments. The Overhauser effects between H-7/H-9α, H-10/H-2, H-5/H-6α indicated protons below the plane of the molecule, while the NOE interactions between H-8/H-9β, H-8/H-6β and H-8/H-14 demonstrated β-oriented H-8 and H-14 (Fig. 3). All of the above data supported the structure of 2-hydroxyxanthinosin for 4 (Fig. 2), with the first stereochemical characterization of C-2, and determination of the complete 13C NMR assignments as listed in Table I.

The isolated xanthanolides were tested against the HeLa, MCF7 and A431 cell lines, and all were found to exert significant cell growth inhibitory effects (Table II). Compound 1 demonstrated the highest activity with IC50 values of 8.00, 3.44 and 5.19 µM on the HeLa, A431 and MCF7 cell lines, respectively; its potency was close to that of the positive control, cisplatin. 2-Hydroxyxanthinosin (4) displayed significant activity (IC50 7.78 µM) against HeLa cells, and 2 and 3 exerted moderate effects (IC50 15.53–37.62 µM) against all three tumour cell lines.

Compounds 1–4 contain an α-methylene-γ-lactone ring, which is generally regarded as a structural requirement of sesquiterpenes for cytotoxic activity. The most potent, xanthatin (1), has an additional α,β-unsaturated carbonyl group in the side chain; this structural feature presumably enhances the antitumour activity. In previous pharmacological studies, this side chain was similarly found to be responsible for pronounced

<table>
<thead>
<tr>
<th>Compound</th>
<th>IC50 [µM]</th>
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<tbody>
<tr>
<td>Xanthatin (1)</td>
<td>8.00 ± 0.27</td>
</tr>
<tr>
<td>4-Epixanthanol (2)</td>
<td>15.53 ± 1.46</td>
</tr>
<tr>
<td>4-Epi-isoxanthanol (3)</td>
<td>29.83 ± 2.21</td>
</tr>
<tr>
<td>2-Hydroxyxanthinosin (4)</td>
<td>7.78 ± 1.21</td>
</tr>
<tr>
<td>Doxorubicin</td>
<td>0.15 ± 0.03</td>
</tr>
<tr>
<td>Cisplatin</td>
<td>12.43 ± 1.05</td>
</tr>
</tbody>
</table>

Table II. Antiproliferative activities (IC50 in µM) of xanthanolides 1–4 on HeLa, A431 and MCF7 cell lines.
biological activities, e.g. iNOS and COX-2 expression suppressive effects (Yoon et al., 2008).

In conclusion, the strong inhibitory effect of the leaves of *X. italicum* on the proliferation of cultured human tumour cell lines (HeLa, MCF7 and A431) may be attributed to xanthanolides. Predominantly the content of the most active main compound, xanthatin (1), determines the antitumour activity of the extracts, with the minor xanthanolides playing additional roles in this effect.

**Material and Methods**

**General experimental procedures**

The melting point is uncorrected. NMR spectra were recorded in CDCl₃ on a Bruker Avance DRX 500 spectrometer (500 MHz for ¹H and 125 MHz for ¹³C); the signals of the deuterated solvent were taken as the reference (7.26 ppm in ¹H NMR, and 77.0 ppm in JMOD). Two-dimensional experiments (¹H-¹H COSY, HSQC, HMBC and NOESY) were set up, performed and processed with the standard Bruker protocol. For VLC, silica gel (Kieselgel GF₂₅₄, 15 µm, Merck) was used. Preparative TLC was carried out on silica gel (Kieselgel 60F₂₅₄, Merck). The chromatograms were visualized under UV light at 254 nm, and by spraying with concentrated vanillin/sulfuric acid, followed by heating at 110 °C for 10 min. CPC was carried out on a Chromatotron (Harrison Research Inc., Palo Alto, CA, USA) apparatus, using manually coated silica gel (60 GF₂₅₄, Merck) plates with 2 or 4 mm thickness. For column chromatography, polyamide (ICN Polyamide 6, Germany, mean particle size 50–160 µm) was used. RP-HPLC was carried out on a LiChrospher 100 RP-18 (10 µm, 250 × 4 mm) reversed-phase (RP) column (Merck), and NP-HPLC on LiChrospher Si 100 (5 µm, 250 × 4 mm), using a Waters instrument: Pump 600E, Dual λ Absorbance Detector 2487, Injector Rheodyne 7725i, with detection at 254 and 280 nm.

**Plant material**

Plant materials were collected in August 2006 in Budaörs and in September 2006 on the banks of the River Tisza in Szentes, Hungary, and identified by Dr. Anikó Bőszörményi (Department of Plant Biology, University of Szeged, Hungary). Voucher specimens (765 and 766) are deposited in the herbarium of the Department of Pharmacognosy, University of Szeged, Hungary. The plant materials were dried at room temperature, yielding 1070 g of aerial parts and 310 g of roots from the first gathering, and 1020 g of leaves, 680 g of roots, 150 g of flowers and 870 g of stems from the second gathering.

**Preparation of the extract for antiproliferative screening**

10 g of the dried and powdered plant parts (radix, flower, leaves, and stem) were extracted with 3 × 100 ml MeOH. The extracts were concentrated *in vacuo*, and then subjected to liquid-liquid partition with *n*-hexane (3 × 50 ml) and CHCl₃ (3 × 50 ml). The fractions were concentrated and tested for antiproliferative activity.

**Isolation of the compounds**

The dried leaves (1010 g) of the plant were crushed and percolated with 101 MeOH at room temperature. The MeOH extract was concentrated to 500 ml; then 500 ml H₂O were added. The extract was subjected to solvent-solvent partition using 5 × 1000 ml *n*-hexane and 5 × 1000 ml CHCl₃. The CHCl₃ fraction (31.32 g) was chromatographed on a polyamide column with mixtures of MeOH/H₂O (1:4, 2:3, 3:2, and 4:1). A total of 50 fractions were collected and combined on the basis of TLC monitoring, affording 5 main fractions (1–V). Sesquiterpenes were detected in fraction I. Upon standing, fraction I afforded a considerable amount of a crystalline material, which was recrystallized from MeOH to yield compound 1 (1.12 g). The mother liquor that remained (10.22 g) was subjected to VLC on silica gel, using a gradient system of *n*-hexane/acetone (9:1, 4:1, 7:3, and 1:1, 100 ml each). This separation resulted in 11 sub-fractions, I/1–I/11, which were tested on the HeLa, MCF7 and A431 cell lines. Fractions I/4 and I/5 exhibited significant activity, and were further purified. Fraction I/4 (3.39 g), obtained with *n*-hexane/acetone (7:3), was subjected repeatedly to silica gel VLC, using toluene/EtOAc mixtures of increasing polarity. From fraction I/4.1, 60.3 mg of 2 was crystallized. The remaining part of this fraction was fractionated first by CPC, using a gradient system of toluene/EtOAc (9:1, 4:1, 7:3, 3:2, and 1:1), and then purified by NP-HPLC, using cyclohexane/EtOAc/EtOH (20:10:1) as mobile
phase (flow rate 1 ml/min), affording 3 (42 mg). Fraction I/5 (1.7 g), obtained with n-hexane/acetone (1:1), was further purified by RPC on silica gel, using a gradient system of toluene/EtOAc. Selected fractions from this chromatography were subjected to RP-HPLC, using MeOH/H2O (3:2) (flow rate 1 ml/min), to yield compound 4 (10.8 mg) ($t_b = 3.36$ min).

Xanthatin (1): White crystals; m.p. 114–115 °C. – $^1$H NMR (CDCl$_3$, 500 MHz): $\delta = 7.03$ (1H, d, $J = 15.2$ Hz, H-2), 6.17 (1H, d, $J = 15.2$ Hz, H-3), 6.26 (1H, dd, $J = 9.1, 3.3$ Hz, H-5), 2.77 (1H, ddd, $J = 16.7, 9.1, 2.6$ Hz, H-6a), 2.20 (1H, ddd, $J = 16.7, 12.2, 3.3$ Hz, H-6b), 2.52 (1H, dt, $J = 12.2, 2.6$ Hz, H-7), 4.26 (1H, dt, $J = 12.2, 2.6$, H-8), 2.34 (1H, ddd, $J = 12.8, 3.8, 2.6$ Hz, H-9b), 1.82 (1H, dt, $J = 12.8, 3.8$ Hz, H-9a), 3.04 (1H, m, H-10), 6.15 (1H, d, $J = 3.3$ Hz, H-13a), 5.46 (1H, d, $J = 3.3$ Hz, H-13b), 1.12 (3H, d, $J = 7.5$ Hz, H-14), 2.26 (3H, s, H-15). – $^{13}$C NMR (CDCl$_3$, 125 MHz): data identical with those published by Marco et al. (1993).

4-Epixanthanol (2): Colourless oil. – $[\alpha]_D$ –60° (c 3). – $^1$H and $^{13}$C NMR: data identical with those published by Marco et al. (1993).

4-Epi-isoxanthanol (3): Colourless oil. – $[\alpha]_D$ –20° (c 1). – $^1$H and $^{13}$C NMR: data identical with those published by Marco et al. (1993).

2-Hydroxyxanthinosin (4): Colourless gum. – $^1$H and $^{13}$C NMR, HMBC and NOESY data: see Table I.

Bioassays

Cytotoxic effects were measured in vitro on the HeLa (human cervix adenocarcinoma), A431 (skin carcinoma), and MCF7 (breast adenocarcinoma) cell lines, using the MTT [3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide] colorimetric assay. A limited amount of human cancer cells (5000/well) were seeded onto a 96-well microplate, and allowed to adhere overnight before the drugs were introduced. The original medium was then removed, 200 μl culture medium containing the compound of interest were added, and the cells were incubated for 72 h. The tested extracts and compounds were dissolved in DMSO. The final content of DMSO never exceeded 0.3%, and therefore had no essential effect on the cell growth. Next the living cells were assayed: aliquots (20 μl at 5 mg/ml) of the MTT stock solution were pipetted into each well and reduced by viable cells to an insoluble formazan product during a further 4 h. After this contact period, the medium was removed, and the formazan crystals were dissolved in 100 μl DMSO by gentle shaking for 60 min. Finally, the absorbance was measured at 545 nm with a microplate reader (Mosmann, 1983). In this way, the cell growth or drug toxicity was determined. The 50% inhibitory concentration (IC$_{50}$) was derived from the concentration-response curves fitted to the measured points by GraphPad Prism 2.01. All in vitro experiments were carried out on 2 microplates with at least 5 parallel wells. Cisplatin and doxorubicin were used as positive controls.

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