Introduction

Natural plant products, including dietary agents, contain a plethora of bioactive compounds with a diverse array of biological properties. These can be used very effectively for a wide spectrum of scientific applications contrary to their synthetic counterparts. Recent reports have established the utility of natural plant products as radioprotective and radiorecovery agents that can effectively tackle radiation-induced oxidative stress (Arora et al., 2005, 2006, 2007; Arora, 2008).

Psoralea corylifolia Linn. (Fabaceae), commonly known as Babchi or Bakuchi, is an annual herbaceous plant that is widely distributed throughout India, especially in plains of South-
East Asia. The plant has been used as an integral part of traditional medicine, including Ayurveda, for the treatment of disorders like asthma, cough, nephritis, and calvities, painful lower back, psoriasis, enuresis, alopecia, leukoderma (vitiligo), and premature ejaculation (Miura et al., 1996; Peng et al., 2006; Liu et al., 2004; Panda, 2005). A number of pharmacological activities have been attributed to the plant. *P. corylifolia* is used for developing prophylactic agents against osteoporosis, and it also exhibits antiplatelet, antihelmintic and antimicrobial activity (Tsai et al., 1996; Zaidi et al., 2009). Significant inhibitory effects on nitric oxide (NO) production have been reported for its methanolic (MeOH) extract (Lee et al., 2005). Cytotoxic, anticancer, and immunomodulatory properties of the seeds of *P. corylifolia* and antifertility properties of the non-saponified fraction of seeds have also been studied in animal model systems (Latha and Panikkar, 1999). The plant possesses chemical constituents such as flavones, furanocoumarins, chalcones, and coumes- terol. The seeds contain essential oil, non-volatile terpenoid oil, resin, raffinose, and coumarin compounds, viz., psoralen and isopsoralen, psoralidin, corylifolene, and isopsoralidin (Kapoor, 2001). On the other hand, seed oil contains limonene, β-caryophyllenoxide, 4-terpineol, linalool, gera- nylacetate, angelicin, psoralen, and bakuchiol (Gupta et al., 1979). Daidzein, trilaurin, angelicin, psoralen, and sitosterol are essential constituents of its roots (Kapoor, 2001). Bakuchiol, a phenolic constituent of seeds, possesses anti-inflammatory activity with protective activity against oxidative damage to cellular macromolecules like lipids and proteins (Adhikari et al., 2003). The stereo- isomer (+)-bakuchiol was found to be the active principle with antitumoural ability and mild level cytotoxicity against five kinds of cultured human cancer cell lines (Ryu et al., 1992). Psoralen and isopsoralen also exhibit dose-dependent antican- cer effects on four (KB, KBv200, K562, and K562/ADM) cell lines (Wang et al., 2009). The oil exhibits a distinct stimulatory action on voluntary muscles. It increases the tone of the uterus and stimulates the intestinal smooth muscles of experimental animals. Isopsoralen exhibits tranquilosedative, anticonvulsant, and central muscle-relaxant properties in rats, mice, and rabbits (Chandhoke and Ray Ghatak, 1975). The manifold uses of *Psoralea* in medicine, including anti-oxidant, antitumoural, immunomodulatory, and anti-inflammatory activities, which are relevant to radioprotection, formed the scientific basis for undertaking the present studies. We have proven the free radical scavenging and radiomodulatory activi- ties by in vitro/ex vivo experimentation and electron paramagnetic resonance (EPR) spectroscopy.

**Material and Methods**

**Collection of plant material**

Fresh seeds of *Psoralea corylifolia* were collected from plants growing in Bhopal, Madhya Pradesh, India. The plant specimen was authenticated by the first author. A voucher specimen (Specimen No. INM/RA/IBG-RA-26) has been deposited at the Institute of Nuclear Medicine and Allied Sciences (INMAS), Delhi, India.

**Preparation of plant extract**

The air-dried seeds of *P. corylifolia* were ground into a coarse powder. 500 g of the powdered material were suspended in 2 l of distilled water and subjected to cold maceration for 24 h. Then, the extract was filtered through muslin cloth, and the filtrate was evaporated under reduced pressure and vacuum-dried. The yield of the extract (IBG-RA-26) was 10–15% of the dry weight of the seeds of *P. corylifolia*.

**HPLC conditions**

The analyses were performed on a Shimadzu liquid chromatograph with a ternary solvent sys- tem model LC-6AD, combined with a UV-Vis detector model SPD-6AV (Shimadzu Co., Kyoto, Japan), and a Rheodyne injection valve fitted with an 100-ml sample loop. A microcomputer equipped with Microquimica MQ118PCA software was used for recording chromatograms and measuring peak areas. HPLC separation of the psoralens was performed using a Shimadzu octadecyl Shim-pack CLC-ODS (4.6 mm i.d., 25 cm long, and 5 mm long particles) reverse-phase col- umn with a small pre-column (4.6 mm i.d., 2.5 cm long) containing the same packing, used to protect the analytical column. Before use, the solvent was filtered through a 0.45-μm HV filter (Millipore, Billerica, USA), and then degassed for 20 min in an ultrasonic bath. Elution was performed with acetonitrile/water (55:45, v/v) at a flow rate of 1.0 ml/min. Aliquots of 10 ml were injected with a 25-ml Hamilton (Bonaduz, Switzerland) syringe.
After determination the column was recorded for 10 min with the same solvent system and flow rate. Absorbance was recorded at 223 nm. All chromatographic analyses were performed at 22 °C.

Liquid chromatography-mass spectrometry/mass spectrometry (LC-MS/MS)

For LC-MS/MS a Varian (Palo Alto, USA) model 410 Prostar Binary LC instrument with 500 MS IT PDA detectors was used. Direct infusion mass with ESI and APCI negative and positive ionization mode, mass ranging from 50 to 2000 m/z LC-MS/MS and MSn ION. The operating conditions were optimized for the MS/MS analyses of compounds in the extract.

NMR spectroscopy

A model Mercury Plus 300 MHz NMR spectrometer (Bruker, Rheinstetten, Germany) was used with 5 mm autoswitchable probe with PFG (¹H).

Irradiation

Blood was drawn from volunteers, amongst the authors, and subjected to radiation (0.1 kGy). A 0.25-kGy radiation dose was delivered to study the membrane protection activity in an artificial membrane system (liposomes), delivered from a ⁶⁰Co gamma chamber [Gamma Cell 5000, Board of Radiation and Isotope Technology (BRIT), Mumbai, India] at a dose of 1.93 kGy/h. Dosimetry was carried out using a Baldwin Farmer’s secondary dosimeter (North Baldwin, New York, USA) and Fricke’s chemical dosimetry method (Grant et al., 1976).

Estimation of total polyphenolic content

The polyphenolic content was estimated using the method of Singleton and Rossi (1965) with some modification as described previously (Adhikari et al., 2010). Folin-Ciocalteu reagent (FCR) and 20% sodium carbonate solution were made to react with IBG-RA-26 (concentration of stock solution = 1 mg/ml). Absorbance was recorded at 700 nm after 30 min, using a μQuant™ microplate spectrophotometer (BioTek Instruments, Inc., Highland Park, Whinooski, VT, USA).

DPPH radical scavenging activity

The radical scavenging activity of IBG-RA-26 (25–1000 μg/ml) against the stable DPPH (2,2-di-phenyl-1-picrylhydrazyl) radical was determined spectrophotometrically (Cuendet et al., 1977). The assay was carried out in triplicate and percent inhibition was calculated using the following formula: % inhibition = [(O.D. control – O.D. sample)/O.D. control] · 100, where O.D. sample is the absorbance of the sample and O.D. control is the absorbance of the control at 517 nm.

Hydroxyl radical scavenging activity

The hydroxyl radical scavenging potential (site-specific/non-site-specific) was measured using the deoxyribose degradation assay (Halliwell et al., 1987). Solutions with different concentrations of IBG-RA-26 (5–1000 μg/ml) were mixed with the reaction mixture as described previously (Sagar et al., 2006), and the percentage inhibition of degradation of deoxyribose or hydroxyl radical scavenging potential was evaluated as described above.

Nitric oxide ion scavenging potential

The nitric oxide ion scavenging potential of IBG-RA-26 (2.5–1000 μg/ml) was evaluated using the methodology described by Green et al. (1982). 5 mM aqueous sodium nitroprusside, used to generate nitric oxide at physiological pH which interacts with oxygen to generate nitrite ions, was reacted with Griess reagent (1% sulfanilamide in 5% phosphoric acid, 0.1% N-1-naphthylethylenediamine dihydrochloride in water). The nitric oxide scavenging activity was evaluated as decrease in percent absorbance of the chromogen formed by diazotation of nitrite with sulfanilamide and subsequent coupling with naphthylethylenediamine recorded at 546 nm.

Superoxide radical scavenging potential

The superoxide radical quenching ability of IBG-RA-26 (0.5–50 μg/ml) was determined using the nitroblue-tetrazolium reduction assay (Kakkar et al., 1984). The intensity of the formed chromogen (in the n-butanol layer) was measured at 560 nm, and percentage inhibition of chromogen formation was evaluated in terms of % inhibition.

Antioxidant activity

The antioxidant activity in the aqueous phase or reducing power of IBG-RA-26 (2.5–500 μg/
ml) was determined using the potassium ferricyanide reduction assay (Oyaziu, 1986) as described previously (Chawla et al., 2005). The antioxidant activity (aqueous phase) of IBG-RA-26 and ascorbic acid (used as positive control) was compared.

Protection of membrane against radiation damage (membrane protection index)

Soyalecithin (phospholipid) and cholesterol (1:1 molar ratio) were suspended in an appropriate amount of chloroform. A thin film was developed by complete evaporation of chloroform in a rotary evaporator (Büchi, Newcastle, USA) at 40 °C. The film was subjected to hydration in PBS (phosphate buffered saline, 0.1 m, pH 7.4) and incubated in a shaking water bath (40 °C) for 4 h. The stock solution was then diluted with PBS (0.1 m, pH 7.4) to the final concentration in terms of phospholipid content (New et al., 1990). Differently treated samples, i.e. liposome only (untreated), radiation only (0.25 kGy), liposome + IBG-RA-26, and liposome + IBG-RA-26 + 0.25 kGy, were evaluated for the levels of malondialdehyde (MDA), an end product of membrane degeneration. A radiation dose of 0.25 kGy at a dose rate of 1.93 kGy/h was used, and after exposure the samples were incubated for 1 h at 37 °C. The equivalent volumes of 10% TCA (trichloro acetic acid) and 0.5% thiobarbituric acid in 0.025 M NaOH were added. The resultant mixture was then heated at 80 °C for 1 h in a water bath. A pink coloured chromogen complex so formed was read at 535 nm.

Antihemolytic activity

Erythrocyte suspensions were prepared in 0.14 M NaCl according to Daice and Lewis (1995). Washed erythrocyte suspensions were pre-incubated with 2 mM sodium azide for 1 h at 37 °C in a shaking water bath to inhibit any activity of catalase. Equal volumes of the erythrocyte suspension in PBS were taken, and different concentrations (25–1000 µg/ml) of IBG-RA-26 were added 30 min prior to irradiation (0.1 kGy) and thereafter further incubated for 1 h at 37 °C. There were four experimental groups: (a) untreated; (b) radiation only (0.1 kGy); (c) IBG-RA-26 only; (d) IBG-RA-26 + radiation (0.1 kGy). The antihemolytic activity of IBG-RA-26 was evaluated in terms of protection against membrane degeneration or lipid peroxidation activity (Srour et al., 2000).

Modulation of radiation-induced DNA damage

Radiation-induced DNA damage was assessed electrophoretically using a modified method of Sambrook et al. (1989). To evaluate the radioprotective efficacy of IBG-RA-26, pBR322 plasmid DNA (100 µg/ml) was mixed with different concentrations of IBG-RA-26 along with KH2PO4 buffer (10 mM, pH 7.4). The reaction mixture was exposed to irradiation (0.25 kGy) at a dose rate of 1.93 kGy/h. The final reaction mixture was then incubated for 1 h at 37 °C. The sample, along with the loading dye of 0.25% bromophenol blue, 15% sucrose, and 0.25% xylene cyanol FF in water, was loaded onto an 1% (w/v) agarose gel. Electrophoresis was carried out at 50 V in a DNA submarine electrophoresis unit (Bangalore Genie, Bangalore, India). The agarose gel was stained with ethidium bromide (0.5 µg/ml distilled water) for 30 min. The ethidium bromide-stained DNA bands were visualized under ultraviolet light using a UV transilluminator (UVP, Hercules, CA, USA). The pictures were analysed densitometrically using the Bio-Rad GEL-DOC system (Bio-Rad, USA). The percent retention of supercoiled form (%SC) represented protection, while the percentage of open circular form (%OC) represented DNA damage and was evaluated using the integrated density values (IDV) of bands as follows: %SC = [SCIDV/(SCIDV + OCIDV)] · 100.

Electron paramagnetic resonance (EPR) studies

For all EPR experiments, an EMXmicro EPR spectrometer (Bruker, Rheinstetten, Germany) equipped with a standard resonator working at a frequency in the X-band region was used. Quartz capillaries were used as sample tubes. All EPR spectra were recorded at room temperature. Spectral processing was performed using Bruker WIN-EPR and Simphonia software.

Direct EPR spectroscopy study on IBG-RA-26 aqueous solutions

Quartz capillaries were filled with 50 mM IBG-RA-26 (with psoralen, main component of P. corylifolia, as marker and its equivalent concentration) dissolved in deionized water and placed in the EPR cavity. EPR spectrometer settings
were as follows: center field, 3529.50 G; microwave power, 20.61 mW; modulation amplitude, 10.00 G; sweep width, 200.00 G; receiver gain, 2·10³; time constant, 1310.72 ms; 1 scan per sample.

**EPR study of DPPH radical scavenging capacity of IBG-RA-26**

Determination of the scavenging capacity of IBG-RA-26 was based on the decay of the DPPH EPR signal after addition of the test sample to the stock solution of DPPH. The scavenging capacity of IBG-RA-26 was studied in the concentration range 5–60 μM (psoralen equivalent concentration). Mixtures containing 250 μl of stock ethanol solution of DPPH (80 μM) and 10 μl of IBG-RA-26 were stirred and, after 10 min incubation in the dark, were immediately transferred into capillaries and placed in the microwave cavity of the EPR spectrometer. Every concentration was studied in triplicate at room temperature (22 °C). The decay of the DPPH signal was monitored and compared with that of the blank sample, containing 250 μl of DPPH plus 10 μl of water. DPPH radical scavenging capacity of the tested samples was calculated according to the following equation: scavenged DPPH radical (%) = [(I₀ – I)/I₀] · 100, where I₀ is the double integral intensity of DPPH signal for the blank sample, and I is the double integral intensity of the studied sample measured after addition of DPPH scavenger.

**Results and Discussion**

Reactive oxygen species (ROS) play a dual role in maintaining metabolic homeostasis in the body. These radicals are generated during mitochondrial electron transport, microsomal P450-dependent reactions, and non-enzymatic and enzymatic metabolism of dopamine (Rani et al., 2004; Saito et al., 2007). Free radical generation can be advantageous in systems like blastocyst implantation, iodination of tyrosine in thyroxine biosynthesis and mucous secretion in goblet cells (Sies, 1993). The imbalance of the generation of ROS relative to inactivation caused by internal/external effects/stimuli or by radiation stress leads to oxidative stress. Such free radical-mediated oxidative stress has been implicated in more than 100 diseased states (Halliwell and Gutteridge, 1990) including acute radiation sickness syndrome. The progressive damage induced by free radicals leads to lipid peroxidation (Lai et al., 2001), DNA damage etc., which can be retarded by exogenous supplementation with antioxidants (Lai et al., 2001) of both natural and synthetic origin.

Three major and seven minor compounds were found to be present in IBG-RA-26. Psoralen was identified upon analysing the fragmentation patterns in the mass spectra (M, 186.16) as one of the major constituents in the IBG-RA-26 sample. Similar results have been reported by various researchers (Liu et al., 2004; Wang et al., 2009).

In the present study, the free radical modulatory potential of *Psoralea corylifolia* Linn. was evaluated. More than 45% scavenging was observed in case of DPPH and both site-/non-site-specific hydroxyl radical scavenging activity at ≥ 500 μg/ml of IBG-RA-26. In DPPH radical scavenging, the antiradical power of IBG-RA-26 was evaluated as the decrease in absorbance of DPPH radicals at 517 nm (Fig. 1). IBG-RA-26 donated hydrogen to form a stable DPPH molecule. In the radical form, this molecule has an absorbance at 517 nm, which disappears after acceptance of an electron or hydrogen radical from the natural plant product to become a stable diamagnetic molecule (Matthäus, 2002). Ferrous ions facilitate the production of ROS and their chelation is one of antioxidative effects by virtue of retarding metal-catalyzed oxidation (Cousins et al., 2007).

IBG-RA-26 exhibited comparable (> 50%) non-site-specific and site-specific hydroxyl radical scavenging activity in the highest tested range (200–1000 μg/ml) (Figs. 2A, B). Site-specific hy-
droxyl radical scavenging activity of IBG-RA-26 indicates its metal chelation potential. In the sitespecific assay, EDTA is not used; thus degradation of deoxy-β-ribose is primarily done by the ferrous ion itself. At lower concentration range (5–50 μg/ml), IBG-RA-26 exhibited significantly ($p < 0.05$) higher non-site-specific scavenging ability (Fig. 2A), compared to site-specific scavenging ability, exhibiting its potential to restrict free radical-mediated oxidative stress. In addition, the nitric oxide scavenging activity of IBG-RA-26 (tested concentration range 5–1000 μg/ml) was found to increase as a function of its concentration ($R^2 = 0.99739$). It exhibited 50% nitric oxide scavenging activity at a concentration of 100 μg/ml (Fig. 3).

Superoxide is an oxygen-centred radical, a weak oxidant with limited and selected chemical reactivity. It is generated as a primary radical during mitochondrial leaks and may initiate a free radical cascade leading to the generation of hydroxyl radical, singlet oxygen etc. (Halliwell and Chirico, 1993). IBG-RA-26 exhibited 79% scavenging (Fig. 4) in a concentration-dependent manner.
Radiomodulatory Effects of *Psoralea corylifolia* Linn. \( R^2 = 0.98391 \) ranging between 0.5 – 50 \( \mu \)g/ml, i.e. at one tenth the dose at which hydroxyl radical scavenging is observed.

Antioxidant activity (aqueous phase) of IBG-RA-26 (2.5 – 1000 \( \mu \)g/ml) was found to increase as a function of its concentration (\( R^2 = 0.99986 \)). The electron donation potential of IBG-RA-26 was found to be higher than that of ascorbic acid at lower concentrations up to 5 \( \mu \)g/ml; its electron donation potential was comparable to that of ascorbic acid at the concentration of 100 \( \mu \)g/ml (Fig. 5). Reducing power (electron donation potential) is a chemical property of biological importance of natural plant products, and has been investigated in the context of radiation protection (Chawla et al., 2005).

Further, the membrane protecting ability of IBG-RA-26 was evaluated. The reduction in the radiation-induced MDA formation was measured as thiobarbituric acid reactive substances (TBARS) *in vitro*. The analysis of the membrane-protecting ability of IBG-RA-26, utilizing an artificial membrane system (liposome), revealed a significant \( (p < 0.05) \) decrease in the formation of MDA with an increase in the concentration of IBG-RA-26 (10 – 1000 \( \mu \)g/ml; \( R^2 = 0.995 \)). At concentrations below 10 \( \mu \)g/ml it did not exhibit any significant change in activity. The most effective dose, as compared to the drug only group, was found to be the highest tested concentration, *i.e.* 1000 \( \mu \)g/ml (Fig. 6A). In addition, radiation-induced lysis of erythrocytes was monitored, and the efficacy of IBG-RA-26 was tested in the concentration range 25 – 1000 \( \mu \)g/ml. A dose-dependent \( (R^2 = 0.995) \) effect was observed (Fig. 6B). As compared to the drug only group, the optimal concentration with least toxicity and maximal protection was found to be 25 \( \mu \)g/ml. IBG-RA-26 exhibited increased toxicity at concentrations \( \geq 100 \mu \)g/ml. MDA is known to be mutagenic in bacterial and mammalian cells and carcinogenic in rats (Gandhi and Nair, 2005); hence a reduction of radiation-induced MDA formation is desirable. Erythrocytes are prone to oxidative damage due to the presence of polyunsaturated fatty acids, heme, iron, and oxygen (Rathore et al., 1998). Radiation-induced hemolysis leads to the hemopoietic syndrome, which is a primary cause of lethality in acute radiation sickness syndrome. The radioprotective property has also been exhibited by a number of natural plant products, *e.g.* *Podophyllum hexandrum* (Sagar et al., 2006). By virtue of its ability to modulate the hemopoietic system, IBG-RA-26 exhibited similar erythrocyte
protection potential against supralethal radiation stress, indicating its significant radiation protection ability in the narrow dose range.

The DNA protecting ability of IBG-RA-26 was investigated using the plasmid relaxation assay, which is a semi-quantitative assessment of ionizing radiation-induced oxidative damage to DNA (Sambrook et al., 1989). Different doses of IBG-RA-26 in the range of 10–50 μg/ml were evaluated for their protective efficacy against γ-radiation.
in terms of percentage of supercoiled form retained. It can be seen in Fig. 7, that the untreated control (positive control, lane 1) comprised more than 73% supercoiled form, while upon exposure to 0.25 kGy γ-radiation (negative control, lane 2), nearly 65% relaxed form (open circular DNA) was observed. Densitometric analysis of pBR322 DNA pre-treated for 1 h with IBG-RA-26 and then irradiated revealed that IBG-RA-26 at a concentration of 25 μg/ml (lane 6) led to retention of 56% of the supercoiled form, which was significantly higher (p < 0.05) than that produced in the quercetin (25 μg/ml, lane 4)-treated group, which retained only 47% supercoiled form. Such membrane and DNA protection ability could be attributed to the polyphenolic content of IBG-RA-26, which was found to be 0.287 mg/ml of quercetin equivalent (standard used for experimentation).

As is seen in Fig. 8A, the EPR spectrum of an ethanol solution of DPPH in the blank sample was characterized by five lines with relative intensities 1:2:3:2:1. The same characteristic EPR spectra of five lines were recorded for the mixtures containing different concentrations of IBG-RA-26 (Fig. 8B). For all studied mixtures containing different concentrations of IBG-RA-26, a decrease in the EPR signal integral intensity was registered after 10 min of incubation with ethanol solution of DPPH, compared to the blank. An almost linear dependence was observed between the increase of concentration of IBG-RA-26 and the decrease of the EPR signal integral intensity of the studied mixture (Fig. 8B).

To estimate the concentration of IBG-RA-26 at which 50% of the integral intensity of DPPH signal was reduced (IC$_{50}$), a KORELIA DINAMICS programme was used (Yankov, 1998). The experimental data were interpolated with a cubic spline and an IC$_{50}$ value of 27.7 mM was calculated from the graph (Fig. 8C).

In these preliminary EPR studies we showed that IBG-RA-26 exhibits significant DPPH radical scavenging capacity in a concentration-dependent manner. By direct EPR spectroscopy we have also demonstrated the possible formation of free radical species in a solution of IBG-RA-26. To elucidate the origin of those radicals further extended EPR spectroscopy studies are in progress in our laboratory.

Keeping in view the wide spectrum of radioprotective and antioxidant properties that IBG-RA-26 exhibits, it can be concluded that *P. corylifolia* has potential as a radiomodulatory agent.
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