

# **International Journal of Adolescent Medicine and Health – Instructions for Authors**

## **I. Editorial policy**

The *International Journal of Adolescent Medicine and Health* is a peer-reviewed journal and publishes review articles, original articles, case reports, short communications, letters to the editor and book reviews.

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The authors must describe and confirm safeguards to meet ethical standards.

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## **II. Submission of manuscripts**

Please submit manuscripts at <http://mc.manuscriptcentral.com/ijamh>.

### **Preparation of manuscripts**

#### **Language**

Manuscripts should be written in clear and concise English. Please have your text proofread by a native English speaker before you submit it for consideration. At the proof stage, only minor changes other than corrections of printers' errors are allowed.

#### **General format and length**

Please avoid footnotes in the text, use parentheses instead. Abstracts should not exceed 250 words and should incorporate data on background, objective or hypothesis, subjects, methods, results and conclusion. Please add at least three keywords. Short Communications should be structured as an extended abstract, not exceeding four typed pages including up to six references, one table and/or one figure. Original articles should not exceed 5000 words, Review articles should not exceed 6000 words.

One printed page is approx. 4000 characters. Each full page of printed text corresponds to approximately 630 words. Allow space for tables and illustrations within the page limit.

#### **Nomenclature**

Laboratory values should be described in both the International System of Units (SI units) and in metric units in parentheses.

#### **Cover letter**

Each manuscript should be accompanied by a cover letter containing a brief statement by the authors as to the element of novelty of their research.

**Articles** should have Title page, Abstract, Keywords, Introduction, Materials and methods, Results, Discussion, Acknowledgements and List of non-standard abbreviations, if applicable, References, Table and Figure Legends, if applicable.

#### **References**

Within the text references should be cited consecutively (enclosing the number in parenthesis) in the text and listed in the same numerical order at the end of the paper. The Vancouver Style is required (<http://www.icmje.org/>). The first reference in the text should be (1) and the next (2) and so forth and then listed accordingly at the end of the paper after discussion or after acknowledgements. Adhere strictly to the reference style of the Journal (Vancouver). All references mentioned in the Reference list must be mentioned in the text, and vice versa. List and number the references consecutively in the order that they appear in the text. List the names of all authors (et al ONLY after author number six).

Journal article: Bui ER, Goodson P. Predictors of adolescent sexual behavior and intention: A theory guided systematic review. *J Adolesc Health* 2007;40(1):4-21.

Book: Kahn CR, Weir GC, editors. *Joslin's diabetes mellitus*, 13th ed. Philadelphia: Lea and Febiger, 1994.

Chapter: Karnofsky DH, Burchenal JH. The clinical evaluation of chemotherapeutic agents in cancer. In: Macleod CM, ed. *Evaluation of chemotherapeutic agents*. New York: Columbia University Press, 1949:191-205.

Website: World Health Organization. WHO information for laboratory diagnosis of pandemic (H1N1) 2009 virus in humans update. Available at: <http://www.who.int/csr/resources/publications/>

International standard for journal names

In the PubMed Journal data base you will find the international abbreviation for journal names:  
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Submit tables on separate pages and number them consecutively using Arabic numerals. Provide a short descriptive title, column headings, and (if necessary) footnotes to make each table self-explanatory. Refer to tables in the text as Table 1, etc. Use Table 1, etc. in the table legends.

### **Figures**

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### **General requirements**

All illustrations must be of reproduction-ready quality. They will be reduced in size to fit, whenever possible, the width of a single column. Lettering of all figures within the article should be uniform in style (preferably a sans serif typeface like Helvetica) and of sufficient size (ca. 8 pt.). Uppercase letters A, B, C, etc. should be used to identify parts of multi-part figures. Cite all figures in the text in numerical order. Indicate the approximate placement of each figure. Do not embed figures within the text body of the manuscript; submit figures in separate files.

**Halftone figures (grayscale and color)** should have a minimum resolution of 300 dpi and be of good contrast.

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### **Figure legends**

Provide a short descriptive title and a legend to make each figure self-explanatory on separate pages. Explain all symbols used in the figures. Remember to use the same abbreviations as in the text body.

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