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Perspectives: MR publishes articles on the latest developments in a specific area of research, viewpoints on recent progress in science and technology, scientific research funding and administration, as well as science-related social issues. The main text (excluding references, footnotes, figure legends and tables) should not exceed 1200 words, have less than 15 references, and only 1–2 or tables or figures.

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Peer review: Submitted manuscripts will be reviewed in a two-step procedure. Firstly, the Editor-in-Chief or Managing Editor decides whether the manuscript fulfils the substantive and formal criteria for the further peer review process. The decision is based on the following criteria:

- **Relevance:** the content conforms to the scope and goals of MR.
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- **Formal correctness:** the formal criteria have been met.
- **Ethical Guidelines:** national and international ethical standards for studies with human and/or animal subjects are fulfilled (where applicable).

The editors conduct preliminary reviews of submitted manuscripts for compliance with the aim and instructions of the journal. Manuscripts must conform to the aims and scope, the appropriateness and validity of the statistical methods used, and adhere to ethical principles. Upon preliminary evaluation, if required, manuscripts may be unsubmitted and sent back to the authors for revision. In case the criteria have not been met, the manuscript is being rejected without peer review. If no revision is required or upon completion of the required editorial revisions, manuscripts are sent to at least 3 expert reviewers. The editors ensure that there is no conflict of interest while assigning reviewers and names of authors are not declared to the reviewers. The review process is double-blinded.

Members of the editorial board and other scientists who are experts in the manuscript subject area and/or methodology are assigned as reviewers. Once reviews have been received, all reviewers' reports are sent to authors along with an editorial decision.

Manuscript revisions may be sent to reviewers for a second review if deemed necessary by editors. Final decisions about publication are based upon the reviewers' and editor opinions.

Turnaround times: MR aspires to notify authors about the review decision within 9–12 weeks of the submission date. Revisions to manuscripts should be returned within 6 weeks. The length of time provided may be longer depending on whether the manuscript requires major or minor modifications. Accepted articles are normally published online within 4 weeks after acceptance.

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- Bringing the concerns to the authors' sponsoring or funding institution or other appropriate authority for investigation.

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First-time submission of manuscripts: It is important that authors include a cover letter with their manuscript. Please explain why you consider your manuscript to be suitable for publication in MR, why your paper will inspire the other members of your field, and how will it drive academic discussion forward.

Submission of revised articles: Resubmitted manuscripts should be accompanied by a letter outlining a point-by-point response to Editor's and reviewers' comments and detailing the changes made to the manuscript. A copy of the original manuscript should be included for comparison if the Editor requests one. If it is the first revision, authors need to return the revised manuscript within 28 days; if it is the second revision, authors need to return the revised manuscript within 14 days. Additional time for resubmission must be requested in advance. If the above mentioned deadlines are not met, the manuscript will be treated as a new submission. For resubmitted manuscripts, please provide us with an editable text and publication-quality figures. Supply any figures as separate high-resolution, print-ready digital versions. In addition to the editorial remarks, authors are asked to take care that they have prepared the revised version according to the Journal's style.

4. General information on preparation of manuscripts

General format and length of accepted article types

	Word limit	Word limit in abstract	Number of keywords	Number of tables & figures	Number of references	Article structure
Editorial	<1,000	n/a	n/a	n/a	<10	Structured or unstructured
Perspectives	<1,200	n/a	n/a	n/a	<15	Structured or unstructured
Research Highlights	<600	n/a	n/a	n/a	<10	Unstructured
Review	>10,000	350, structured*/unstructured	3-8	10	<100	Structured
Original Article	3,000-5,000	350, structured**	3-8	6	>50	Structured into Introduction, Materials (Subjects) and methods, Results, Discussion
Scientists Forum	<2,000	n/a	n/a	n/a	>15	Unstructured
News and Comments	<500	n/a	n/a	n/a	<5	Unstructured
Letter to the Editor	500 - 800	n/a	n/a	n/a	<5	Unstructured

* Objectives, Content, Summary and Outlook, **Objectives, Methods, Results, Conclusions.

Organization of the manuscript: We draw particular attention to the importance of carefully preparing the title, keywords and abstract, as these elements are indicators of the manuscript content in bibliographic databases and search engines.

Title: We suggest the title should be informative, specific to the project, yet concise (75 characters or fewer). Please bear in mind that a title that is comprehensible to a broad academic audience and readers outside your field will attract a wider readership. Avoid specialist abbreviations and non-standard acronyms. Titles should not be presented in title case (words should not be capitalized). Please also provide a brief "running title" of not more than 50 characters.

Authors, affiliations, addresses: In the cover letter, provide the first names (or initials – if used), middle names (or initials – if used), and surnames for all authors. Affiliations should include:

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- University or organization
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One of the authors should be designated as the corresponding author to whom inquiries regarding the paper should be directed. It is the corresponding author's responsibility to ensure that the author list and the summary of the author contributions to the study are accurate and complete.

Abstract: The abstract should not exceed 350 words. The abstract should give a summary of the content of the paper. Mention the main findings without going into methodological detail and briefly summarize the most important items of the paper. Because the abstract will be published separately by abstracting services, it must be complete and understandable without reference to the text.

Keywords: List keywords for the work presented (maximum of 8), separated by commas. We suggest that keywords do not replicate those used in the title.

Introduction: The introduction should put the focus of the manuscript into a broader context and should supply sufficient background information to allow the reader to understand and evaluate the results without referring to previous publications on the topic. As you compose the introduction, think of readers who are not experts in this field. Include a brief review of the key literature - use only those references required to provide the most salient background rather than an exhaustive review of the topic. Relevant controversies or disagreements in the field should be mentioned so that a non-expert reader can delve into these issues further. The introduction should conclude with a brief statement of the rationale for the study, the hypothesis that was addressed or the overall purpose of the experiments reported, and should provide a comment about whether that aim was achieved.

Methods: This section should include sufficient technical information to enable the experiments to be reproduced. Protocols for new methods or significant modifications to existing methods should be included, while previously published or well-established protocols should only be referenced. Describe new methods completely and give sources of unusual chemicals, equipment, strains etc. Studies presented should comply with our recommendations for distribution of materials and data (see below). In theoretical papers comprising the computational analyses, technical details (methods, models applied or newly developed) should be provided to enable the readers to reproduce the calculations. Following the Recommendations for the Conduct, Reporting, Editing, and Publication of Scholarly Work in Medical Journals from the International Committee of Medical Journal Editors (ICMJE) editors are advised to require that the corresponding author obtain written

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Results: This section should provide statistical analyses of all of the experiments that are required to support the conclusions of the paper. Reserve extensive interpretation of the results for the Discussion section. Details of experiments that are peripheral to the main thrust of the article and that detract from the focus of the article should not be included. Present the results as concisely as possible in text, table(s), or figure(s) (see below). Avoid extensive use of graphs to present data that might be more concisely presented in the text or tables. Graphs illustrating methods commonly used need not be shown except in unusual circumstances. Limit photographs to those that are absolutely necessary to show the experimental findings. Number figures and tables in the order in which they are cited in the text and be sure to cite all figures and tables. Styles and fonts should match those in the main body of the article. Large datasets, including raw data, should be submitted as supporting files. The section may be divided into subsections, each with a concise subheading.

Discussion: The Discussion should provide an interpretation of the results in relation to previously published work and to the experimental system used. It should not contain extensive repetition of the Results or reiteration of the Introduction. This section should spell out the major conclusions of the work along with some explanation or speculation on the significance of these conclusions. The discussion should be concise and tightly argued.

Acknowledgments: This section should describe sources of funding that have supported the work. Please also describe the role of the study sponsor(s), if any, in study design; collection, analysis, and interpretation of data; writing of the paper; and decision to submit it for publication. Recognition of personal assistance should be given as a separate paragraph: people who contributed to the work, but do not fit the criteria for authors should be listed along with their contributions. You must ensure that anyone named in the acknowledgments agrees to being so named.

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All references mentioned in the reference list have to be cited in the text and vice versa. List and number the references consecutively in the order they appear in the text, including Tables and Figures. In the text, identify references by Arabic numerals in [parentheses]. Italic and boldface font type is not allowed in the reference section. List all authors; if the number is 7 or more, list the first 6 names followed by et al. Identify authors by last name first, followed by up to 2 initials, without periods, indicating the authors’ first name. Only the first name of the title is capitalized, as well as proper names within the title. Journal names are abbreviated as indicated in PubMed and in the Web of Knowledge ([NIH.Linkout.Journals; Web of Knowledge](#)), without periods. After the abbreviated journal name, give the year of publication, followed by a semicolon, volume number (but no issue number), followed by a double colon, and the page numbers, with the last page number in shortened format. Meeting abstracts may be cited only if published in journals. Unpublished observations and personal communications are cited only in the text. Correct linking of the references depends on strict adherence to journal style.

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1. Journal	1. Raustorp A, Mattsson E, Svensson K, Costa PT Jr. Physical activity, body composition and physical self-esteem: a 3-year follow-up study among adolescents in Sweden. <i>Scand J Med Sci Sports</i> 2006;16:258-66.
2. Journal with supplement	2. Sallis JF, Saelens BE. Assessment of physical activity by self-report: status, limitations, and future directions. <i>Res Q Exerc Sport</i> 2000;71(2 Suppl):S1-14.
3. Collaboration	3. WHO. The diagnosis and management of non-alcoholic fatty liver disease: practice guideline by the American Association for the Study of Liver Diseases, American College of Gastroenterology, and the American Gastroenterological Association. <i>Hepatology</i> 2012;55:2005-23.
4. et al. usage (more than 6 authors = 6 authors + et al.)	4. Kaye K, Day RD, Hair EC, Moore KA, Hadley AM, Teixeira PJ, et al. Parent marital quality and the parent-adolescent relationship: effects on sexual activity among adolescents and youth. <i>Marriage Fam Rev</i> 2009;45:270-88.
5. Epub ahead of print	5. Mason EB, Burkhart K, Lazebnik R. Adolescent stress management in a primary care clinic. <i>J Pediatr Health Care</i> 2018 Sep 3. DOI: 10.1016/j.pedhc.2018.08.001 [Epub ahead of print].
6. Journal - in press	6. Tappy L, Lara KA. Metabolic effects of fructose and the worldwide increase in obesity. <i>Physiol Rev</i> , in press.
7. Book/monograph	7. Shek DTL, Sun RCF, Merrick J. University and college students. Health and development issues for the leaders of tomorrow. New York: Nova Science; 2013.
8. Book with edition	8. Joannopoulos JD, Johnson SG, Winn JN, Meade RD. Photonic crystals: molding the flow of light, 2nd ed. Princeton, NJ: Princeton University Press; 2008:350 p.
9. Edited book	9. Shek DTL, Ma C, Yu L, Merrick J, editors. Human developmental research. Experience from research in Hong Kong. New York: Nova Science; 2014.
10. Edited book with chapter title and editors	10. Halpen-Felsher BL, Morrell HE. Preventing and reducing tobacco use. In: Berlan ED, Bravender T, editors. Adolescent medicine today: a guide to caring for the adolescent patient [Internet]. Singapore: World Scientific Publishing Co.; 2012.
11. Edited book series	11. Forghieri F, Tkach RW, Chraplyvy AR. Optical fiber telecommunications, Kaminov IP, Koch TL, editors. San Diego, CA: Academic; 1997, vol IIIA.
12. Proceedings/Conferences	12. Musaka K, Akasaka Y, Suzuki Y, Kamiya T. Novel network fiber to manage dispersion at 1.55 μm with combination of 1.3 μm zero dispersion single mode fiber. In: Proceedings of the symposium on robotics, mechatronics and animatronics in the creative and entertainment industries and arts. SSAISB 2005. University of Hertfordshire, Hatfield, UK; 2005.
13. Electronic publications (Available from)	13. IASO. Epidemiology of childhood overweight & obesity in India: a systematic review. International Association for the Study of Obesity; 2012. Available from: http://www.iaso.org/iotf/obesity/obesitytheglobalepidemic

14. Electronic publications (Accessed)	14. IPAQ Group. Guidelines for data processing and analysis of the international physical activity questionnaire (IPAQ) – short and long forms [Online]. Available from: https://sites.google.com/site/theipaq/scoring-protocol [Accessed 4 Apr 2013].
15. Thesis/Dissertation	15. Cotruvo, J. Kinetic model for chlorophyll degradation [Ph.D. thesis]. Cambridge, MA: Massachusetts Institute of Technology; 1996.
16. Report	16. Rowe IL, Carson NE. Medical manpower in Victoria. East Bentleigh (AU): Monash University, Department of Community Practice; 1981. 35 p., Report No. 4.
17. Patent	17. Pagedas AC. Flexible endoscopic grasping and cutting device and positioning tool assembly. United States patent 20020103498, 2002.
18. Standards	18. Frequency response and bias, NERC Reliability Standard BAL-003-0.1b, May 2009 [Online]. Available from: http://www.nerc.com/files/BAL-003-0_1b.pdf

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Further detailed information of preparation of manuscripts for MR can be found in the [Quick Checklist for Main Document](#). Strict adherence to the instructions is required.

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Clinical trial registry: Medical Review favours registration of clinical trials and is a signatory to the statement on publishing clinical trials in international biomedical journals. The Journal would publish clinical trials that have been registered with a clinical trial registry that allows free online access to the public.

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It is the editors' responsibility to select appropriate reviewers for the relevant manuscript. Manuscripts are sent to at least 3 expert reviewers who specialize in the manuscript subject area and/or methodology. Reviewers should review manuscripts for their novelty and originality, methodology and scientific accuracy, importance, quality, clarity, ethical issues, and suitability for the journal. Reviewers should make an objective, impartial evaluation of the scientific merits of the manuscript.

Reviewer's evaluation and commentary will be made according to the following criteria:

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- As a reviewer, if you believe that you are not competent to evaluate a manuscript, please inform the editor when you receive the invitation
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As editors of MR, we appreciate your commitment to the peer-review process and thank you in advance.

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Katharina Appelt

Tel. +49-30-26005-325

E-mail: katharina.appelt@deGruyter.com