Editorial Policy - Instructions for Authors of Papers

These instructions will ensure we have everything required so your paper can move through peer review, production and publication smoothly. Please strictly adhere to this editorial instruction.

Any paper submitted to the Physical Culture and Sport. Studies and Research should not be under consideration for publication at another journal. All submitted papers must also represent original work, and should fully reference and describe all prior work on the same subject and compare the submitted paper to that work.

CERTIFICATE OF PROOFREADING
English-as-a-Second-Language (ESL) authors are requested to submit a certificate that states that their paper received a language edit. Please provide a certificate of language editing to submit with your article.

PUBLICATION CHARGES
The journal does not have article processing charges (APCs) nor article submission charges.

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ARTICLE LAYOUT GUIDE
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Before the proper text provide the following information in a successive order (Times New Roman font 10pts, spacing before and after: 0pts):

- The title of the paper should be concise and descriptive of the work to be reported.
- The name and surname of the first author, names and surnames of other authors
- Full affiliation of each author
- The abstract should contain about 200-300 words.
- Keywords from 3 to 5.

On the last page of an article please provide corresponding author's full mailing address and e-mail address.
Authors are required to include a statement of responsibility in the manuscript that specifies the contribution of every author according to the following code: A) conception and design of the study, B) acquisition of data, C) analysis and interpretation of data, D) manuscript preparation, E) obtaining funding.

**PAPER STRUCTURE**

The proper text may be homogenous or it may be divided into an introduction, subsections, and a conclusion.

1. Pagination: the bottom of the page, external alignment.
2. The length of the article should not exceed 15 pages of typescript (including bibliography).
3. Text editor: MS Word (doc, docx).
4. Font – Times New Roman, 11pts; Interline – 1,15;  
5. Footnotes that explain or supplement a particular place in a text ought to be placed at the bottom of the page. Numbering must respect the rule of consecutiveness throughout the text – Times New Roman, 10pts.  
6. Spacing before and after paragraphs: 4pts.  
7. Margins: left – 2,5cm, right – 2,5cm, bottom – 2,5cm, top – 2,5cm  
8. Text has to be aligned; one should not use a word division option, page division, heading and imprint.

Editorial staff reserves the right to correct stylistic flaws and to make abbreviations. All the papers which have been prepared contrary to this instruction will be returned for correction.

**REFERENCE GUIDE**

In text referencing you should use the **APA style Referencing System**.  
Bibliography should be placed at the end of the article and the names of the main authors should be listed in an alphabetical order.

References inside the text should be arranged according to the following pattern: (Kowalski, 2001, pp. 23-25), (Kowalski, 2003a, 2003b) etc.

Please follow **APA style** rules for bibliographic citation. Use Font – Times New Roman, 10pts; Interline – 1.0, spacing before and spacing after: 4pts. In order to enhance reference linking prepare the references according to these standards:

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   a. **Book (one author)**  
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   b. **Book (two or more authors)**  
   *Format*: Author1, Author2 & Author3. (Year of publication). *Book title*. Place of publication: Publisher.  

   c. **Book chapter or article in an edited book**  
   *Format*: Author(s) of chapter. (Year of publication). Chapter title. In Editors of the book (Eds.), *Book title* (Chapter page range). Place of publication: Publisher.  

   d. **Proceedings from a conference**  
   *Format*: Author(s). (Year of publication). Title. In Conference name, Date (Page range). Place of publication: Publisher.

e. **ebook**
**Format:** Author(s). (Year of publication). *Title*. Publisher. Retrieving date, http address. DOI.

f. **Thesis**
**Format:** Author(s). (Year of publication). *Title*. Information, Place of publication.

g. **Report**
**Format:** Author(s). (Year of publication). *Title*. Place of publication: Publisher. (Report number)

h. **Government publication**
**Format:** Institution name. (Year of publication). *Title*. Place of publication: Publisher.

B. **Article**

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**Format:** Author. (Year of publication). Article title. *Journal Title*. Volume (issue), range of pages. DOI.

b. **Journal Article (two or more authors)**
**Format:** Author1, Author2 & Author3. (Year of publication). Article title. *Journal Title*. Volume (issue), range of pages. DOI.

c. **Journal article from an online database**
**Format:** Author(s). (Year of publication). Article title [Electronic version]. *Journal Title*. Volume (issue), range of pages. Retrieved date of access, from name of database. DOI.

d. **Newspaper article (no author)**
**Format:** Article title. (Publication date). *Journal Title*, page.

e. **Encyclopedia article**

C. **Other formats**

a. **Web page**
**Format:** Author/Sponsor. (last update or copyright date). *Title*. Retrieved date of access, from URL.

b. **Lecture note**
**Format:** Author(s). (Date of presentation). *Lecture title*. Lecture notes distributed in the unit, at the name of the teaching organisation, the location.
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